

UK Women's Athletics League 2007

National Division 1 - Alexander Stadium, Birmingh

07 July 2007

Events	Birch		Cardiff		Glasgow		CoM		Edin		Traff		SBH		WG/EL		UNUSED		TOTAL	
Women's 100m	7	7			3	4	6	9	9	6	2	3	4	2	5	5	1	1	37	37
Women's 200m	6	5	3	2	1	1	4	9	9	3	7	6	2	4	5	7			37	37
Women's 400m	7	7	1	1	4	4	9	9	2	5	5	3	3	2	6	6			37	37
Women's 800m	5	5	4	3	3	2	6	7	9	9	2	4	7	6	1	1			37	37
Women's 1500m	1	1	3	5	5	4	6	9	4	3	7	6	9	7	2	2			37	37
Women's 3000m S/Cha																				
Women's 3000m	6		1	3	3	2	7	5	2	4	5	7	9	9	4	6		1	37	37
Women's 400m Hurdles			7	6	3		4	5	5	9	9	7			6		3	10	37	37
Women's 100m Hurdles	9	7	6		4	4		9	5	6	7	5			3		3	6	37	37
Women's Hammer	6	5	3		7	7	1		2	4	9	9	5		4	6		6	37	37
Women's Discus	7	9	1	2	2	4	6	1	3	3	9	7	5	6	4	5			37	37
Women's Javelin	1	2	9	1	2	3	4	4	3	7	5	6	7	9	6	5			37	37
Women's Shot Putt	7	7	4	1	1	5	5	4	2	6	6	3	3	9	9	2			37	37
Women's Long Jump	9	9	2	2	1	3	7	5	6	7	4	6	5	1	3	4			37	37
Women's Triple Jump	5	9			2		6	4	7	6	3	3	9	7	4	5	1	3	37	37
Women's High Jump	3	2	6		4	3	7	7	2	6	9	9	5	4.5	1	4.5		1	37	37
Women's Pole Vault	6		3		4		7				2		9	9	5	7	1	21	37	37
Women's 4x100m Rela	9		1		3		6		7		4		2		5				37	37
Women's 4x400m Rela	6		1		3		9		5		7		2		4				37	37
	100	75	55	26	55	46	100	87	82	84	102	84	86	76	77	66	9	123	666	666

Match Summary	Birch	Cardiff	Glasgow	CoM	Edin	Traff	SBH	WG/EL	UNUSED	TOTAL
Teams	175.0	81.0	101.0	187.0	166.0	186.0	161.5	142.5	132.0	1332.0
Match Position	3	8	7	1	4	2	5	6		
League Points	6	1	2	8	5	7	4	3		

Standings	Birch	Cardiff	Glasgow	CoM	Edin	Traff	SBH	WG/EL
League Points	11.0	2.0	4.0	16.0	9.0	14.0	10.0	6.0
Match Points	354.0	178.0	215.0	392.0	325.5	376.0	347.0	259.5
League Positions	3	8	7	1	5	2	4	6

National Division 1 - Alexander Stadium, Birmi				Perf	Record	Wind	UKA	AW	7 July 2007						
				Perf	Record	Wind	UKA	AW							
Women's 100m A				Wind=	+0.9				Women's 100m B						
									Wind=	+1.7					
1	5	Susan Deacon	Edinburgh S.H.	11.82			142	☑	1	44	Lucy Evans	City of Manchester	12.1	100	☑
2	1	Melinda Cooksey	Birchfield Harriers	11.95			122	☑	2	11	Amy oodman	Birchfield Harriers	12.2	85	☑
3	4	Helen Taylor	City of Manchester	12.10			100	☑	3	55	Sara Whigham	Edinburgh S.H.	12.4	54	☑
4	8	Katie Skelding	Woodford G/Essex L	12.25			77	☑	4	88	Azaria Francis	Woodford G/Essex L	12.5		☑
5	7	Mildred gamba	Shaftesbury Barnet	12.52				☑	5	33	Aileen Connelly	Victoria Park Glasgo	12.6		☑
6	3	Rebecca Riches	Victoria Park Glasgo	12.71				☑	6	66	Eleanor Markendal	Trafford AC	12.9		☑
7	6	Julia Straker	Trafford AC	13.03					7	77	Nina Anderon	Shaftesbury Barnet	13.2		
8									8						
Women's 200m A				Wind=	+2.7				Women's 200m B						
									Wind=	+1.3					
1	5	Susan Deacon	Edinburgh S.H.	24.11			149	☑	1	44	Lucy Evans	City of Manchester	24.59	117	☑
2	6	Emily Shaw	Trafford AC	24.13			147	☑	2	88	Katie Skelding	Woodford G/Essex L	24.69	110	☑
3	1	Amy Harris	Birchfield Harriers	24.13			147	☑	3	66	Liz Fairs	Trafford AC	24.91	95	☑
4	8	Joanne Ryan	Woodford G/Essex L	24.32			135	☑	4	11	Kayo Titiloye	Birchfield Harriers	25.03	87	☑
5	4	Helen Taylor	City of Manchester	24.67			111	☑	5	77	Nicoleze Steyn	Shaftesbury Barnet	25.22	75	☑
6	2	Melanie Stephens	Cardiff AAC	25.14			80	☑	6	55	Sara Whigham	Edinburgh S.H.	25.22	75	☑
7	7	Mildred gamba	Shaftesbury Barnet	26.01				☑	7	22	Emma Heath	Cardiff AAC	25.62		☑
8	3	Rebecca Riches	Victoria Park Glasgo	26.06				☑	8	33	Moira Burton	Victoria Park Glasgo	28.12		
Women's 400m A									Women's 400m B						
1	4	Rebecca Sweeney	City of Manchester	54.63			153	☑	1	44	Tatum Nelson	City of Manchester	56.15	115	☑
2	1	Seemita Gumbs	Birchfield Harriers	55.42			133	☑	2	11	Nadine Okyere	Birchfield Harriers	57.28	86	☑
3	8	Tara Bird	Woodford G/Essex L	55.60			128	☑	3	88	Ruth Brereton	Woodford G/Essex L	58.88		☑
4	6	Nisha Desai	Trafford AC	57.09			91	☑	4	55	Nicola Gauld	Edinburgh S.H.	59.29		☑
5	3	Aileen Connelly	Victoria Park Glasgo	57.59			78	☑	5	33	Erin Legatte	Victoria Park Glasgo	60.13		☑
6	7	Nina Rice	Shaftesbury Barnet	57.61			78	☑	6	66	Joanne Duxbury	Trafford AC	60.36		☑
7	5	Sarah-Jayne Cheu	Edinburgh S.H.	59.33				☑	7	77	Amy Campbell	Shaftesbury Barnet	60.74		☑
8	2	Sarah Bell	Cardiff AAC	60.23				☑	8	22	Jo Safe	Cardiff AAC	61.22		☑
Women's 800m A									Women's 800m B						
1	5	Joanna Ross	Edinburgh S.H.	02:05.67			154	☑	1	55	Nicola Gauld	Edinburgh S.H.	02:07.62	129	☑
2	7	Rachel Felton	Shaftesbury Barnet	02:09.09			111	☑	2	44	Sarah Tomlins	City of Manchester	02:10.03	99	☑
3	4	Maura Prendeville	City of Manchester	02:09.20			110	☑	3	77	Amy Campbell	Shaftesbury Barnet	02:10.71	91	☑
4	1	Ellie Darby	Birchfield Harriers	02:09.74			103	☑	4	11	Anouska McConnel	Birchfield Harriers	02:13.51	56	☑
5	2	Victoria Barchello	Cardiff AAC	02:13.34			58	☑	5	66	Joanne Duxbury	Trafford AC	02:20.98		☑
6	3	Pamela Nicholson	Victoria Park Glasgo	02:15.52				☑	6	22	Laila James	Cardiff AAC	02:25.34		
7	6	Karen Hill	Trafford AC	02:16.33				☑	7	33	Lindsay MacNeil	Victoria Park Glasgo	02:39.33		
8	8	Bernadine Pritchett	Woodford G/Essex L	02:41.72					8	88	Alex Wardle	Woodford G/Essex L	03:01.44		
Women's 1500m A									Women's 1500m B						
1	7	Jo Ankier	Shaftesbury Barnet	04:24.61			136	☑	1	4	Danielle Woods	City of Manchester	04:36.53	77	☑
2	6	Claire Entwistle	Trafford AC	04:26.10			129	☑	2	77	Phillipa Aurret	Shaftesbury Barnet	04:48.76		☑
3	44	Jenna hill	City of Manchester	04:28.39			118	☑	3	66	Jackie Fairchild	Trafford AC	04:49.00		☑
4	3	Pamela Nicholson	Victoria Park Glasgo	04:38.99			65	☑	4	22	Beth Strange	Cardiff AAC	04:52.60		☑
5	5	Sarah Hood	Edinburgh S.H.	04:41.09			54	☑	5	33	Rebecca Finch	Victoria Park Glasgo	04:53.10		☑
6	2	Debbie Jones	Cardiff AAC	04:45.19				☑	6	55	Marbeth Sheill	Edinburgh S.H.	04:58.40		☑
7	8	Bernadine Pritchett	Woodford G/Essex L	04:53.57				☑	7	88	Diana Kennedy	Woodford G/Essex L	05:02.50		
8	1	Sarah Capewell	Birchfield Harriers	05:43.24					8	11	Wendy Morant	Birchfield Harriers	07:16.95		

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	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW			
<u>Women's 3000m A</u>					<u>Women's 3000m B</u>								
1	7	Victoria Webster	Shaftesbury Barnet	09:51.25	114	☑	1	77	Carolyn Boosey	Shaftesbury Barnet	10:07.87	86	☑
2	4	Brigit Cooke	City of Manchester	09:58.19	102	☑	2	66	Aida Geragusian	Trafford AC	10:22.23	62	☑
3	1	Debbie Walters	Birchfield Harriers	09:58.58	102	☑	3	88	Diana Kennedy	Woodford G/Essex L	10:26.45	55	☑
4	6	Julie Leventon	Trafford AC	10:14.72	75	☑	4	44	Janine Stockton	City of Manchester	10:58.70		☑
5	8	Bernadine Pritchett	Woodford G/Essex L	10:23.93	60	☑	5	55	Rebecca Dougall	Edinburgh S.H.	11:29.38		
6	3	Linsay MacNeil	Victoria Park Glasgo	10:44.76	☑	☑	6	22	Rachel Morgan	Cardiff AAC	11:36.58		
7	5	Marbeth Sheill	Edinburgh S.H.	10:45.92		☑	7	33	Kirsty Baird	Victoria Park Glasgo	12:10.00		
8	2	Katherin Humphrey	Cardiff AAC	11:01.11			8						
<u>Women's 400m Hurdles A</u>					<u>Women's 400m Hurdle</u>								
1	6	Nisha Desai	Trafford AC	60.88	143	☑	1	55	Rebecca Dougall	Edinburgh S.H.	66.00	58	☑
2	2	Lucy Lougher	Cardiff AAC	61.20	138	☑	2	66	Lucy Abbott	Trafford AC	67.63		☑
3	8	Ruth Brereton	Woodford G/Essex L	62.67	113	☑	3	22	Rachel Morgan	Cardiff AAC	73.71		
4	5	Sylvia Kamyra	Edinburgh S.H.	64.98	75	☑	4	44	Janine Stockton	City of Manchester	74.84		
5	4	Kathy Wellam	City of Manchester	70.31			5						
6	3	Kirsty Baird	Victoria Park Glasgo	73.88			6						
7							7						
8							8						
<u>Women's 100m Hurdles A</u> Wind= +1.9					<u>Women's 100m Hurdle</u> Wind= +1.7								
1	1	Jade Surman	Birchfield Harriers	13.8	166	☑	1	44	Andrea Vinet	City of Manchester	14.30	133	☑
2	6	Susan Moncrieff	Trafford AC	14.3	133	☑	2	11	Ese Okoru	Birchfield Harriers	15.50	53	☑
3	2	Lucy Lougher	Cardiff AAC	14.5	120	☑	3	55	Rebecca Dougall	Edinburgh S.H.	16.60		
4	5	Sylvia Kamyra	Edinburgh S.H.	16.8			4	66	Lucy Abbott	Trafford AC	18.10		
5	3	Katie Riches	Victoria Park Glasgo	19.6			5	33	Sabina Astarita	Victoria Park Glasgo	18.20		
6	8	Melanie Gragg	Woodford G/Essex L	19.9			6						
7							7						
8							8						
<u>Women's Hammer A</u>					<u>Women's Hammer B</u>								
1	6	Rachel Gair	Trafford AC	50.32	124	☑	1	66	Anna Johnson	Trafford AC	45.88	99	☑
2	3	Katie Horne	Victoria Park Glasgo	45.94	99	☑	2	33	Claire Cameron	Victoria Park Glasgo	31.05		☑
3	11	Marina Semenova	Birchfield Harriers	43.54	86	☑	3	88	Emma Smith	Woodford G/Essex L	27.57		
4	7	Feyisayo Daramora	Shaftesbury Barnet	38.51	58	☑	4	1	Eden Francis	Birchfield Harriers	26.03		
5	8	Hollie Redman	Woodford G/Essex L	35.04	☑	☑	5	55	Catriona Pennet	Edinburgh S.H.	12.56		
6	2	Rachel Cork	Cardiff AAC	32.69		☑	6						
7	5	Kristine Ritchie	Edinburgh S.H.	13.93			7						
8	4	Kathy Wellam	City of Manchester	10.73			8						
<u>Women's Discus A</u>					<u>Women's Discus B</u>								
1	6	Kara Nwidobie	Trafford AC	54.49	184	☑	1	11	Sarah Henton	Birchfield Harriers	45.61	128	☑
2	1	Eden Francis	Birchfield Harriers	51.29	164	☑	2	66	Elaine Cank	Trafford AC	43.72	117	☑
3	4	Dayanna Octavien	City of Manchester	49.68	154	☑	3	77	Louise Watton	Shaftesbury Barnet	30.88		☑
4	7	Navdeep Dhaliwal	Shaftesbury Barnet	44.37	121	☑	4	8	Joanne Duncan	Woodford G/Essex L	24.13		
5	88	Hollie Redman	Woodford G/Essex L	38.43	83	☑	5	33	Katie Horne	Victoria Park Glasgo	21.11		
6	55	Jennifer Wilkie	Edinburgh S.H.	33.67	54	☑	6	5	Gillian Cooke	Edinburgh S.H.	20.52		
7	3	Claire Cameron	Victoria Park Glasgo	31.45	☑	☑	7	22	Debbie Jones	Cardiff AAC	18.76		
8	2	Rachel Cork	Cardiff AAC	30.58		☑	8	44	Janine Stockton	City of Manchester	16.76		
<u>Women's Javelin A</u>					<u>Women's Javelin B</u>								
1	2	Lianna Clarke	Cardiff AAC	48.43	152	☑	1	77	Jenny Grimstone	Shaftesbury Barnet	40.95	105	☑
2	7	Louise Watton	Shaftesbury Barnet	43.92	124	☑	2	5	Kristine Ritchie	Edinburgh S.H.	31.85		☑
3	8	Emma Smith	Woodford G/Essex L	38.66	91	☑	3	66	Janine Muliineaux	Trafford AC	26.30		
4	6	Chloe Beckett	Trafford AC	36.01	75	☑	4	88	Hollie Redman	Woodford G/Essex L	25.66		
5	4	Rachael Fleary	City of Manchester	35.37	71	☑	5	44	Tina Thirlwell	City of Manchester	23.28		
6	55	Jennifer Wilkie	Edinburgh S.H.	32.40	52	☑	6	33	Katie Riches	Victoria Park Glasgo	23.13		
7	3	Catriona Cirera Sol	Victoria Park Glasgo	30.03		☑	7	1	Emma Clueit	Birchfield Harriers	20.32		
8	11	Sarah Henton	Birchfield Harriers	26.83			8	22	Beth Strange	Cardiff AAC	8.87		

National Division 1 - Alexander Stadium, Birmi					7 July 2007										
	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW					
<u>Women's Shot Putt A</u>					<u>Women's Shot Putt B</u>										
1	8	Joanne Duncan	Woodford G/Essex L	15.69	163	☑	1	77	Louise Watton	Shaftesbury Barnet	10.80	66	☑		
2	1	Eden Francis	Birchfield Harriers	15.40	158	☑	2	11	Laura Gomery	Birchfield Harriers	10.65	63	☑		
3	6	Kara Nwidobie	Trafford AC	14.16	133	☑	3	55	Jennifer Wilkie	Edinburgh S.H.	10.39	57	☑		
4	4	Dayanna Octavien	City of Manchester	12.90	108	☑	4	33	Catriona Cirera Sol	Victoria Park Glasgo	9.22				
5	2	Rachel Cork	Cardiff AAC	11.99	89	☑	5	44	Rachael Fleary	City of Manchester	9.16				
6	7	Jenny Grimstone	Shaftesbury Barnet	11.29	75	☑	6	66	Chloe Beckett	Trafford AC	8.56				
7	5	Gillian Cooke	Edinburgh S.H.	10.40	58	☑	7	88	Melanie Gragg	Woodford G/Essex L	8.23				
8	3	Claire Cameron	Victoria Park Glasgo	10.13	52	☑	8	22	Sarah Bell	Cardiff AAC	5.74				
<u>Women's Long Jump A</u>					<u>Women's Long Jump</u>										
1	1	Amy Harris	Birchfield Harriers	6.20	+0.6	162	☑	1	11	Amy Woodman	Birchfield Harriers	5.97	+2.5	133	☑
2	4	Rebecca White	City of Manchester	6.03	+1.3	141	☑	2	55	Lisa Ferguson	Edinburgh S.H.	5.61	+2.4	88	☑
3	5	Gillian Cooke	Edinburgh S.H.	6.00	+0.3	137	☑	3	6	Eleanor Markendal	Trafford AC	4.98	+2.4		
4	7	Nony Mordi	Shaftesbury Barnet	5.78	+3.9	110	☑	4	44	Joanna Birch	City of Manchester	4.78	+2.7		
5	66	Julia Straker	Trafford AC	5.59	+2.5	86	☑	5	8	Zainab Ceesay	Woodford G/Essex L	4.75	+1.2		
6	88	Azaria Francis	Woodford G/Essex L	5.16	+2.5		☑	6	33	Steph O'Neil	Victoria Park Glasgo	4.50	+0.2		
7	22	Cara Roberts	Cardiff AAC	5.12	+1.0		☑	7	2	Imogen Miles	Cardiff AAC	4.45	-1.0		
8	3	Erin Legatte	Victoria Park Glasgo	4.92	+2.4			8	77	Sarah Cifford	Shaftesbury Barnet	4.15	-1.3		
<u>Women's Triple Jump A</u>					<u>Women's Triple Jump</u>										
1	7	Nadia Williams	Shaftesbury Barnet	13.15		170	☑	1	11	Debbie Rowe	Birchfield Harriers	12.41		133	☑
2	5	Gillian Kerr	Edinburgh S.H.	13.10		167	☑	2	77	Nony Mordi	Shaftesbury Barnet	12.24		124	☑
3	4	Rebecca White	City of Manchester	13.05		165	☑	3	55	Louise Haston	Edinburgh S.H.	11.81		103	☑
4	1	Tiombe Hurd	Birchfield Harriers	12.67		146	☑	4	88	Azaria Francis	Woodford G/Essex L	10.82		53	☑
5	8	Stephanie Aneto	Woodford G/Essex L	12.63		144	☑	5	44	Joanna Birch	City of Manchester	10.63			☑
6	6	Julia Straker	Trafford AC	12.46		135	☑	6	66	Nisha Desai	Trafford AC	10.37			☑
7	33	Sabina Astarita	Victoria Park Glasgo	11.03		64	☑	7							
8								8							
<u>Women's High Jump A</u>					<u>Women's High Jump E</u>										
1	6	Susan Moncrieff	Trafford AC	1.80		170	☑	1	66	Eleanor Markendal	Trafford AC	1.55			☑
2	4	Adele Lassu	City of Manchester	1.80		170	☑	2	44	Tina Thirlwell	City of Manchester	1.50			
3	2	Sharon Heveran	Cardiff AAC	1.75		145	☑	3	5	Louise Haston	Edinburgh S.H.	1.50			
4	7	Nicoleze Steyn	Shaftesbury Barnet	1.70		120	☑	4=	88	Zainab Ceesay	Woodford G/Essex L	1.45			
5	3	Erin Legatte	Victoria Park Glasgo	1.70		120	☑	4=	77	Sarah Cifford	Shaftesbury Barnet	1.45			
6	1	Jade Surman	Birchfield Harriers	1.65		95	☑	6	33	Katie Riches	Victoria Park Glasgo	1.45			
7	55	Lisa Ferguson	Edinburgh S.H.	1.55			☑	7	11	Marina Semenova	Birchfield Harriers	1.40			
8	8	Melanie Gragg	Woodford G/Essex L	1.50											
<u>Women's Pole Vault A</u>					<u>Women's Pole Vault B</u>										
1	7	Zoe Brown	Shaftesbury Barnet	3.90		175	☑	1	77	Sarah Cifford	Shaftesbury Barnet	3.30		115	☑
2	4	Anna Olko	City of Manchester	3.80		165	☑	2	88	Jemma Harding	Woodford G/Essex L	3.20		105	☑
3	1	Hilary Smith	Birchfield Harriers	3.50		135	☑								
4	8	Louise Shortland	Woodford G/Essex L	3.40		125	☑								
5	3	Jennifer Graham	Victoria Park Glasgo	3.40		125	☑								
6	2	Briany Rain	Cardiff AAC	3.30		115	☑								
7	6	Janine Muliineaux	Trafford AC	2.70		55	☑								
<u>Women's 4x100m Relay</u>															
1	1	Birchfield Harriers	Kayo Titiloye	Melinda Cooksey	Amy Woodman	Amy Harris	46.73			☑					
2	5	Edinburgh S.H.	Lisa Ferguson	Susan Deacon	Sara Whigham	Gillian Cooke	47.62			☑					
3	4	City of Manchester	Andrea Vinet	Lucy Evans	Rebecca White	Helen Taylor	48.00			☑					
4	8	Woodford G/Essex	Joanne Ryan	Azaria Francis	Stephanie Aneto	Katie Skelding	48.66			☑					
5	6	Trafford AC	Nisha Desai	Liz Fairs	Joanne Duxbury	Emily Shaw	49.06			☑					
6	3	Victoria Park Glasg	Sabina Astarita	Rebecca Riches	Katie Riches	Aileen Connelly	49.70			☑					
7	7	Shaftesbury Barnet	Amy Campbell	Nony Mordi	Nicoleze Steyn	Mildred gamba	49.90			☑					
8	2	Cardiff AAC	Sarah Bell	Lucy Lougher	Emma Heath	Melanie Stephens	50.42			☑					

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	Perf	Record	Wind	UKA	AW		Perf	Wind	UKA	AW
Women's 4x400m Relay										
1	4	City of Manchester	Rebecca Sweeney	Sarah Tomlins		Tatum Nelson	Laura Siddall		03:44.49	<input checked="" type="checkbox"/>
2	6	Trafford AC	Nisha Desai	Emily Shaw		Claire Entwistle	Liz Fairs		03:46.56	<input checked="" type="checkbox"/>
3	1	Birchfield Harriers	Ese Okoru	Ellie Darby		Seemita Gumbs	Meghan Beesley		03:48.73	<input checked="" type="checkbox"/>
4	5	Edinburgh S.H.	Sarah-Jayne Cheuk	Joanna Ross		Susan Deacon	Sarah Hood		03:52.41	<input checked="" type="checkbox"/>
5	8	Woodford G/Essex	Tracey Duncan	Joanne Ryan		Katie Skelding	Tara Bird		03:54.15	<input checked="" type="checkbox"/>
6	3	Victoria Park Glasg	Erin Legatte	Moira Burton		Rebecca Finch	Aileen Connelly		04:03.29	<input checked="" type="checkbox"/>
7	7	Shaftesbury Barnet	Carolyn Boosey	Amy Campbell		Nina Anderon	Rachel Felton		04:03.50	<input checked="" type="checkbox"/>
8	2	Cardiff AAC	Sarah Bell	Beth Strange		Jo Safe	Victoria Barchello		04:06.20	<input checked="" type="checkbox"/>

MATCH RESULT			STANDINGS				
	League Points	Match		League Points	Match		
1	CoM	8	187.0	1	CoM	16	392.0
2	Traff	7	186.0	2	Traff	14	376.0
3	Birch	6	175.0	3	Birch	11	354.0
4	Edin	5	166.0	4	SBH	10	347.0
5	SBH	4	161.5	5	Edin	9	325.5
6	WG/EL	3	142.5	6	WG/EL	6	259.5
7	Glasgow	2	101.0	7	Glasgow	4	215.0
8	Cardiff	1	81.0	8	Cardiff	2	178.0

Womens 100m N/S		Wind=	+1.7
1	409 Leanne Martin	Cardiff AAC	13.4
2			
3			
4			
5			
6			
7			
8			

Womens 400m N/S	
1	
2	
3	
4	
5	
6	
7	
8	

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Alexander Stadium, Birmingham		DATE		07 July 2007						
EVENT		Women's Hammer		TIME		11:15		RECORD		67.94m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		A	B	
1	6	Rachel Gair	Trafford AC	50.32	NT	NT	50.32	1	48.43	NT	46.95	50.32	1	A	1	
2	3	Katie Horne	Victoria Park Glasgow	41.13	41.88	42.49	42.49	4	42.47	45.94	43.91	45.94	2	A	2	
3	7	Feyisayo Daramora	Shaftesbury Barnet	NT	36.29	38.51	38.51	5	37.66	37.83	35.86	38.51	5	A	4	
4	2	Rachel Cork	Cardiff AAC	23.10	NT	32.69	32.69	7	NT	NT	NT	32.69	7	A	6	
5	7	Eden Francis	Birchfield Harriers	26.03	RET		26.03	10				26.03	10	B		4
6	8	Hollie Redman	Woodford G/Essex L.	34.74	34.72	32.82	34.74	6	32.05	34.45	35.04	35.04	6	A	5	
7	5	Kristine Ritchie	Edinburgh S.H.	13.93	RET		13.93	11				13.93	11	A	7	
8	4	Kathy Wellam	City of Manchester	10.73	RET		10.73	13				10.73	13	A	8	
9	66	Anna Johnson	Trafford AC	40.71	45.88	44.15	45.88	2	NT	44.94	45.26	45.88	3	B		1
10	33	Claire Cameron	Victoria Park Glasgow	29.99	30.01	NT	30.01	8	29.64	29.88	31.05	31.05	8	B		2
11	77	Lorna Rogers	Shaftesbury Barnet													
12	22	-	Cardiff AAC													
13	11	Marina Semenova	Birchfield Harriers	35.59	38.05	43.54	43.54	3	35.32	40.58	-	43.54	4	A	3	
14	88	Emma Smith	Woodford G/Essex L.	27.57	NT	NT	27.57	9				27.57	9	B		3
15	55	Catriona Pennet	Edinburgh S.H.	12.56	RET		12.56	12				12.56	12	B		5
16	44	-	City of Manchester													

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	6	Rachel Gair	Trafford AC	50.32	1	66	Anna Johnson	Trafford AC	45.88				
2	3	Katie Horne	Victoria Park Glasgow	45.94	2	33	Claire Cameron	Victoria Park Glasgow	31.05				
3	11	Marina Semenova	Birchfield Harriers	43.54	3	88	Emma Smith	Woodford G/Essex L.	27.57				
4	7	Feyisayo Daramora	Shaftesbury Barnet	38.51	4	1	Eden Francis	Birchfield Harriers	26.03				
5	8	Hollie Redman	Woodford G/Essex L.	35.04	5	55	Catriona Pennet	Edinburgh S.H.	12.56				
6	2	Rachel Cork	Cardiff AAC	32.69	6					REFEREE'S SIGNATURE			
7	5	Kristine Ritchie	Edinburgh S.H.	13.93	7								
8	4	Kathy Wellam	City of Manchester	10.73	8								

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Alexander Stadium, Birmingham		DATE		07 July 2007							
EVENT		Women's Discus		TIME		12:45		RECORD		62.18m		M Ritchie, Edinburgh, 62.18m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B	
1	4	Dayanna Octavien	City of Manchester	NT	47.79	NT	47.79	2	48.50	NT	49.68	49.68	3	A	3		
2	2	Rachel Cork	Cardiff AAC	26.29	30.58	28.54	30.58	11				30.58	11	A	8		
3	5	Gillian Cooke	Edinburgh S.H.	20.52	18.69	18.06	20.52	14				20.52	14	B		6	
4	8	Joanne Duncan	Woodford G/Essex L.	NT	NT	24.13	24.13	12				24.13	12	B		4	
5	6	Kara Nwidobie	Trafford AC	54.49	53.14	52.42	54.49	1	NT	49.88	NT	54.49	1	A	1		
6	7	Navdeep Dhaliwal	Shaftesbury Barnet	44.37	42.48	42.26	44.37	5	NT	NT	43.29	44.37	5	A	4		
7	3	Claire Cameron	Victoria Park Glasgow	22.39	29.82	31.45	31.45	9				31.45	9	A	7		
8	1	Eden Francis	Birchfield Harriers	43.66	44.70	NT	44.70	4	47.98	50.18	51.29	51.29	2	A	2		
9	44	Janine Stockton	City of Manchester	12.75	13.50	16.76	16.76	16				16.76	16	B		8	
10	22	Debbie Jones	Cardiff AAC	18.01	15.74	18.76	18.76	15				18.76	15	B		7	
11	55	Jennifer Wilkie	Edinburgh S.H.	27.00	NT	33.06	33.06	8	32.28	33.67	NT	33.67	8	A	6		
12	88	Hollie Redman	Woodford G/Essex L.	34.98	32.37	34.79	34.98	7	38.27	38.43	37.19	38.43	7	A	5		
13	66	Elaine Cank	Trafford AC	NT	37.92	NT	37.92	6	42.84	43.72	NT	43.72	6	B		2	
14	77	Louise Watton	Shaftesbury Barnet	25.82	30.88	29.25	30.88	10				30.88	10	B		3	
15	33	Katie Horne	Victoria Park Glasgow	NT	16.21	21.11	21.11	13				21.11	13	B		5	
16	11	Sarah Henton	Birchfield Harriers	36.81	45.61	43.15	45.61	3	43.48	NT	NT	45.61	4	B		1	

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	6	Kara Nwidobie	Trafford AC	54.49	1	11	Sarah Henton	Birchfield Harriers	45.61			
2	1	Eden Francis	Birchfield Harriers	51.29	2	66	Elaine Cank	Trafford AC	43.72			
3	4	Dayanna Octavien	City of Manchester	49.68	3	77	Louise Watton	Shaftesbury Barnet	30.88			
4	7	Navdeep Dhaliwal	Shaftesbury Barnet	44.37	4	8	Joanne Duncan	Woodford G/Essex L.	24.13			
5	88	Hollie Redman	Woodford G/Essex L.	38.43	5	33	Katie Horne	Victoria Park Glasgow	21.11			
6	55	Jennifer Wilkie	Edinburgh S.H.	33.67	6	5	Gillian Cooke	Edinburgh S.H.	20.52	REFEREE'S SIGNATURE		
7	3	Claire Cameron	Victoria Park Glasgow	31.45	7	22	Debbie Jones	Cardiff AAC	18.76			
8	2	Rachel Cork	Cardiff AAC	30.58	8	44	Janine Stockton	City of Manchester	16.76			

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Alexander Stadium, Birmingham		DATE		07 July 2007							
EVENT		Women's Javelin		TIME		14:15		RECORD		57.99m		K Morgan, Windsor, 57.99m					
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B			
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A	B
1	1	Emma Clueit	Birchfield Harriers	20.32	17.66	19.61	20.32	15				20.32	15	B		7	
2	2	Lianna Clarke	Cardiff AAC	48.43	44.94	47.74	48.43	1	NT	NT	NT	48.43	1	A	1		
3	8	Emma Smith	Woodford G/Essex L.	35.08	36.28	35.02	36.28	4	37.57	38.66	36.37	38.66	4	A	3		
4	3	Catriona Cirera Sola	Victoria Park Glasgow	30.03	29.38	27.34	30.03	9				30.03	9	A	7		
5	5	Kristine Ritchie	Edinburgh S.H.	28.04	31.85	30.45	31.85	8	30.34	NT	31.78	31.85	8	B		2	
6	4	Rachael Fleary	City of Manchester	35.37	35.01	NT	35.37	6	32.14	33.89	32.68	35.37	6	A	5		
7	7	Louise Watton	Shaftesbury Barnet	38.14	43.06	43.42	43.42	2	NT	42.00	43.92	43.92	2	A	2		
8	6	Chloe Beckett	Trafford AC	33.87	33.70	36.01	36.01	5	33.86	NT	32.61	36.01	5	A	4		
9	11	Sarah Henton	Birchfield Harriers	24.16	26.83	24.61	26.83	10				26.83	10	A	8		
10	22	Beth Strange	Cardiff AAC	8.87	RET		8.87	16				8.87	16	B		8	
11	88	Hollie Redman	Woodford G/Essex L.	24.74	25.32	25.66	25.66	12				25.66	12	B		4	
12	33	Katie Riches	Victoria Park Glasgow	23.13	NT	RET	23.13	14				23.13	14	B		6	
13	55	Jennifer Wilkie	Edinburgh S.H.	30.19	32.40	30.19	32.40	7	30.52	NT	31.76	32.40	7	A	6		
14	44	Tina Thirlwell	City of Manchester	22.65	23.28	NT	23.28	13				23.28	13	B		5	
15	77	Jenny Grimstone	Shaftesbury Barnet	38.26	39.24	40.33	40.33	3	40.31	38.18	40.95	40.95	3	B		1	
16	66	Janine Muliineaux	Trafford AC	26.30	25.50	23.76	26.30	11				26.30	11	B		3	

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES		
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	2	Lianna Clarke	Cardiff AAC	48.43	1	77	Jenny Grimstone	Shaftesbury Barnet	40.95		
2	7	Louise Watton	Shaftesbury Barnet	43.92	2	5	Kristine Ritchie	Edinburgh S.H.	31.85		
3	8	Emma Smith	Woodford G/Essex L.	38.66	3	66	Janine Muliineaux	Trafford AC	26.30		
4	6	Chloe Beckett	Trafford AC	36.01	4	88	Hollie Redman	Woodford G/Essex L.	25.66		
5	4	Rachael Fleary	City of Manchester	35.37	5	44	Tina Thirlwell	City of Manchester	23.28		
6	55	Jennifer Wilkie	Edinburgh S.H.	32.40	6	33	Katie Riches	Victoria Park Glasgow	23.13	REFEREE'S SIGNATURE	
7	3	Catriona Cirera Sola	Victoria Park Glasgow	30.03	7	1	Emma Clueit	Birchfield Harriers	20.32		
8	11	Sarah Henton	Birchfield Harriers	26.83	8	22	Beth Strange	Cardiff AAC	8.87		

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Alexander Stadium, Birmingham		DATE		07 July 2007													
EVENT		Women's Shot Putt		TIME		15:45		RECORD		18.88m							Judy Oakes, Croydon, 18.88m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B									
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres	A	B						
1	8	Joanne Duncan	Woodford G/Essex L.	15.69	NT	NT	15.69	1	NT	NT	NT	15.69	1	A	1								
2	3	Claire Cameron	Victoria Park Glasgow	9.31	10.13	9.82	10.13	11				10.13	11	A	8								
3	6	Kara Nwiodobie	Trafford AC	14.16	13.49	RET	14.16	3				14.16	3	A	3								
4	2	Rachel Cork	Cardiff AAC	11.20	11.82	NT	11.82	5	11.99	NT	NT	11.99	5	A	5								
5	4	Dayanna Octavien	City of Manchester	12.90	12.77	RET	12.90	4				12.90	4	A	4								
6	7	Jenny Grimstone	Shaftesbury Barnet	11.29	10.71	10.62	11.29	6	10.67	10.71	11.10	11.29	6	A	6								
7	1	Eden Francis	Birchfield Harriers	14.68	15.31	14.66	15.31	2	15.40	NT	15.21	15.40	2	A	2								
8	5	Gillian Cooke	Edinburgh S.H.	10.40	10.02	10.40	10.40	9				10.40	9	A	7								
9	88	Melanie Gragg	Woodford G/Essex L.	7.98	8.16	8.23	8.23	15				8.23	15	B		7							
10	33	Catriona Cirera Sola	Victoria Park Glasgow	7.97	9.22	9.06	9.22	12				9.22	12	B		4							
11	66	Chloe Beckett	Trafford AC	NT	7.97	8.56	8.56	14				8.56	14	B		6							
12	22	Sarah Bell	Cardiff AAC	5.74	RET		5.74	16				5.74	16	B		8							
13	44	Rachael Fleary	City of Manchester	8.78	9.16	8.99	9.16	13				9.16	13	B		5							
14	77	Louise Watton	Shaftesbury Barnet	NT	10.58	10.64	10.64	7	10.70	10.54	10.80	10.80	7	B		1							
15	11	Laura Gomery	Birchfield Harriers	10.47	10.61	10.52	10.61	8	10.60	10.58	10.65	10.65	8	B		2							
16	55	Jennifer Wilkie	Edinburgh S.H.	9.88	10.39	10.39	10.39	10				10.39	10	B		3							

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	8	Joanne Duncan	Woodford G/Essex L.	15.69	1	77	Louise Watton	Shaftesbury Barnet	10.80			
2	1	Eden Francis	Birchfield Harriers	15.40	2	11	Laura Gomery	Birchfield Harriers	10.65			
3	6	Kara Nwiodobie	Trafford AC	14.16	3	55	Jennifer Wilkie	Edinburgh S.H.	10.39			
4	4	Dayanna Octavien	City of Manchester	12.90	4	33	Catriona Cirera Sola	Victoria Park Glasgow	9.22			
5	2	Rachel Cork	Cardiff AAC	11.99	5	44	Rachael Fleary	City of Manchester	9.16			
6	7	Jenny Grimstone	Shaftesbury Barnet	11.29	6	66	Chloe Beckett	Trafford AC	8.56	REFEREE'S SIGNATURE		
7	5	Gillian Cooke	Edinburgh S.H.	10.40	7	88	Melanie Gragg	Woodford G/Essex L.	8.23			
8	3	Claire Cameron	Victoria Park Glasgow	10.13	8	22	Sarah Bell	Cardiff AAC	5.74			

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Alexander Stadium, Birmingham		DATE		07 July 2007						
EVENT		Women's Long Jump		TIME		11:00		RECORD		6.69m		Fiona May, Derby, 6.69m				
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	3	Erin Legatte	Victoria Park Glasgow	4.91 +3.2	4.92 +2.4	4.90 +0.0	4.92	11				4.92	11	A	8	
2	7	Nony Mordi	Shaftesbury Barnet	5.78 +3.9	5.50 +3.8	2.25 +1.9	5.78	4	5.13 +2.9	RET		5.78	5	A	4	
3	5	Gillian Cooke	Edinburgh S.H.	NJ +2.3	5.62 +4.1	5.77 +1.7	5.77	5	5.86 +1.5	NJ +0.9	6.00 +0.3	6.00	3	A	3	
4	1	Amy Harris	Birchfield Harriers	NJ +1.2	5.01 +1.8	6.20 +0.6	6.20	1	NJ +4.4	RET		6.20	1	A	1	
5	4	Rebecca White	City of Manchester	5.77 +1.2	5.68 +1.5	5.86 +1.0	5.86	3	5.57 +2.8	NJ +3.1	6.03 +1.3	6.03	2	A	2	
6	2	Imogen Miles	Cardiff AAC	4.45 -1.0	NJ +3.2	NJ +0.3	4.45	15				4.45	15	B		7
7	8	Zainab Ceesay	Woodford G/Essex L.	NJ -0.1	NJ +2.7	4.75 +1.2	4.75	13				4.75	13	B		5
8	6	Eleanor Markendale	Trafford AC	4.98 +2.4	NJ +2.8	NJ +3.0	4.98	10				4.98	10	B		3
9	33	Steph O'Neil	Victoria Park Glasgow	2.75 +0.2	NJ +1.6	4.50 +0.2	4.50	14				4.50	14	B		6
10	77	Sarah Cifford	Shaftesbury Barnet	4.15 -1.3	RET		4.15	16				4.15	16	B		8
11	55	Lisa Ferguson	Edinburgh S.H.	5.47 +0.7	5.61 +2.4	NJ +0.2	5.61	6	NJ +2.6	3.86 -2.1	4.71 +2.0	5.61	6	B		2
12	77	Amy Woodman	Birchfield Harriers	5.64 +1.2	5.97 +2.5	5.96 +1.2	5.97	2	5.86 +1.7	5.86 +0.2	5.66 +1.1	5.97	4	B		1
13	44	Joanna Birch	City of Manchester	NJ +1.9	4.78 +2.7	RET	4.78	12				4.78	12	B		4
14	22	Cara Roberts	Cardiff AAC	5.12 +1.0	NJ +4.8	5.01 +2.4	5.12	9				5.12	9	A	7	
15	88	Azaria Francis	Woodford G/Essex L.	5.16 +2.5	5.00 +1.4	4.96 +3.2	5.16	8	4.92 +1.6	RET		5.16	8	A	6	
16	66	Julia Straker	Trafford AC	NJ +3.4	5.59 +2.5	5.49 +3.7	5.59	7	RET			5.59	7	A	5	

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE
1	1	Amy Harris	Birchfield Harriers	6.20	1	11	Amy Woodman	Birchfield Harriers	5.97
2	4	Rebecca White	City of Manchester	6.03	2	55	Lisa Ferguson	Edinburgh S.H.	5.61
3	5	Gillian Cooke	Edinburgh S.H.	6.00	3	6	Eleanor Markendale	Trafford AC	4.98
4	7	Nony Mordi	Shaftesbury Barnet	5.78	4	44	Joanna Birch	City of Manchester	4.78
5	66	Julia Straker	Trafford AC	5.59	5	8	Zainab Ceesay	Woodford G/Essex L.	4.75
6	88	Azaria Francis	Woodford G/Essex L.	5.16	6	33	Steph O'Neil	Victoria Park Glasgow	4.50
7	22	Cara Roberts	Cardiff AAC	5.12	7	2	Imogen Miles	Cardiff AAC	4.45
8	3	Erin Legatte	Victoria Park Glasgow	4.92	8	77	Sarah Cifford	Shaftesbury Barnet	4.15

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Alexander Stadium, Birmingham		DATE		07 July 2007								
EVENT		Women's Triple Jump		TIME		14:00		RECORD		14.55m		Y Aldama, Shaftesbury Barnet H, 14.55m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A	B	
1	2	Imogen Miles	Cardiff AAC															
2	5	Gillian Kerr	Edinburgh S.H.	12.71 +0.3	12.21 +0.4	NJ +2.7	12.71	3	12.93 +1.5	13.10 +2.2	NJ 3.4	13.10	2	A	2			
3	7	Nadia Williams	Shaftesbury Barnet	12.81 +0.4	12.74 +2.3	12.95 +3.7	12.95	2	13.05 +0.7	13.15 +0.8	NJ +2.2	13.15	1	A	1			
4	8	Stephanie Aneto	Woodford G/Essex L.	12.61 +1.6	MNJ +0.4	NJ +3.7	12.61	5	NJ +0.7	12.63 +2.2	12.41 +2.8	12.63	5	A	5			
5	4	Rebecca White	City of Manchester	12.88 +0.0	13.05 +3.5	NJ +1.3	13.05	1	NJ +1.7	12.94 +3.5	NJ +2.5	13.05	3	A	3			
6	7	Tiombe Hurd	Birchfield Harriers	12.67 +0.0	12.51 +1.3	NJ +3.2	12.67	4	NJ +1.5	NJ +4.1	NJ +2.7	12.67	4	A	4			
7	6	Julia Straker	Trafford AC	NJ +3.2	11.98 +1.9	12.12 +3.7	12.12	8	NJ +1.6	12.46 +3.5	NJ +3.2	12.46	6	A	6			
8	3	Steph O'Neil	Victoria Park Glasgow	NJ +0.3	NJ +0.8	NJ +4.4												
9	22	-	Cardiff AAC															
10	55	Louise Haston	Edinburgh S.H.	NJ +0.0	11.77 +2.3	11.81 +3.0	11.81	9				11.81	9	B		3		
11	77	Nony Mordi	Shaftesbury Barnet	12.24 +3.2	NJ +4.5	NJ +1.7	12.24	6				12.24	8	B		2		
12	88	Azaria Francis	Woodford G/Essex L.	NJ +1.2	NJ +3.9	10.82 +3.3	10.82	11				10.82	11	B		4		
13	44	Joanna Birch	City of Manchester	NJ +2.7	10.63 +0.9	NJ +5.0	10.63	12				10.63	12	B		5		
14	77	Debbie Rowe	Birchfield Harriers	NJ +4.7	NJ +3.0	12.17 -1.0	12.17	7	NJ +3.4	12.41 +4.0		12.41	7	B		1		
15	66	Nisha Desai	Trafford AC	9.98 -2.5	-	10.37 +5.4	10.37	13				10.37	13	B		6		
16	33	Sabina Astarita	Victoria Park Glasgow	10.55 +1.1	10.72 +0.9	11.03 +4.6	11.03	10				11.03	10	A	7			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE		
1	7	Nadia Williams	Shaftesbury Barnet	13.15	1	11	Debbie Rowe	Birchfield Harriers	12.41		
2	5	Gillian Kerr	Edinburgh S.H.	13.10	2	77	Nony Mordi	Shaftesbury Barnet	12.24		
3	4	Rebecca White	City of Manchester	13.05	3	55	Louise Haston	Edinburgh S.H.	11.81		
4	1	Tiombe Hurd	Birchfield Harriers	12.67	4	88	Azaria Francis	Woodford G/Essex L.	10.82		
5	8	Stephanie Aneto	Woodford G/Essex L.	12.63	5	44	Joanna Birch	City of Manchester	10.63		
6	6	Julia Straker	Trafford AC	12.46	6	66	Nisha Desai	Trafford AC	10.37	REFEREE'S SIGNATURE	
7	33	Sabina Astarita	Victoria Park Glasgow	11.03	7						
8					8						

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 1		VENUE	Alexander Stadium, Birmingham								DATE	07 July 2007								
EVENT		Women's High Jump		TIME	12:15	League Record			1.91m	Debbi Marti, Bromley, 1.91m												
Order	No	NAME	CLUB	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	Best of All	Trials at Ht Cleared	Trials Total	Failures Total	Trials Final	Position	A or B
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres						
1	4	Adele Lassu	City of Manchester									O	O	O	XO	1.80				2	A	2
2	6	Susan Moncrieff	Trafford AC											O	O	1.80				1	A	1
3	8	Melanie Gragg	Woodford G/Essex L.					XO	XXO	XXX						1.50				11	A	8
4	7	Nicoleze Steyn	Shaftesbury Barnet									O	O	XXX		1.70				4	A	4
5	1	Jade Surman	Birchfield Harriers								XO	O	XXX			1.65				6	A	6
6	3	Erin Legatte	Victoria Park Glasgow								O	O	XXO	XXX		1.70				5	A	5
7	5	Louise Haston	Edinburgh S.H.				O	O	XO	XXX						1.50				10	B	3
8	2	Sharon Heveran	Cardiff AAC									O	O	O	XXX	1.75				3	A	3
9	44	Tina Thirlwell	City of Manchester					XO	O	XXX						1.50				9	B	2
10	66	Eleanor Markendale	Trafford AC					O	O	XXO	XXX					1.55				8	B	1
11	88	Zainab Ceesay	Woodford G/Essex L.					O	RET							1.45				12	B	4
12	77	Sarah Cifford	Shaftesbury Barnet	O	O	O	O	O	XXX							1.45				12	B	4
13	11	Marina Semenova	Birchfield Harriers	XO	O	XXO	O	XXX								1.40				15	B	7
14	33	Katie Riches	Victoria Park Glasgow	O	O	O	XO	XXO	XXX							1.45				14	B	6
15	55	Lisa Ferguson	Edinburgh S.H.				O	O	O	O	XXX					1.55				7	A	7
16	22	-	Cardiff AAC																			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT		
1	6	Susan Moncrieff	Trafford AC	1.80	1	66	Eleanor Markendale	Trafford AC	1.55		
2	4	Adele Lassu	City of Manchester	1.80	2	44	Tina Thirlwell	City of Manchester	1.50		
3	2	Sharon Heveran	Cardiff AAC	1.75	3	5	Louise Haston	Edinburgh S.H.	1.50		
4	7	Nicoleze Steyn	Shaftesbury Barnet	1.70	4=	88	Zainab Ceesay	Woodford G/Essex L.	1.45		
5	3	Erin Legatte	Victoria Park Glasgow	1.70	4=	77	Sarah Cifford	Shaftesbury Barnet	1.45		
6	1	Jade Surman	Birchfield Harriers	1.65	6	33	Katie Riches	Victoria Park Glasgow	1.45	REFEREE'S SIGNATURE	
7	55	Lisa Ferguson	Edinburgh S.H.	1.55	7	11	Marina Semenova	Birchfield Harriers	1.40		
8	8	Melanie Gragg	Woodford G/Essex L.	1.50							

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 1		VENUE	Alexander Stadium, Birmingham								DATE	07 July 2007									
EVENT		Women's Pole Vault		TIME	14:15	League Record			4.20m	Jannine Whitlock, Trafford, 4.20m													
Order	No	NAME	CLUB	2.40	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	Best of All	Trials at Ht Cleared	Total	Failures Total	Trials	Final Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres							
1	8	Louise Shortland	Woodford G/Essex L.									O	O	XXX		3.40					4	A	4
2	5	-	Edinburgh S.H.																				
3	3	Jennifer Graham	Victoria Park Glasgow								O		XO		XXX	3.40					5	A	5
4	4	Anna Olko	City of Manchester								O		XO		XO	3.80					2	A	2
5	2	Briany Rain	Cardiff AAC					XO	O	O	O	XO	XXX			3.30					6	A	6
6	6	Janine Mulineaux	Trafford AC	XXO	XO	O	XXX									2.70					9	A	7
7	1	Hilary Smith	Birchfield Harriers						O		O		XXO	XXO	XXX	3.50					3	A	3
8	7	Zoe Brown	Shaftesbury Barnet												XO	3.90					1	A	1
9	88	Jemma Harding	Woodford G/Essex L.								O		XXX			3.20					8	B	2
10	55	-	Edinburgh S.H.																				
11	33	-	Victoria Park Glasgow																				
12	44	-	City of Manchester																				
13	22	-	Cardiff AAC																				
14	66	-	Trafford AC																				
15	11	-	Birchfield Harriers																				
16	77	Sarah Cifford	Shaftesbury Barnet				O	O	O	O	XXO	O	XXX			3.30					7	B	1

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT		
1	7	Zoe Brown	Shaftesbury Barnet	3.90	1	77	Sarah Cifford	Shaftesbury Barnet	3.30		
2	4	Anna Olko	City of Manchester	3.80	2	88	Jemma Harding	Woodford G/Essex L.	3.20		
3	1	Hilary Smith	Birchfield Harriers	3.50							
4	8	Louise Shortland	Woodford G/Essex L.	3.40							
5	3	Jennifer Graham	Victoria Park Glasgow	3.40							
6	2	Briany Rain	Cardiff AAC	3.30							
7	6	Janine Mulineaux	Trafford AC	2.70							
										REFEREE'S SIGNATURE	

UK ATHLETICS: HEIGHT CARD

