

UK Women's Athletics League 2007

National Division 1 - Grangemouth

04 August 2007

Events	BIRCH		CARDIFF		GLASGOW		CoM		EDIN		TRAFF		SBH		WG/EL		UNUSED		TOTAL	
Women's 100m	7	4	2	2	3	3	5	9	9	7	4	1	6	6	5	1			37	37
Women's 200m	7	5	1	2	2	3	5	7	9	9	6	6	4	1	3	4			37	37
Women's 400m	6	7	1	1	4	4	9	9	7	5	3	6	2	2	5	3			37	37
Women's 800m	4	9	1		2	4	9	7	7	5	3		6	6	5	3		3	37	37
Women's 1500m	5	3	1		2	5	6	6	3	4	4	7	9	9	7			3	37	37
Women's 3000m S/Chase																				
Women's 3000m	5				3	4	7	5	2	6	4	7	9	9	6		1	6	37	37
Women's 400m Hurdles	2	2	1		9	5	3	4	5	6	7	9	4	3	6	7		1	37	37
Women's 100m Hurdles	5	4	2		6	9	7	7	3		4		9	6		5	1	6	37	37
Women's Hammer	3	3	2	1	4	5	7	9	6	7	9	6	1	4	5	2			37	37
Women's Discus	4	3	1	1	2	2	7	6	5	5	6	7	9	9	3	4			37	37
Women's Javelin	3	2	7	1	4	4	9	3	1	6	2	5	5	7	6	9			37	37
Women's Shot Putt	5	5	1	1	2	2	7	7	3	4	4	6	6	9	9	3			37	37
Women's Long Jump	6	6	2	1	3	4	7	7	9	9	4	3	5	5	1	2			37	37
Women's Triple Jump	6	9	2	2	1	3	5	5	9	7	4	6	3	1	7	4			37	37
Women's High Jump	3	5			5	6	4		7	9	6	7	9		2	4	1	6	37	37
Women's Pole Vault	1		3		4		8	6	6	7	2		8		5	9		15	37	37
Women's 4x100m Relay	6		3		2		7		9		4		5		1			37	37	37
Women's 4x400m Relay	9				6		7		5		4		2		3		1	37	37	37
	87	67	30	12	64	63	119	97	105	96	80	76	102	77	74	64	5	114	666	666

Match Summary	BIRCH	CARDIFF	GLASGOW	CoM	EDIN	TRAFF	SBH	WG/EL	UNUSED	TOTAL
Teams	154.0	42.0	127.0	216.0	201.0	156.0	179.0	138.0	119.0	1332.0
Match Position	5	8	7	1	2	4	3	6		
League Points	4	1	2	8	7	5	6	3		

Standings	BIRCH	CARDIFF	GLASGOW	CoM	EDIN	TRAFF	SBH	WG/EL
League Points	15.0	3.0	6.0	24.0	16.0	19.0	16.0	9.0
Match Points	508.0	220.0	342.0	608.0	526.0	532.0	526.0	397.0
League Positions	5	8	7	1	4	2	3	6

National Division 1 - Grangemouth

				Record	Wind	UKA	AW	4 August 2007						
				Perf				Perf	Wind	UKA	AW			
Women's 100m A				Wind=	+2.8	Women's 100m B				Wind=	+1.9			
1	5	Susan Deacon	Edinburgh AC	11.77		149	☑	1	44	Lucy Evans	City of Manchester	12.1	100	☑
2	1	Amy Harris	Birchfield Harriers	11.90		130	☑	2	55	Louise Dickson	Edinburgh AC	12.1	100	☑
3	7	Gemma Bennett	Shaftesbury Barnet H.	11.91		128	☑	3	77	Mildred Gamba	Shaftesbury Barnet H.	12.1	100	☑
4	4	Helen Taylor	City of Manchester	11.94		124	☑	4	88	Alica Roberts-Brown	Woodford G / Essex L	12.4	54	☑
5	6	Emily Shaw	Trafford AC	12.00		115	☑	5	11	Amy Woodman	Birchfield Harriers	12.6		☑
6	3	Danielle Osbourne	Victoria Park Glasgow	12.63			☑	6	33	Alyssa Fullelove	Victoria Park Glasgow	12.6		☑
7	2	Melanie Stephenson	Cardiff AAC	12.71			☑	7	22	Felicity James	Cardiff AAC	12.8		☑
8								8	66	Julia Straker	Trafford AC	13.0		☑
Women's 200m A				Wind=	+1.9	Women's 200m B				Wind=	+2.6			
1	5	Susan Deacon	Edinburgh AC	23.98		157	☑	1	55	Louise Dickson	Edinburgh AC	24.55	119	☑
2	1	Meghan Beesley	Birchfield Harriers	24.14		147	☑	2	44	Lucy Evans	City of Manchester	24.66	112	☑
3	6	Emily Shaw	Trafford AC	24.21		142	☑	3	66	Liz Fairs	Trafford AC	24.87	98	☑
4	4	Helen Taylor	City of Manchester	24.83		101	☑	4	11	Amy Harris	Birchfield Harriers	24.99	90	☑
5	7	Mildred Gamba	Shaftesbury Barnet H.	25.04		87	☑	5	88	Tara Bird	Woodford G / Essex L	25.45	59	☑
6	8	Johnelle Gibbos	Woodford G / Essex L	25.88			☑	6	33	Aileen Connolly	Victoria Park Glasgow	25.69		☑
7	3	Danielle Osbourne	Victoria Park Glasgow	25.92			☑	7	22	Leanne Martlow	Cardiff AAC	26.37		☑
8	2	Melanie Stephenson	Cardiff AAC	26.15			☑	8	77	Claire Heaford	Shaftesbury Barnet H.	26.99		☑
Women's 400m A						Women's 400m B								
1	4	Tatum Nelson	City of Manchester	54.15		165	☑	1	44	Sarah Tomlins	City of Manchester	54.93	145	☑
2	5	Kathryn Evans	Edinburgh AC	54.79		149	☑	2	11	Anouska McConnell	Birchfield Harriers	57.82	73	☑
3	1	Seemata Gumbs	Birchfield Harriers	55.00		143	☑	3	66	Anita Richardson	Trafford AC	58.02	68	☑
4	8	Tara Bird	Woodford G / Essex L	55.32		135	☑	4	55	Sarah-Jane Cheu	Edinburgh AC	58.64	52	☑
5	3	Claire Gibson	Victoria Park Glasgow	55.36		134	☑	5	33	Alison Reid	Victoria Park Glasgow	58.72	50	☑
6	6	Nisha Desai	Trafford AC	57.24		87	☑	6	88	Melanie Brown	Woodford G / Essex L	60.05		☑
7	7	Nina Anderson	Shaftesbury Barnet H.	59.09			☑	7	77	Katie Alcock	Shaftesbury Barnet H.	67.92		☑
8	2	Felicity James	Cardiff AAC	60.26			☑	8	22	-	Cardiff AAC			
Women's 800m A						Women's 800m B								
1	4	Ruth Watson	City of Manchester	02:05.29		158	☑	1	11	Anouska McConnell	Birchfield Harriers	02:12.58	67	☑
2	5	Nicola Gauld	Edinburgh AC	02:05.62		154	☑	2	44	Jenna Hill	City of Manchester	02:13.34	58	☑
3	7	Amy Campbell	Shaftesbury Barnet H.	02:08.39		120	☑	3	77	Nina Anderson	Shaftesbury Barnet H.	02:15.66		☑
4	8	Linzi Snow	Woodford G / Essex L	02:09.76		103	☑	4	55	Sarah Hood	Edinburgh AC	02:16.45		☑
5	1	Ellie Darby	Birchfield Harriers	02:10.76		90	☑	5	33	Erin McIveen	Victoria Park Glasgow	02:18.12		☑
6	6	Karen Hill	Trafford AC	02:13.10		61	☑	6	88	Ruth Brereton	Woodford G / Essex L	02:41.87		
7	3	Abby McGee	Victoria Park Glasgow	02:14.97			☑	7						
8	2	Beth Strange	Cardiff AAC	02:19.15			☑	8						
Women's 1500m A						Women's 1500m B								
1	7	Rachel Felton	Shaftesbury Barnet H.	04:20.04		159	☑	1	77	Amy Campbell	Shaftesbury Barnet H.	04:28.71	116	☑
2	8	Jessica Sparke	Woodford G / Essex L	04:21.12		154	☑	2	6	Julia Leventon	Trafford AC	04:45.28		☑
3	4	Jenna Hill	City of Manchester	04:35.64		81	☑	3	44	Ruth Watson	City of Manchester	05:00.06		
4	1	Debbie Walters	Birchfield Harriers	04:40.35		58	☑	4	3	Sandra Branney	Victoria Park Glasgow	05:04.15		
5	66	Karen Hill	Trafford AC	04:42.94			☑	5	55	Laura Dunn	Edinburgh AC	05:06.66		
6	5	Lauren Peffers	Edinburgh AC	04:47.55			☑	6	11	Carrin Myers	Birchfield Harriers	06:57.27		
7	33	Lindsay MacNeill	Victoria Park Glasgow	04:51.18			☑	7						
8	2	Beth Strange	Cardiff AAC	04:56.41			☑	8						

National Division 1 - Grangemouth

				Perf	Record	Wind	UKA	AW	4 August 2007						
				Perf	Record	Wind	UKA	AW	Perf	Record	Wind	UKA	AW		
<u>Women's 3000m A</u>				<u>Women's 3000m B</u>											
1	7	Victoria Webster	Shaftesbury Barnet H.	09:24.87			158	☑	1	77	Gemma Turtle	Shaftesbury Barnet H.	09:28.85	151	☑
2	4	Sonia Thomas	City of Manchester	09:27.27			154	☑	2	66	Aida Geragucian	Trafford AC	10:10.60	82	☑
3	8	Katherine Spark	Woodford G / Essex L	09:30.35			149	☑	3	5	Marbeth Sheill	Edinburgh AC	10:33.50		☑
4	1	Debbie Walters	Birchfield Harriers	09:36.73			138	☑	4	44	Bethany English	City of Manchester	10:43.26		☑
5	6	Julia Leventon	Trafford AC	10:07.49			87	☑	5	33	Rebecca Finch	Victoria Park Glasgow	10:54.64		☑
6	3	Kirsteen Young	Victoria Park Glasgow	10:18.84			68	☑	6						
7	55	Sue Ridley	Edinburgh AC	10:25.41			57	☑	7						
8									8						
<u>Women's 400m Hurdles A</u>				<u>Women's 400m Hurdles B</u>											
1	3	Eilidh Child	Victoria Park Glasgow	58.55			182	☑	1	66	Nisha Desai	Trafford AC	62.13	122	☑
2	6	Liz Fairs	Trafford AC	60.29			153	☑	2	88	Tracey Duncan	Woodford G / Essex L	63.10	106	☑
3	8	Ruth Brereton	Woodford G / Essex L	63.52			99	☑	3	55	Sylvia Kamy	Edinburgh AC	65.74	62	☑
4	5	Avril Jackson	Edinburgh AC	64.02			91	☑	4	33	Kerry Mann	Victoria Park Glasgow	68.22		☑
5	7	Claire Heaford	Shaftesbury Barnet H.	64.96			75	☑	5	44	Kathy Wellam	City of Manchester	69.83		☑
6	4	Danelle Parkinson	City of Manchester	67.24				☑	6	77	Katie Alcock	Shaftesbury Barnet H.	81.00		
7	1	Sally Hughes	Birchfield Harriers	67.72				☑	7	11	Marina Semenova	Birchfield Harriers	83.32		
8	2	Gemma Goudbourne	Cardiff AAC	75.99					8						
<u>Women's 100m Hurdles A</u>				Wind=	+3.4	<u>Women's 100m Hurdles B</u>									
1	7	Gemma Bennett	Shaftesbury Barnet H.	13.45			190	☑	1	33	Eilidh Child	Victoria Park Glasgow	14.38	128	☑
2	4	Sara McGreavy	City of Manchester	13.53			184	☑	2	44	Nicola Cahll	City of Manchester	14.69	107	☑
3	3	Alyssa Fullelove	Victoria Park Glasgow	13.83			164	☑	3	77	Lorna Rogers	Shaftesbury Barnet H.	14.97	88	☑
4	1	Meghan Beesley	Birchfield Harriers	13.95			156	☑	4	88	Laura Gnanapraghsam	Woodford G / Essex L	16.65		
5	6	Liz Fairs	Trafford AC	14.04			150	☑	5	11	Sally Hughes	Birchfield Harriers	16.66		
6	5	Sylvia Kamy	Edinburgh AC	15.45			56	☑	6						
7	2	Gemma Goudbourne	Cardiff AAC	16.47				☑	7						
8	8	Ruth Brereton	Woodford G / Essex L	DISQ					8						
<u>Women's Hammer A</u>				<u>Women's Hammer B</u>											
1	6	Shirley Webb	Trafford AC	62.37			190	☑	1	44	Sarah Holt	City of Manchester	57.68	164	☑
2	4	Laura Douglas	City of Manchester	58.92			171	☑	2	55	Laura Chalmers	Edinburgh AC	50.01	122	☑
3	5	Susan McKelvie	Edinburgh AC	57.54			164	☑	3	66	Joanne Harding	Trafford AC	35.66		☑
4	8	Monique Buchanan	Woodford G / Essex L	50.04			122	☑	4	33	Claire Cameron	Victoria Park Glasgow	30.35		☑
5	3	Katie Horne	Victoria Park Glasgow	45.88			99	☑	5	77	Kirsty Law	Shaftesbury Barnet H.	28.53		
6	1	Marina Semenova	Birchfield Harriers	41.50			75	☑	6	11	Liz Millward	Birchfield Harriers	26.64		
7	2	Beth Sewell	Cardiff AAC	39.53			64	☑	7	88	Emma Smith	Woodford G / Essex L	25.64		
8	7	Feyi Daramola	Shaftesbury Barnet H.	38.50			58	☑	8	22	Bea Morris	Cardiff AAC	22.37		
<u>Women's Discus A</u>				<u>Women's Discus B</u>											
1	7	Kirsty Law	Shaftesbury Barnet H.	47.66			141	☑	1	77	Chloe Edward	Shaftesbury Barnet H.	39.64	91	☑
2	4	Alison Rodger	City of Manchester	44.76			123	☑	2	66	Chloe Beckett	Trafford AC	36.77	73	☑
3	6	Elaine Cank	Trafford AC	44.57			122	☑	3	44	Laura Douglas	City of Manchester	34.84	61	☑
4	5	Laura Chalmers	Edinburgh AC	43.10			113	☑	4	55	Jennifer Wilkie	Edinburgh AC	34.27	57	☑
5	1	Sarah Henton	Birchfield Harriers	42.45			109	☑	5	88	Monique Buchanan	Woodford G / Essex L	33.33	52	☑
6	8	Joanne Duncan	Woodford G / Essex L	41.30			101	☑	6	11	Jessica Palmer	Birchfield Harriers	30.32		☑
7	3	Claire Cameron	Victoria Park Glasgow	35.04			62	☑	7	33	Catriona Cineno Sola	Victoria Park Glasgow	21.20		
8	2	Beth Sewell	Cardiff AAC	27.32					8	22	Bea Morris	Cardiff AAC	19.34		
<u>Women's Javelin A</u>				<u>Women's Javelin B</u>											
1	4	Laura Whittingham	City of Manchester	50.48			165	☑	1	88	Emma Smith	Woodford G / Essex L	40.19	101	☑
2	2	Lianne Clarke	Cardiff AAC	48.61			153	☑	2	77	Nicoleze Steyn	Shaftesbury Barnet H.	32.82	55	☑
3	8	Annie Silva	Woodford G / Essex L	43.03			118	☑	3	55	Nicola Falconer	Edinburgh AC	31.48		☑
4	7	Jenny Grimstone	Shaftesbury Barnet H.	42.45			115	☑	4	66	Joanne Harding	Trafford AC	31.33		☑
5	3	Ashley Austin	Victoria Park Glasgow	40.97			106	☑	5	33	Catriona Cineno Sola	Victoria Park Glasgow	29.83		
6	1	Becky Holley	Birchfield Harriers	40.26			101	☑	6	44	Danelle Parkinson	City of Manchester	28.64		
7	6	Chloe Beckett	Trafford AC	35.91			74	☑	7	11	Laura Gomery	Birchfield Harriers	24.20		
8	5	Jennifer Wilkie	Edinburgh AC	33.76			61	☑	8	22	Bea Morris	Cardiff AAC	20.55		

National Division 1 - Grangemouth

		Perf	Record	Wind	UKA	AW	4 August 2007		Perf	Wind	UKA	AW			
<u>Women's Shot Putt A</u>						<u>Women's Shot Putt B</u>									
1	8	Joanne Duncan	Woodford G / Essex L	16.46		179	☑	1	77	Kirsty Law	Shaftesbury Barnet H.	11.70	84	☑	
2	4	Alison Rodger	City of Manchester	15.59		161	☑	2	44	Laura Douglas	City of Manchester	11.13	72	☑	
3	7	Chloe Edwards	Shaftesbury Barnet H.	14.58		141	☑	3	6	Elaine Cank	Trafford AC	10.64	62	☑	
4	1	Liz Millward	Birchfield Harriers	12.44		98	☑	4	11	Laura Gomery	Birchfield Harriers	10.48	59	☑	
5	66	Chloe Beckett	Trafford AC	12.39		97	☑	5	5	Laura Chalmers	Edinburgh AC	10.20	54	☑	
6	55	Gillian Cooke	Edinburgh AC	10.35		57	☑	6	88	Annie Silva	Woodford G / Essex L	9.14			
7	3	Claire Cameron	Victoria Park Glasgow	9.44				7	33	Alyssa Fullelove	Victoria Park Glasgow	8.84			
8	2	Beth Sewell	Cardiff AAC	7.32				8	22	Debbie Jones	Cardiff AAC	6.41			
<u>Women's Long Jump A</u>						<u>Women's Long Jump B</u>									
1	5	Gillian Cooke	Edinburgh AC	6.11	+1.7	151	☑	1	55	Lisa Ferguson	Edinburgh AC	5.66	+2.1	95	☑
2	4	Rebecca White	City of Manchester	5.79	+3.0	111	☑	2	44	Nicola Cahll	City of Manchester	5.64	+2.1	92	☑
3	11	Aimee Palmer	Birchfield Harriers	5.72	-0.4	102	☑	3	1	Amy Woodman	Birchfield Harriers	5.45	+0.1	68	☑
4	7	Nony Mordi	Shaftesbury Barnet H.	5.68	+1.4	97	☑	4	77	Mildred Gamba	Shaftesbury Barnet H.	5.08	-0.7		☑
5	6	Julia Straker	Trafford AC	5.41	+3.9	63	☑	5	3	Katie Riches	Victoria Park Glasgow	4.68	+2.5		
6	33	Aileen Connolly	Victoria Park Glasgow	5.12	+3.9		☑	6	66	Kay Humberstone	Trafford AC	4.66	+4.2		
7	2	Imogen Miles	Cardiff AAC	5.09	+2.5		☑	7	88	Laura Gnanapraghsam	Woodford G / Essex L	4.31	+2.7		
8	8	Kristina Blackett	Woodford G / Essex L	4.70	+3.1			8	22	Melanie Stephenson	Cardiff AAC	4.08	+4.3		
<u>Women's Triple Jump A</u>						<u>Women's Triple Jump B</u>									
1	5	Gillian Kerr	Edinburgh AC	13.04	+2.8	164	☑	1	11	Debbie Rowe	Birchfield Harriers	12.71	+1.4	148	☑
2	8	Stephanie Aneto	Woodford G / Essex L	12.88	+1.9	156	☑	2	55	Jayne Nisbet	Edinburgh AC	12.17	+3.6	121	☑
3	1	Tiombe Hurd	Birchfield Harriers	12.81	+2.6	153	☑	3	66	Nisha Desai	Trafford AC	10.47	+2.9		☑
4	4	Rebecca White	City of Manchester	12.71	+3.4	148	☑	4	44	Danelle Parkinson	City of Manchester	10.17	+1.0		☑
5	6	Julia Straker	Trafford AC	12.28	+2.0	126	☑	5	88	Jemma Harding	Woodford G / Essex L	9.74	+2.4		
6	7	Nony Mordi	Shaftesbury Barnet H.	12.08	+4.0	116	☑	6	33	Kerry Mann	Victoria Park Glasgow	9.41	+2.0		
7	2	Imogen Miles	Cardiff AAC	11.47	+2.4	86	☑	7	22	Gemma Goudbourne	Cardiff AAC	8.27	+2.1		
8	3	Lisa Doyle	Victoria Park Glasgow	9.70	+2.1			8	77	Claire Heaford	Shaftesbury Barnet H.	8.23	+1.9		
<u>Women's High Jump A</u>						<u>Women's High Jump B</u>									
1	7	Nicoleze Steyn	Shaftesbury Barnet H.	1.80		170	☑	1	5	Rachel McKenzie	Edinburgh AC	1.70		120	☑
2	55	Jayne Nisbet	Edinburgh AC	1.75		145	☑	2	66	Shirley Webb	Trafford AC	1.40			
3	6	Kay Humberstone	Trafford AC	1.70		120	☑	3	33	Katie Riches	Victoria Park Glasgow	1.40			
4	3	Barbara Kolasinski	Victoria Park Glasgow	1.60		70	☑	4	1	Marina Semenova	Birchfield Harriers	1.35			
5	44	Nicola Cahll	City of Manchester	1.55			☑	5	88	Laura Gnanapraghsam	Woodford G / Essex L	1.25			
6	11	Amy Woodman	Birchfield Harriers	1.50											
7	8	Kristina Blackett	Woodford G / Essex L	1.45											
<u>Women's Pole Vault A</u>						<u>Women's Pole Vault B</u>									
1=	7	Zoe Brown	Shaftesbury Barnet H.	3.80		165	☑	1	88	Jemma Harding	Woodford G / Essex L	3.30		115	☑
1=	4	Anna Olko	City of Manchester	3.80		165	☑	2	55	Claire Kennedy	Edinburgh AC	3.00		85	☑
3	5	Kirsty Maguire	Edinburgh AC	3.60		145	☑	3	44	Helen Taylor	City of Manchester	2.50			☑
4	8	Louise Shortland	Woodford G / Essex L	3.50		135	☑								
5	3	Jennifer Graham	Victoria Park Glasgow	3.40		125	☑								
6	2	Jessica Abrahams	Cardiff AAC	3.20		105	☑								
7	6	Lindsay Johnson	Trafford AC	2.50			☑								
8	1	Carrin Myers	Birchfield Harriers	2.30			☑								
<u>Women's 4x100m Relay</u>															
1	5	Edinburgh AC	Lisa Ferguson	Susan Deacon	Louise Dickson	Gillian Cooke	47.15							☑	
2	4	City of Manchester	Tatum Nelson	Lucy Evans	Rebecca White	Helen Taylor	47.45							☑	
3	1	Birchfield Harriers	Kayo Titiloye	Aimee Palmer	Amy Woodman	Amy Harris	47.91							☑	
4	7	Shaftesbury Barnet H.	Feyi Daramola	Nony Mordi	Gemma Bennett	Mildred Gamba	48.83							☑	
5	6	Trafford AC	Anita Richardson	Emily Shaw	Nisha Desai	Liz Fairs	48.96							☑	
6	2	Cardiff AAC	Felicity James	Imogen Miles	Leanne Matlow	Melanie Stephenson	49.96							☑	
7	3	Victoria Park Glasgow	Danielle Osbourne	Alyssa Fullelove	Kerry Mann	Lisa Doyle	50.37							☑	
8	8	Woodford G / Essex L	Alica Roberts-Brown	Stephanie Aneto	Laura Gnanapraghsam	Johnelle Gibbos	50.8							☑	

National Division 1 - Grangemouth

Perf Record Wind UKA AW 4 August 2007

Perf Wind UKA AW

Women's 4x400m Relay

1	1	Birchfield Harriers	Meghan Beesley	Anouska McConnell	Ellie Darby	Seemata Gumbs	03:44.84	<input checked="" type="checkbox"/>
2	4	City of Manchester	Helen Taylor	Tatum Nelson	Sarah Tomlins	Danelle Parkinson	03:45.96	<input checked="" type="checkbox"/>
3	3	Victoria Park Glasgow	Alison Reid	Aileen Connolly	Eilidh Child	Claire Gibson	03:47.34	<input checked="" type="checkbox"/>
4	5	Edinburgh AC	Sarah-Jane Cheu	Ashleigh Kennedy	Louise Dickson	Kathryn Evans	03:47.78	<input checked="" type="checkbox"/>
5	6	Trafford AC	Nisha Desai	Anita Richardson	Emily Shaw	Liz Fairs	03:48.44	<input checked="" type="checkbox"/>
6	8	Woodford G / Essex L	Tracey Duncan	Melanie Brown	Linzi Snow	Tara Bird	03:54.53	<input checked="" type="checkbox"/>
7	7	Shaftesbury Barnet H.	Amy Campbell	Nina Anderson	Victoria Webster	Rachel Felton	04:09.30	<input checked="" type="checkbox"/>
8								

MATCH RESULT

League Points

Match

STANDINGS

League Points

Match

1	CoM	8	216.0	1	CoM	24	608.0
2	EDIN	7	201.0	2	TRAFF	19	532.0
3	SBH	6	179.0	3=	SBH	16	526.0
4	TRAFF	5	156.0	3=	EDIN	16	526.0
5	BIRCH	4	154.0	5	BIRCH	15	508.0
6	WG/EL	3	138.0	6	WG/EL	9	397.0
7	GLASGOW	2	127.0	7	GLASGOW	6	342.0
8	CARDIFF	1	42.0	8	CARDIFF	3	220.0

Women's 100m Non Scoring

Wind=

1	12	Kayo Titiloye	Birchfield Harriers	12.43	<input checked="" type="checkbox"/>
2	14	Aimee Palmer	Birchfield Harriers	12.54	<input checked="" type="checkbox"/>
3					
4					
5					
6					
7					
8					

Womns 100m Hurdles N/S

Wind=

+3.8

1	15	Kerry Mann	Victoria Park Glasgow	15.47
2				
3				
4				
5				
6				
7				
8				

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Grangemouth		DATE		04 August 2007								
EVENT		Women's Hammer		TIME		12:00		RECORD		67.94m		Lorraine Shaw, Sale Harriers, 67.94m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B		
1	4	Laura Douglas	City of Manchester	NT	55.12	58.02	58.02	2	56.69	56.65	58.92	58.92	2	A	2			
2	5	Susan McKelvie	Edinburgh AC	56.13	57.54	NT	57.54	3	56.87	NT	NT	57.54	4	A	3			
3	8	Monique Buchanan	Woodford G / Essex L	NT	45.38	NT	45.38	7	50.04	48.42	NT	50.04	5	A	4			
4	1	Marina Semenova	Birchfield Harriers	40.39	NT	NT	40.39	8	NT	41.50	-	41.50	8	A	6			
5	2	Beth Sewell	Cardiff AAC	NT	39.53	NT	39.53	9				39.53	9	A	7			
6	7	Feyi Daramola	Shaftesbury Barnet H.	NT	38.50	34.92	38.50	10				38.50	10	A	8			
7	3	Katie Horne	Victoria Park Glasgow	41.85	45.88	45.07	45.88	6	44.89	NT	45.61	45.88	7	A	5			
8	6	Shirley Webb	Trafford AC	NT	59.91	NT	59.91	1	62.37	59.66	61.60	62.37	1	A	1			
9	44	Sarah Holt	City of Manchester	55.09	49.63	56.44	56.44	4	57.68	NT	NT	57.68	3	B		1		
10	55	Laura Chalmers	Edinburgh AC	47.01	NT	50.01	50.01	5	NT	NT	NT	50.01	6	B		2		
11	88	Emma Smith	Woodford G / Essex L	25.64	NT	NT	25.64	15				25.64	15	B		7		
12	11	Liz Millward	Birchfield Harriers	26.50	24.46	26.64	26.64	14				26.64	14	B		6		
13	22	Bea Morris	Cardiff AAC	NT	NT	22.37	22.37	16				22.37	16	B		8		
14	77	Kirsty Law	Shaftesbury Barnet H.	27.48	28.53	-	28.53	13				28.53	13	B		5		
15	33	Claire Cameron	Victoria Park Glasgow	29.92	30.35	29.46	30.35	12				30.35	12	B		4		
16	66	Joanne Harding	Trafford AC	34.45	35.66	33.35	35.66	11				35.66	11	B		3		

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	6	Shirley Webb	Trafford AC	62.37	1	44	Sarah Holt	City of Manchester	57.68			
2	4	Laura Douglas	City of Manchester	58.92	2	55	Laura Chalmers	Edinburgh AC	50.01			
3	5	Susan McKelvie	Edinburgh AC	57.54	3	66	Joanne Harding	Trafford AC	35.66			
4	8	Monique Buchanan	Woodford G / Essex L	50.04	4	33	Claire Cameron	Victoria Park Glasgow	30.35			
5	3	Katie Horne	Victoria Park Glasgow	45.88	5	77	Kirsty Law	Shaftesbury Barnet H.	28.53			
6	1	Marina Semenova	Birchfield Harriers	41.50	6	11	Liz Millward	Birchfield Harriers	26.64	REFEREE'S SIGNATURE		
7	2	Beth Sewell	Cardiff AAC	39.53	7	88	Emma Smith	Woodford G / Essex L	25.64			
8	7	Feyi Daramola	Shaftesbury Barnet H.	38.50	8	22	Bea Morris	Cardiff AAC	22.37			

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Grangemouth		DATE		04 August 2007								
EVENT		Women's Discus		TIME		13:40		RECORD		62.18m		M Ritchie, Edinburgh, 62.18m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B		
1	1	Sarah Henton	Birchfield Harriers	40.23	T	39.84	40.23	6	39.27	41.71	42.45	42.45	5	A	5			
2	3	Claire Cameron	Victoria Park Glasgow	35.04	34.48	NT	35.04	9				35.04	9	A	7			
3	7	Kirsty Law	Shaftesbury Barnet H.	NT	44.55	47.66	47.66	1	45.05	NT	NT	47.66	1	A	1			
4	6	Elaine Cank	Trafford AC	41.09	NT	41.30	41.30	4	NT	NT	44.57	44.57	3	A	3			
5	8	Joanne Duncan	Woodford G / Essex L	41.00	NT	38.29	41.00	5	38.36	NT	41.30	41.30	6	A	6			
6	5	Laura Chalmers	Edinburgh AC	32.23	43.10	41.51	43.10	3	41.16	38.79	NT	43.10	4	A	4			
7	2	Beth Sewell	Cardiff AAC	27.32	25.82	27.03	27.32	14				27.32	14	A	8			
8	4	Alison Rodger	City of Manchester	33.88	44.76	44.61	44.76	2	NT	NT	NT	44.76	2	A	2			
9	11	Jessica Palmer	Birchfield Harriers	30.32	NT	29.65	30.32	13				30.32	13	B		6		
10	33	Catriona Cineno Sola	Victoria Park Glasgow	19.93	21.20	20.93	21.20	15				21.20	15	B		7		
11	77	Chloe Edward	Shaftesbury Barnet H.	35.14	NT	39.64	39.64	7	37.34	36.95	37.00	39.64	7	B		1		
12	66	Chloe Beckett	Trafford AC	36.77	NT	NT	36.77	8	35.22	NT	NT	36.77	8	B		2		
13	88	Monique Buchanan	Woodford G / Essex L	NT	33.13	33.33	33.33	12				33.33	12	B		5		
14	55	Jennifer Wilkie	Edinburgh AC	34.27	NT	NT	34.27	11				34.27	11	B		4		
15	22	Bea Morris	Cardiff AAC	16.42	NT	19.34	19.34	16				19.34	16	B		8		
16	44	Laura Douglas	City of Manchester	28.84	29.69	34.84	34.84	10				34.84	10	B		3		

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	7	Kirsty Law	Shaftesbury Barnet H.	47.66	1	77	Chloe Edward	Shaftesbury Barnet H.	39.64				
2	4	Alison Rodger	City of Manchester	44.76	2	66	Chloe Beckett	Trafford AC	36.77				
3	6	Elaine Cank	Trafford AC	44.57	3	44	Laura Douglas	City of Manchester	34.84				
4	5	Laura Chalmers	Edinburgh AC	43.10	4	55	Jennifer Wilkie	Edinburgh AC	34.27				
5	1	Sarah Henton	Birchfield Harriers	42.45	5	88	Monique Buchanan	Woodford G / Essex L	33.33				
6	8	Joanne Duncan	Woodford G / Essex L	41.30	6	11	Jessica Palmer	Birchfield Harriers	30.32	REFEREE'S SIGNATURE			
7	3	Claire Cameron	Victoria Park Glasgow	35.04	7	33	Catriona Cineno Sola	Victoria Park Glasgow	21.20				
8	2	Beth Sewell	Cardiff AAC	27.32	8	22	Bea Morris	Cardiff AAC	19.34				

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Grangemouth		DATE		04 August 2007								
EVENT		Women's Javelin		TIME		15:20		RECORD		57.99m		K Morgan, Windsor, 57.99m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B		
1	6	Chloe Beckett	Trafford AC	32.74	NT	35.91	35.91	8	33.48	34.28	-	35.91	8	A	7			
2	7	Jenny Grimstone	Shaftesbury Barnet H.	37.84	39.93	42.18	42.18	3	38.86	42.45	39.86	42.45	4	A	4			
3	4	Laura Whittingham	City of Manchester	48.06	NT	45.47	48.06	2	46.06	50.48	49.80	50.48	1	A	1			
4	5	Jennifer Wilkie	Edinburgh AC	33.62	NT	33.76	33.76	9				33.76	9	A	8			
5	3	Ashley Austin	Victoria Park Glasgow	40.97			40.97	5				40.97	5	A	5			
6	8	Annie Silva	Woodford G / Essex L	42.00	41.41	41.31	42.00	4	NT	42.64	43.03	43.03	3	A	3			
7	2	Lianne Clarke	Cardiff AAC	48.61	47.10	NT	48.61	1	NT	47.16	NT	48.61	2	A	2			
8	1	Becky Holley	Birchfield Harriers	38.11	39.03	35.59	39.03	6	38.86	40.26	NT	40.26	6	A	6			
9	66	Joanne Harding	Trafford AC	26.13	31.33	NT	31.33	12				31.33	12	B		4		
10	77	Nicoleze Steyn	Shaftesbury Barnet H.	27.83	32.82	NT	32.82	10				32.82	10	B		2		
11	44	Danelle Parkinson	City of Manchester	28.64	27.61	26.62	28.64	14				28.64	14	B		6		
12	55	Nicola Falconer	Edinburgh AC	28.96	31.48	NT	31.48	11				31.48	11	B		3		
13	33	Catriona Cineno Sola	Victoria Park Glasgow	28.74	29.83	27.57	29.83	13				29.83	13	B		5		
14	88	Emma Smith	Woodford G / Essex L	28.55	38.64	36.36	38.64	7	37.64	38.64	40.19	40.19	7	B		1		
15	22	Bea Morris	Cardiff AAC	NT	18.89	20.55	20.55	16				20.55	16	B		8		
16	11	Laura Gomery	Birchfield Harriers	NT	24.20	NT	24.20	15				24.20	15	B		7		

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	4	Laura Whittingham	City of Manchester	50.48	1	88	Emma Smith	Woodford G / Essex L	40.19			
2	2	Lianne Clarke	Cardiff AAC	48.61	2	77	Nicoleze Steyn	Shaftesbury Barnet H.	32.82			
3	8	Annie Silva	Woodford G / Essex L	43.03	3	55	Nicola Falconer	Edinburgh AC	31.48			
4	7	Jenny Grimstone	Shaftesbury Barnet H.	42.45	4	66	Joanne Harding	Trafford AC	31.33			
5	3	Ashley Austin	Victoria Park Glasgow	40.97	5	33	Catriona Cineno Sola	Victoria Park Glasgow	29.83			
6	1	Becky Holley	Birchfield Harriers	40.26	6	44	Danelle Parkinson	City of Manchester	28.64	REFEREE'S SIGNATURE		
7	6	Chloe Beckett	Trafford AC	35.91	7	11	Laura Gomery	Birchfield Harriers	24.20			
8	5	Jennifer Wilkie	Edinburgh AC	33.76	8	22	Bea Morris	Cardiff AAC	20.55			

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Grangemouth		DATE		04 August 2007								
EVENT		Women's Shot Putt		TIME		15:00		RECORD		18.88m		Judy Oakes, Croydon, 18.88m						
Order	No	NAME	CLUB	1st Trial	2nd Trial	3rd Trial	Best of 3	Position after 3 Trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B				
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres			A	B		
1	5	Laura Chalmers	Edinburgh AC	10.10	10.20	NP	10.20	11				10.20	11	B		5		
2	7	Liz Millward	Birchfield Harriers	12.05	NP	11.66	12.05	4	11.95	12.44	12.19	12.44	4	A	4			
3	7	Chloe Edwards	Shaftesbury Barnet H.	13.92	14.38	14.58	14.58	3	14.34	14.54	14.40	14.58	3	A	3			
4	4	Alison Rodger	City of Manchester	14.96	15.18	15.15	15.18	2	15.33	15.59	15.30	15.59	2	A	2			
5	2	Beth Sewell	Cardiff AAC	7.32	-	7.15	7.32	15				7.32	15	A	8			
6	6	Elaine Cank	Trafford AC	NP	10.64	NP	10.64	8	10.63	NP	10.62	10.64	8	B		3		
7	3	Claire Cameron	Victoria Park Glasgow	9.43	9.34	9.44	9.44	12				9.44	12	A	7			
8	8	Joanne Duncan	Woodford G / Essex L	16.46	NP	NP	16.46	1	16.05	15.66	15.44	16.46	1	A	1			
9	55	Gillian Cooke	Edinburgh AC	10.02	10.35	10.09	10.35	10				10.35	10	A	6			
10	11	Laura Gomery	Birchfield Harriers	10.48	10.34	NP	10.48	9				10.48	9	B		4		
11	77	Kirsty Law	Shaftesbury Barnet H.	NP	11.00	11.70	11.70	6	11.40	NP	NP	11.70	6	B		1		
12	44	Laura Douglas	City of Manchester	10.18	10.64	11.13	11.13	7				11.13	7	B		2		
13	22	Debbie Jones	Cardiff AAC	6.27	5.84	6.41	6.41	16				6.41	16	B		8		
14	66	Chloe Beckett	Trafford AC	11.14	NP	11.82	11.82	5	NP	12.39	NP	12.39	5	A	5			
15	33	Alyssa Fullelove	Victoria Park Glasgow	8.84	8.78	8.71	8.84	14				8.84	14	B		7		
16	88	Annie Silva	Woodford G / Essex L	-	-	9.14	9.14	13				9.14	13	B		6		

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	8	Joanne Duncan	Woodford G / Essex L	16.46	1	77	Kirsty Law	Shaftesbury Barnet H.	11.70				
2	4	Alison Rodger	City of Manchester	15.59	2	44	Laura Douglas	City of Manchester	11.13				
3	7	Chloe Edwards	Shaftesbury Barnet H.	14.58	3	6	Elaine Cank	Trafford AC	10.64				
4	1	Liz Millward	Birchfield Harriers	12.44	4	11	Laura Gomery	Birchfield Harriers	10.48				
5	66	Chloe Beckett	Trafford AC	12.39	5	5	Laura Chalmers	Edinburgh AC	10.20				
6	55	Gillian Cooke	Edinburgh AC	10.35	6	88	Annie Silva	Woodford G / Essex L	9.14				
7	3	Claire Cameron	Victoria Park Glasgow	9.44	7	33	Alyssa Fullelove	Victoria Park Glasgow	8.84				
8	2	Beth Sewell	Cardiff AAC	7.32	8	22	Debbie Jones	Cardiff AAC	6.41				

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1				VENUE		Grangemouth				DATE		04 August 2007								
EVENT		Women's Long Jump				TIME		12:00		RECORD		6.69m		Fiona May, Derby, 6.69m								
Order	No	NAME	CLUB	1st Trial		2nd Trial		3rd Trial		Best of 3	Position after 3 Trials	4th Trial		5th Trial		6th Trial		Best of All	Final Position	A or B		
				Metres		Metres		Metres		Metres		Metres		Metres		Metres		Metres				A
1	6	Julia Straker	Trafford AC	NJ		5.08	+0.1	5.16	+2.8	5.16	8	5.41	+3.9	-				5.41	8	A	5	
2	8	Kristina Blackett	Woodford G / Essex L	4.35	+2.6	4.70	+3.1	4.44	+5.2	4.70	12							4.70	12	A	8	
3	2	Imogen Miles	Cardiff AAC	NJ		4.95	+2.9	5.09	+2.5	5.09	10							5.09	10	A	7	
4	4	Rebecca White	City of Manchester	5.65	+2.8	5.67	+1.3	5.79	+3.0	5.79	2							5.79	2	A	2	
5	7	Amy Woodman	Birchfield Harriers	NJ		5.45	+0.1	5.34	+1.4	5.45	7	NJ		5.36	+3.1	NJ		5.45	7	B		3
6	5	Gillian Cooke	Edinburgh AC	6.07	+2.8	5.86	+6.0	NJ		6.07	1	6.11	+1.7	5.73	+2.2	NJ		6.11	1	A	1	
7	7	Nony Mordi	Shaftesbury Barnet H.	5.58	+2.9	NJ		5.46	+3.0	5.58	6	5.50	+5.3	5.68	+1.4			5.68	4	A	4	
8	3	Katie Riches	Victoria Park Glasgow	4.68	+2.5	4.51	+7.0	4.51	+1.8	4.68	13							4.68	13	B		5
9	66	Kay Humberstone	Trafford AC	4.66	+4.2	4.27	+5.2	4.41	+2.2	4.66	14							4.66	14	B		6
10	88	Laura Gnanapraghsam	Woodford G / Essex L	4.31	+2.7	4.07	+1.6	4.10	+2.4	4.31	15							4.31	15	B		7
11	22	Melanie Stephenson	Cardiff AAC	4.08	+4.3					4.08	16							4.08	16	B		8
12	44	Nicola Cahll	City of Manchester	5.64	+2.1	NJ		5.35	+2.5	5.64	5	NJ		5.58	+2.2	5.46	+3.8	5.64	6	B		2
13	11	Aimee Palmer	Birchfield Harriers	NJ		5.55	-0.7	5.71	+3.2	5.71	3	5.66	+1.4	5.62	+3.1	5.72	-0.4	5.72	3	A	3	
14	55	Lisa Ferguson	Edinburgh AC	5.60	+2.2	NJ		5.66	+2.1	5.66	4	4.68		NJ		NJ	+1.4	5.66	5	B		1
15	77	Mildred Gamba	Shaftesbury Barnet H.	4.94	+2.7	3.86	+2.2	5.08	-0.7	5.08	11							5.08	11	B		4
16	33	Aileen Connolly	Victoria Park Glasgow	4.86	+2.1	4.93	+4.4	5.12	+3.9	5.12	9							5.12	9	A	6	

"A" STRING RESULT				"B" STRING RESULT				JUDGES' SIGNATURES					
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE				
1	5	Gillian Cooke	Edinburgh AC	6.11	1	55	Lisa Ferguson	Edinburgh AC	5.66				
2	4	Rebecca White	City of Manchester	5.79	2	44	Nicola Cahll	City of Manchester	5.64				
3	11	Aimee Palmer	Birchfield Harriers	5.72	3	1	Amy Woodman	Birchfield Harriers	5.45				
4	7	Nony Mordi	Shaftesbury Barnet H.	5.68	4	77	Mildred Gamba	Shaftesbury Barnet H.	5.08				
5	6	Julia Straker	Trafford AC	5.41	5	3	Katie Riches	Victoria Park Glasgow	4.68				
6	33	Aileen Connolly	Victoria Park Glasgow	5.12	6	66	Kay Humberstone	Trafford AC	4.66	REFEREE'S SIGNATURE			
7	2	Imogen Miles	Cardiff AAC	5.09	7	88	Laura Gnanapraghsam	Woodford G / Essex L	4.31				
8	8	Kristina Blackett	Woodford G / Essex L	4.70	8	22	Melanie Stephenson	Cardiff AAC	4.08				

UK ATHLETICS: DISTANCE CARD

MEETING		National Division 1		VENUE		Grangemouth		DATE		04 August 2007												
EVENT		Women's Triple Jump		TIME		14:00		RECORD		14.55m						Y Aldama, Shaftesbury Barnet H, 14.55m						
Order	No	NAME	CLUB	1st Trial		2nd Trial		3rd Trial		Best of 3	Position after 3 Trials	4th Trial		5th Trial		6th Trial		Best of All	Final Position	A or B		
				Metres		Metres		Metres		Metres		Metres		Metres		Metres		Metres				A
1	3	Lisa Doyle	Victoria Park Glasgow	9.70	+2.1	NJ	+2.7	9.69	+2.6	9.70	13							9.70	13	A	8	
2	6	Julia Straker	Trafford AC	NJ	+3.2	12.10	+2.1	NJ	+3.6	12.10	7	11.96	+1.6	12.28	+2.0	11.79	+1.9	12.28	6	A	5	
3	7	Tiombe Hurd	Birchfield Harriers	12.27	+3.2	NJ	+2.8	12.19	+4.1	12.27	5	12.26	+1.6	12.81	+2.6		+0.7	12.81	3	A	3	
4	4	Rebecca White	City of Manchester	NJ	+1.9	NJ	+3.5	12.62	+2.7	12.62	4	NJ	+1.1	NJ	+2.4	12.71	+3.4	12.71	4	A	4	
5	8	Stephanie Aneto	Woodford G / Essex L	12.82	+2.3	NJ	+4.8	NJ	+1.3	12.82	2	12.58	+2.9	12.40	+2.2	12.88	+1.9	12.88	2	A	2	
6	7	Nony Mordi	Shaftesbury Barnet H.	NJ	+2.2	NJ	+4.0	12.08	+4.0	12.08	8	NJ	+3.0	NJ	+2.4	NJ	+1.6	12.08	8	A	6	
7	5	Gillian Kerr	Edinburgh AC	12.96	+3.9	12.73	+3.1	13.04	+2.8	13.04	1	12.78	+2.8	12.70	+1.6	NJ	+2.4	13.04	1	A	1	
8	2	Imogen Miles	Cardiff AAC	NJ	+2.7	11.47	+2.4	11.21	+2.0	11.47	9							11.47	9	A	7	
9	33	Kerry Mann	Victoria Park Glasgow	9.40	+2.9	9.41	+2.0	NJ	+3.3	9.41	14							9.41	14	B		6
10	66	Nisha Desai	Trafford AC	10.47	+3.9	10.12	+1.9	10.19	+2.1	10.47	10							10.47	10	B		3
11	77	Debbie Rowe	Birchfield Harriers	NJ	+1.7	12.71	+1.4	NJ	+2.1	12.71	3	NJ	+2.2	12.59	+2.3	NJ	+3.4	12.71	5	B		1
12	44	Danelle Parkinson	City of Manchester	10.17	+1.0	10.05	+3.3	10.00	+3.2	10.17	11							10.17	11	B		4
13	88	Jemma Harding	Woodford G / Essex L	9.74	+2.4	9.56	+2.1	-		9.74	12							9.74	12	B		5
14	77	Claire Heaford	Shaftesbury Barnet H.	8.23	+1.9					8.23	16							8.23	16	B		8
15	55	Jayne Nisbet	Edinburgh AC	12.13	+1.3	-		12.17	+3.6	12.17	6	NJ	+1.0	12.05	+2.7	NJ	+1.6	12.17	7	B		2
16	22	Gemma Goudbourne	Cardiff AAC	8.27	+2.1					8.27	15							8.27	15	B		7

"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES			
Posn	No.	NAME	CLUB	DISTANCE	Posn	No.	NAME	CLUB	DISTANCE			
1	5	Gillian Kerr	Edinburgh AC	13.04	1	11	Debbie Rowe	Birchfield Harriers	12.71			
2	8	Stephanie Aneto	Woodford G / Essex L	12.88	2	55	Jayne Nisbet	Edinburgh AC	12.17			
3	1	Tiombe Hurd	Birchfield Harriers	12.81	3	66	Nisha Desai	Trafford AC	10.47			
4	4	Rebecca White	City of Manchester	12.71	4	44	Danelle Parkinson	City of Manchester	10.17			
5	6	Julia Straker	Trafford AC	12.28	5	88	Jemma Harding	Woodford G / Essex L	9.74			
6	7	Nony Mordi	Shaftesbury Barnet H.	12.08	6	33	Kerry Mann	Victoria Park Glasgow	9.41	REFEREE'S SIGNATURE		
7	2	Imogen Miles	Cardiff AAC	11.47	7	22	Gemma Goudbourne	Cardiff AAC	8.27			
8	3	Lisa Doyle	Victoria Park Glasgow	9.70	8	77	Claire Heaford	Shaftesbury Barnet H.	8.23			

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 1		VENUE	Grangemouth								DATE	04 August 2007									
EVENT		Women's High Jump		TIME	13:30	League Record			1.91m	Debbi Marti, Bromley, 1.91m													
Order	No	NAME	CLUB	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80	Best of All	Trials at Ht Cleared	Trials Total	Failures Total	Trials Final	Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres							
1	2	Jessica Abrahams	Cardiff AAC																				
2	5	Rachel McKenzie	Edinburgh AC									O	O	XXX		1.70					3	B	1
3	3	Barbara Kolasinski	Victoria Park Glasgow				O		O	O	O	XXX				1.60					5	A	4
4	1	Marina Semenova	Birchfield Harriers		O	O	XXX									1.35					11	B	4
5	7	Nicoleze Steyn	Shaftesbury Barnet H.									XO	O	O	XXO	1.80					1	A	1
6	8	Kristina Blackett	Woodford G / Essex L		O	XO	O	XXO	XXX							1.45					8	A	7
7	6	Kay Humberstone	Trafford AC								O	O	O	XXX		1.70					3	A	3
8	4	Kathy Wellam	City of Manchester	XXX																			
9	22	-	Cardiff AAC																				
10	55	Jayne Nisbet	Edinburgh AC										O	O	O	XXX	1.75				2	A	2
11	33	Katie Riches	Victoria Park Glasgow			XO	XO	XXX								1.40					10	B	3
12	11	Amy Woodman	Birchfield Harriers			O		O	XXO	XR						1.50					7	A	6
13	77	Katie Alcock	Shaftesbury Barnet H.	XXX																			
14	88	Laura Gnanapraghsam	Woodford G / Essex L	O	XXX											1.25					12	B	5
15	66	Shirley Webb	Trafford AC	O	O	O	O	XXX								1.40					9	B	2
16	44	Nicola Cahll	City of Manchester			O	O	O	O	O	XXX					1.55					6	A	5

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT		
1	7	Nicoleze Steyn	Shaftesbury Barnet H.	1.80	1	5	Rachel McKenzie	Edinburgh AC	1.70		
2	55	Jayne Nisbet	Edinburgh AC	1.75	2	66	Shirley Webb	Trafford AC	1.40		
3	6	Kay Humberstone	Trafford AC	1.70	3	33	Katie Riches	Victoria Park Glasgow	1.40		
4	3	Barbara Kolasinski	Victoria Park Glasgow	1.60	4	1	Marina Semenova	Birchfield Harriers	1.35		
5	44	Nicola Cahll	City of Manchester	1.55	5	88	Laura Gnanapraghsam	Woodford G / Essex L	1.25		
6	11	Amy Woodman	Birchfield Harriers	1.50						REFEREE'S SIGNATURE	
7	8	Kristina Blackett	Woodford G / Essex L	1.45							

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 1		VENUE	Grangemouth								DATE	04 August 2007									
EVENT		Women's Pole Vault		TIME	12:00	League Record			4.20m		Jannine Whitlock, Trafford, 4.20m												
Order	No	NAME	CLUB	2.10	2.30	2.50	2.70	2.80	3.00	3.20	3.30	3.40	3.50	3.60	3.70	Best of All	Trials at Ht Cleared	Total	Failures Total	Trials	Final Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres								
1	7	Zoe Brown	Shaftesbury Barnet H.												O	3.80					1	A	1
2	1	Carrin Myers	Birchfield Harriers	O	XXO	XXX										2.30					11	A	8
3	6	Lindsay Johnson	Trafford AC		O	XO	XXX									2.50					10	A	7
4	2	Jessica Abrahams	Cardiff AAC						O	O		XXX				3.20					7	A	6
5	4	Anna Olko	City of Manchester							O			O	O	O	3.80					1	A	1
6	3	Jennifer Graham	Victoria Park Glasgow							XXO		O		XXX		3.40					5	A	5
7	5	Kirsty Maguire	Edinburgh AC											O		3.60					3	A	3
8	8	Louise Shortland	Woodford G / Essex L								O		O	XXX		3.50					4	A	4
9	77	-	Shaftesbury Barnet H.																				
10	11	-	Birchfield Harriers																				
11	66	-	Trafford AC																				
12	22	-	Cardiff AAC																				
13	44	Helen Taylor	City of Manchester	O		O	XXX									2.50					9	B	3
14	33	-	Victoria Park Glasgow																				
15	55	Claire Kennedy	Edinburgh AC					O	O	XXX						3.00					8	B	2
16	88	Jemma Harding	Woodford G / Essex L						O		O			XXX		3.30					6	B	1

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
Posn	No.	NAME	CLUB	HEIGHT	Posn	No.	NAME	CLUB	HEIGHT		
1=	7	Zoe Brown	Shaftesbury Barnet H.	3.80	1	88	Jemma Harding	Woodford G / Essex L	3.30		
1=	4	Anna Olko	City of Manchester	3.80	2	55	Claire Kennedy	Edinburgh AC	3.00		
3	5	Kirsty Maguire	Edinburgh AC	3.60	3	44	Helen Taylor	City of Manchester	2.50		
4	8	Louise Shortland	Woodford G / Essex L	3.50							
5	3	Jennifer Graham	Victoria Park Glasgow	3.40							
6	2	Jessica Abrahams	Cardiff AAC	3.20							
7	6	Lindsay Johnson	Trafford AC	2.50							
8	1	Carrin Myers	Birchfield Harriers	2.30							
										REFEREE'S SIGNATURE	

UK ATHLETICS: HEIGHT CARD

MEETING		National Division 1		VENUE	Grangemouth								DATE	04 August 2007									
EVENT		Women's Pole Vault		TIME	12:00	League Record				4.20m	Jannine Whitlock, Trafford, 4.20m												
Order	No	NAME	CLUB	3.80	3.90											Best of All	Trials at Ht. Cleared	Trials Total	Failures Total	Trials Final	Position	A or B	
				Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres							
1	7	Zoe Brown	Shaftesbury Barnet H.	0	XXX																		
2	1	Carrin Myers	Birchfield Harriers	0	XXX																		
3	6	Lindsay Johnson	Trafford AC	XXX																			
4	2	Jessica Abrahams	Cardiff AAC																				
5	4	Anna Olko	City of Manchester																				
6	3	Jennifer Graham	Victoria Park Glasgow																				
7	5	Kirsty Maguire	Edinburgh AC																				
8	8	Louise Shortland	Woodford G / Essex L																				
9	77	-	Shaftesbury Barnet H.																				
10	11	-	Birchfield Harriers																				
11	66	-	Trafford AC																				
12	22	-	Cardiff AAC																				
13	44	Helen Taylor	City of Manchester																				
14	33	-	Victoria Park Glasgow																				
15	55	Claire Kennedy	Edinburgh AC																				
16	88	Jemma Harding	Woodford G / Essex L																				