



Inter-Club Cup PLATE FINAL - Stanley Park Arena, Blackpool

08 September 2007

Events	Barrow	Bury	Chesterfield	K-U-Hukk	Lincoln	Liverpool	Spennborough	UNUSED		TOTAL
	A	C	D	E	F	G	H	B		
Men's 100m	2	6	5	7	1	4	3			28
Men's 200m	2	3	5	7		6	4		1	28
Men's 400m	2	7	3	6	5	4	1			28
Men's 800m	2	3	4	7	6	5	1			28
Men's 1500m	4	5	3	7		6	2		1	28
Men's 5000m		4	3	5	7	6	2		1	28
Men's 10000m	1	2	5	7	4	6	3			28
Men's 110m Hurdles		4	7	3	5		6		3	28
Men's 400m Hurdles		4	5	6	3	7	2		1	28
Men's 3000m S/Chase		4	7	3	6		5		3	28
Men's Hammer	5	3	4	7	2	6			1	28
Men's Discus	6	1	2	5	3	7	4			28
Men's Shot Putt	7	1	3	4	2	5	6			28
Men's Javelin	2	3	5	4	6	7			1	28
Men's Long Jump	4	2	6	7	3	5			1	28
Men's Triple Jump	6	4	3	5	7				3	28
Men's High Jump		3	7	6	2	5	4		1	28
Men's Pole Vault		2	7	4	3	6	5		1	28
Men's 4x100m Relay	3	7	5	6	4				3	28
Men's 4x400m Relay	3	5	6	7	4				3	28
	49	73	95	113	73	85	48			536

Women's 100m	5	2	3	7	6	4	1			28
Women's 200m	2	3	5	7	6	4	1			28
Women's 400m	5	2	3	4	6	7	1			28
Women's 800m	4	3	7	6	2	5	1			28
Women's 1500m	2	3	5	6	7	4	1			28
Women's 3000m	4	3	2	5	6	7	1			28
Women's 400m Hurdles	7	3	6	2	4	5				27
Women's 100m Hurdles	5		7	4	3	6				25
Women's Hammer	4	2	1	6	3	7	5			28
Women's Discus	5	4	1	6	3	7	2			28
Women's Shot Putt	5	1	4	6	2	7	3			28
Women's Javelin	5	6	4	7	1	2	3			28
Women's Long Jump	5	4	7	6	3		2			27
Women's Triple Jump	6	3	7	4	2	5				27
Women's High Jump	6		5	4	3	7				25
Women's Pole Vault			7	6	5					18
Women's 4x100m Relay	3	2	4	7	5	6	1			28
Women's 4x400m Relay		3	4	6	5	7				25
	73	44	82	99	72	90	22			482

	5	6	2	1	4	3	7	8		
Match Summary	Barrow	Bury	Chesterfield	K-U-Hukk	Lincoln	Liverpool	Spennborough		UNUSED	TOTAL
Teams	122.0	117.0	177.0	212.0	145.0	175.0	70.0			1018.0
Match Position	5	6	2	1	4	3	7	8		



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				Perf	Record	Wind	AW					Perf	Record	Wind	AW
Men's 100m				Wind=	+3.0					Men's 200m				Wind=	+2.4
1	E	Luke Giblin	Kingston upon Hull	10.98			<input checked="" type="checkbox"/>	1	E	Luke Giblin	Kingston upon Hull	22.21			<input checked="" type="checkbox"/>
2	C	Mat Brown	Bury AC	11.07			<input checked="" type="checkbox"/>	2	G	Philip Ellershaw	Liverpool Harriers	23.27			
3	D	David Feeney	Chesterfield & District	11.26			<input checked="" type="checkbox"/>	3	D	Andrew Szarkowski	Chesterfield & District	23.39			
4	G	Philip Ellershaw	Liverpool Harriers	11.40				4	H	Craig Yates	Spensorough & District	23.53			
5	H	Craig Yates	Spensorough & District	11.65				5	C	Carlo Balsamo	Bury AC	23.53			
6	A	Jake Thompson	Barrow&Furness Striders	11.91				6	A	John Pearce	Barrow&Furness Striders	24.23			
7	F	Matt Holden	Lincoln Wellington	12.07				7							
8								8							
Men's 400m								Men's 800m							
1	C	Paul Grattage	Bury AC	49.44			<input checked="" type="checkbox"/>	1	E	Rob Hodges	Kingston upon Hull	01:59.29			<input checked="" type="checkbox"/>
2	E	Pete Watts	Kingston upon Hull	50.61			<input checked="" type="checkbox"/>	2	F	Matt Bowser	Lincoln Wellington	02:00.56			
3	F	Steve Gregory	Lincoln Wellington	50.71			<input checked="" type="checkbox"/>	3	G	Richard Burney	Liverpool Harriers	02:03.84			
4	G	Mark Draper	Liverpool Harriers	50.96			<input checked="" type="checkbox"/>	4	D	Ryan Stephenson	Chesterfield & District	02:07.41			
5	D	Craig Bethel	Chesterfield & District	53.64				5	C	Matt Elkin	Bury AC	02:14.66			
6	A	John Pearce	Barrow&Furness Striders	60.77				6	A	Chris Thomas	Barrow&Furness Striders	02:15.95			
7	H	Keith McGhie	Spensorough & District	68.29				7	H	Keith McGhie	Spensorough & District	02:17.82			
8								8							
Men's 1500m								Men's 5000m							
1	E	James Johnson	Kingston upon Hull	04:03.89			<input checked="" type="checkbox"/>	1	F	Ian Kempton	Lincoln Wellington	15:44.33			<input checked="" type="checkbox"/>
2	G	Richard Burney	Liverpool Harriers	04:16.12				2	G	Alan Ashton	Liverpool Harriers	16:09.63			<input checked="" type="checkbox"/>
3	C	Josh Cole	Bury AC	04:20.14				3	E	Tom McKee	Kingston upon Hull	16:37.14			
4	A	David Hook	Barrow&Furness Striders	04:24.02				4	C	Mark Shake shaft	Bury AC	17:08.96			
5	D	Mitchell Robinson	Chesterfield & District	04:34.37				5	D	Ian Monaghan	Chesterfield & District	17:19.82			
6	H	Keith McGhie	Spensorough & District	05:32.62				6	H	Keith McGhie	Spensorough & District	19:18.86			
7								7							
8								8							
Men's 10000m								Men's 110m Hurdles				Wind=	+2.6		
1	E	Andy Lyons	Kingston upon Hull	34:01.00				1	D	David Feeney	Chesterfield & District	15.27			<input checked="" type="checkbox"/>
2	G	James Meldrum	Liverpool Harriers	34:51.33				2	H	Graham Bickerdike	Spensorough & District	16.97			
3	D	Ian Monaghan	Chesterfield & District	34:57.23				3	F	C. Garampon	Lincoln Wellington	18.47			
4	F	Josh Stone	Lincoln Wellington	36:06.29				4	C	David Little	Bury AC	20.00			
5	H	David Lane	Spensorough & District	36:48.92				5	E	Jon Mattos	Kingston upon Hull	20.98			
6	C	pete Bates	Bury AC	37:05.08				6							
7	A	Roger Quayle	Barrow&Furness Striders	40:00.54				7							
8								8							
Men's 400m Hurdles								Men's 3000m S/Chase							
1	G	Mark Draper	Liverpool Harriers	59.13				1	D	Steve Gascoyne	Chesterfield & District	10:21.57			
2	E	Jon Mattos	Kingston upon Hull	59.39				2	F	C. Garampon	Lincoln Wellington	10:36.52			
3	D	Ben Morebey	Chesterfield & District	60.08				3	H	David Lane	Spensorough & District	12:01.52			
4	C	Kevin Stout	Bury AC	61.54				4	C	Kevin McDermott	Bury AC	13:19.39			
5	F	Ash Smith	Lincoln Wellington	67.29				5	E	Rob Clark	Kingston upon Hull	13:31.89			
6	H	Keith McGhie	Spensorough & District	69.55				6							
7								7							
8								8							
Men's Hammer								Men's Discus							
1	E	Peter Smith	Kingston upon Hull	56.94			<input checked="" type="checkbox"/>	1	G	Michael Bomba	Liverpool Harriers	41.95			<input checked="" type="checkbox"/>
2	G	Michael Bomba	Liverpool Harriers	56.21			<input checked="" type="checkbox"/>	2	A	Dave Abernethy	Barrow&Furness Striders	41.12			<input checked="" type="checkbox"/>
3	A	Dave Abernethy	Barrow&Furness Striders	36.29				3	E	James Bedford	Kingston upon Hull	39.17			<input checked="" type="checkbox"/>
4	D	Jason Robinson	Chesterfield & District	35.36				4	H	Graham Bickerdike	Spensorough & District	32.50			
5	C	Paul Horrocks	Bury AC	19.49				5	F	Jim Slater	Lincoln Wellington	31.75			
6	F	Jim Slater	Lincoln Wellington	19.41				6	D	Daniel Burdett	Chesterfield & District	28.89			
7								7	C	Paul Horrocks	Bury AC	22.89			
8								8							



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Perf Record Wind AW

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Perf Record Wind AW



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Men's Shot Putt

			Perf	Record	Wind	AW
1	A	Dave Abernethy	Barrow&Furness Striders	12.32		
2	H	Graham Bickerdike	Spenborough & District	11.77		
3	G	Michael Bomba	Liverpool Harriers	11.24		
4	E	John Twiddle	Kingston upon Hull	11.20		
5	D	David Feeney	Chesterfield & District	10.83		
6	F	Jim Slater	Lincoln Wellington	8.49		
7	C	Paul Horrocks	Bury AC	8.24		
8						

Men's Javelin

			Perf	Record	Wind	AW
1	G	Ben Fisher	Liverpool Harriers	61.77		<input checked="" type="checkbox"/>
2	F	Sean Ryan	Lincoln Wellington	42.94		
3	D	Mark Beer	Chesterfield & District	40.29		
4	E	Lee Blaymire	Kingston upon Hull	36.99		
5	C	Paul Horrocks	Bury AC	33.27		
6	A	Andrew Thompson	Barrow&Furness Striders	24.77		
7						
8						

Men's Long Jump

			Perf	Record	Wind	AW
1	E	Lee Blaymire	Kingston upon Hull	6.57		<input checked="" type="checkbox"/>
2	D	Richard Szarkowski	Chesterfield & District	6.18		
3	G	Philip Ellershaw	Liverpool Harriers	5.85		
4	A	Rouche Louwe	Barrow&Furness Striders	5.58		
5	F	Steve Swayby	Lincoln Wellington	5.23		
6	C	Anthony Green	Bury AC	5.03		
7						
8						

Men's Triple Jump

			Perf	Record	Wind	AW
1	F	Matt Holden	Lincoln Wellington	12.81		
2	A	Rouche Louwe	Barrow&Furness Striders	11.81		
3	E	James McLeish	Kingston upon Hull	11.54		
4	C	Kevin Stout	Bury AC	11.50		
5	D	Daniel Burdett	Chesterfield & District	11.30		
6						
7						
8						

Men's High Jump

			Perf	Record	Wind	AW
1	D	Ben Morebey	Chesterfield & District	1.90		<input checked="" type="checkbox"/>
2	E	Joel Harrison	Kingston upon Hull	1.85		
3	G	Ben Fisher	Liverpool Harriers	1.80		
4	H	Graham Bickerdike	Spenborough & District	1.70		
5	C	Carlo Balsamo	Bury AC	1.70		
6	F	Paul Hodgkinson	Lincoln Wellington	1.65		
7						
8						

Men's Pole Vault

			Perf	Record	Wind	AW
1	D	Daniel Passey	Chesterfield & District	4.00		<input checked="" type="checkbox"/>
2	G	Chris Roose	Liverpool Harriers	3.70		<input checked="" type="checkbox"/>
3	H	Graham Bickerdike	Spenborough & District	3.60		
4	E	Lewis Stead	Kingston upon Hull	3.40		
5	F	Steve Swayby	Lincoln Wellington	2.40		
6	C	Huw Davies	Bury AC	2.20		
7						
8						

Men's 4x100m Relay

			Perf	Record	Wind	AW
1	C	Bury AC	Danny Potter	44.5		
2	E	Kingston upon Hull	Tom Butler	45.5		
3	D	Chesterfield & District	Daniel Burdett	45.9		
4	F	Lincoln Wellington	Steve Swayby	47.0		
5	A	Barrow&Furness Striders	Rouche Louwe	48.6		
6						
7						
8						

Men's 4x400m Relay

			Perf	Record	Wind	AW
1	E	Kingston upon Hull	Tom Butler	03:32.0		
2	D	Chesterfield & District	David Feeney	03:36.3		
3	C	Bury AC	Kevin Stout	03:38.5		
4	F	Lincoln Wellington	Ash Smith	03:47.3		
5	A	Barrow&Furness Striders	David Hook	03:59.4		
6						
7						
8						

MATCH POINTS

		Perf		Perf	
1	K-U-Hukk	212.0	5	Barrow	122.0
2	Chesterfield	177.0	6	Bury	117.0
3	Liverpool	175.0	7	Spenborough	70.0
4	Lincoln	145.0	8		



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				Perf	Record	Wind	AW					Perf	Record	Wind	AW
Women's 100m				Wind=	+3.2					Women's 200m				Wind=	+3.6
1	E	Annabel Lewis	Kingston upon Hull	12.45			<input checked="" type="checkbox"/>	1	E	Annabel Lewis	Kingston upon Hull	25.59			<input checked="" type="checkbox"/>
2	F	Shireen Timmis	Lincoln Wellington	12.87			<input checked="" type="checkbox"/>	2	F	Shireen Timmis	Lincoln Wellington	26.84			<input checked="" type="checkbox"/>
3	A	Lois White	Barrow&Furness Striders	13.51				3	D	Louise Feeney	Chesterfield & District	27.46			
4	G	Frances Davies	Liverpool Harriers	13.61				4	G	Frances Davies	Liverpool Harriers	28.00			
5	D	Rebekah Holder	Chesterfield & District	13.70				5	C	Chantelle Winstanley	Bury AC	29.09			
6	C	Chantelle Winstanley	Bury AC	14.40				6	A	Victoria Ducie	Barrow&Furness Striders	29.48			
7	H	Pim McGhie	Spensorough & District	17.31				7	H	Pim McGhie	Spensorough & District	36.97			
8								8							
Women's 400m								Women's 800m							
1	G	Chelsee McCourt	Liverpool Harriers	60.27			<input checked="" type="checkbox"/>	1	D	Alex Turner	Chesterfield & District	02:20.50			<input checked="" type="checkbox"/>
2	F	Lara Thomas	Lincoln Wellington	62.09				2	E	Laura-Jane day	Kingston upon Hull	02:22.96			<input checked="" type="checkbox"/>
3	A	Lara Turner	Barrow&Furness Striders	62.12				3	G	Jessica Corrie-Taylor	Liverpool Harriers	02:29.71			
4	E	Michelle Stone	Kingston upon Hull	64.09				4	A	Lara Turner	Barrow&Furness Striders	02:32.82			
5	D	Charlotte Noonan	Chesterfield & District	66.91				5	C	Grace Conroy	Bury AC	02:44.18			
6	C	Grace Conroy	Bury AC	73.65				6	F	Sarah Kimpton	Lincoln Wellington	02:49.15			
7	H	Amanda Pearson	Spensorough & District	106.96				7	H	Amanda Pearson	Spensorough & District	03:57.16			
8								8							
Women's 1500m								Women's 3000m							
1	F	Georgia Ball	Lincoln Wellington	04:49.85			<input checked="" type="checkbox"/>	1	G	Kathleen Upton	Liverpool Harriers	10:48.25			<input checked="" type="checkbox"/>
2	E	Laura-Jane day	Kingston upon Hull	04:57.75			<input checked="" type="checkbox"/>	2	F	Lucinda Pitcher	Lincoln Wellington	10:50.02			<input checked="" type="checkbox"/>
3	D	Alex Turner	Chesterfield & District	05:09.59				3	E	Cheryl Lyons	Kingston upon Hull	10:53.90			<input checked="" type="checkbox"/>
4	G	Jessica Corrie-Taylor	Liverpool Harriers	05:17.45				4	A	Jane Green	Barrow&Furness Striders	11:41.21			
5	C	Cheryl Sullivan	Bury AC	05:39.16				5	C	Alix McDermott	Bury AC	12:03.96			
6	A	Sue Sharp	Barrow&Furness Striders	05:51.52				6	D	Leila Armoush	Chesterfield & District	12:39.55			
7	H	Jackie Carter	Spensorough & District	06:19.51				7	H	Jackie Carter	Spensorough & District	13:18.26			
8								8							
Women's 400m Hurdles								Women's 100m Hurdles				Wind=	+1.2		
1	A	Rebecca Cook	Barrow&Furness Striders	68.33			<input checked="" type="checkbox"/>	1	D	Louise Feeney	Chesterfield & District	16.68			
2	D	Louise Feeney	Chesterfield & District	69.58			<input checked="" type="checkbox"/>	2	G	Sophie Bell-Morgan	Liverpool Harriers	16.74			
3	G	Liz Egan	Liverpool Harriers	75.90				3	A	Rebecca Cook	Barrow&Furness Striders	17.99			
4	F	Nina Swaby	Lincoln Wellington	77.34				4	E	Lisa Kenny	Kingston upon Hull	19.68			
5	C	Lizzie Cheshire	Bury AC	77.76				5	F	Nina Swaby	Lincoln Wellington	20.15			
6	E	Jenny Smith	Kingston upon Hull	82.92				6							
7								7							
8								8							
Women's Hammer								Women's Discus							
1	G	Suzanne Woodward	Liverpool Harriers	37.98			<input checked="" type="checkbox"/>	1	G	Gemma Llewellyn	Liverpool Harriers	39.94	p		<input checked="" type="checkbox"/>
2	E	Nicola Bates	Kingston upon Hull	33.24			<input checked="" type="checkbox"/>	2	E	Lisa Kenny	Kingston upon Hull	33.48			<input checked="" type="checkbox"/>
3	H	Katriona Gentleman	Spensorough & District	31.55			<input checked="" type="checkbox"/>	3	A	Dannielle Thomas	Barrow&Furness Striders	30.65			<input checked="" type="checkbox"/>
4	A	Lynne Walker	Barrow&Furness Striders	25.34				4	C	Amy Chapman	Bury AC	25.35			
5	F	Kathleen Warhurst	Lincoln Wellington	22.95				5	F	Hayley Fox	Lincoln Wellington	23.93			
6	C	Amy Chapman	Bury AC	18.42				6	H	Katriona Gentleman	Spensorough & District	21.34			
7	D	Chloe Smith	Chesterfield & District	18.12				7	D	Charlotte Noonan	Chesterfield & District	11.77			
8								8							
Women's Shot Put								Women's Javelin							
1	G	Gemma Llewellyn	Liverpool Harriers	11.32			<input checked="" type="checkbox"/>	1	E	Lisa Kenny	Kingston upon Hull	27.89			
2	E	Lisa Kenny	Kingston upon Hull	9.33				2	C	Holly Chapman	Bury AC	24.60			
3	A	Dannielle Thomas	Barrow&Furness Striders	9.03				3	A	Sophie Pearson	Barrow&Furness Striders	22.00			
4	D	Chloe Smith	Chesterfield & District	8.09				4	D	Charlotte Noonan	Chesterfield & District	17.69			
5	H	Katriona Gentleman	Spensorough & District	7.14				5	H	Katriona Gentleman	Spensorough & District	16.75			
6	F	Emily Hardy	Lincoln Wellington	6.74				6	G	Frances Davies	Liverpool Harriers	15.62			
7	C	Amy Chapman	Bury AC	6.51				7	F	Ruby Coupland	Lincoln Wellington	15.13			
8								8							



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Perf Record Wind AW 8 September 2007

Perf Record Wind AW

Northern Athletics Inter Club Cup Non Scoring Results

SATURDAY

8-Sep-07

100m Mens Non Scoring Race 1

		Wind Speed	+1.8
1	189 Carl Dickinson	City of Manchester AC	11.33
2	147 Chris Stephenson	Kingston upon Hull AC	11.73
3	117 Simon Wells	Blackpool, Wyre & Fylde AC	11.79
4	122 Jams Mitchell	Wakefield Harriers	11.91
5	113 Ben Mitchell	Wakefield Harriers	11.93
6	190 David Adamson	Durham City Harriers	12.05

100m Mens Non Scoring Race 1

		<u>Wind Speed</u>	+4.2
1	161 Kyle Jeffrey	Leeds City AC	11.61
2	158 Tom Butler	Kingston upon Hull AC	11.86
3	188 David Wlstenholme	Kingston upon Hull AC	12.15
4	150 Stephen Richardson	Kingston upon Hull AC	12.15
5	191 Daniel Burnett	Chesterfield & District AC	12.33
6	104 Gareth Hepworth	Wakefield Harriers	12.75

100m Womens Non Scoring Race

		<u>Wind Speed</u>	+4.2
1	123 Rochelle Hearsom	Blackpool, Wyre & Fylde AC	12.49
2	160 Megan Holt	Kingston upon Hull AC	12.64
3	186 Samantha Coleby	Durham City Harriers	12.71
4	114 Kathleen Warhurst	Lincoln Wellington AC	15.41
5	116 Sarah Kimpton	Lincoln Wellington AC	15.90

200m Non Scoring Race

		<u>Wind Speed</u>	+3.0
1	192 Thomas Atkinson	Wakefield Harriers	23.43
2	147 Chris Stephenson	Kingston upon Hull AC	23.74
3	122 Jams Mitchell	Wakefield Harriers	24.05
4	158 Tom Butler	Kingston upon Hull AC	24.10
5	150 Stephen Richardson	Kingston upon Hull AC	24.56
6	113 Ben Mitchell	Wakefield Harriers	25.38
7	104 Gareth Hepworth	Wakefield Harriers	26.08

400m Non Scoring Race

1	193 Bernard Ward	Trafford AC	51.48
2	126 Andrei Pobischan	Wakefield Harriers	54.51
3	3 Joseph Jacobs	City of Manchester AC	55.21
4	187 Matthew McCarthy	Durham City Harriers	57.06
5	194 Nathan Bolton	Wakefield Harriers	58.76
6	194 Nathan Bolton	Wakefield Harriers	59.14