

NORTH OF ENGLAND TRACK & FIELD LEAGUE



ANNUAL GENERAL MEETING

Saturday November 3rd 2007 at the Northern Athletics Offices, Dewsbury Starting at 12:00

AGENDA

1. Chairman's Opening Remarks

2. Apologises for Absence

3. Minutes of the AGM in October 2006

4. Matters arising from those minutes

5. Reports

- a) Secretary
- b) Finance Officer
- c) Inter Club Cup Secretary

6. Nomination of Officers

- | | |
|-----------------------------|------------------|
| a) Chairman | Frank Gorman |
| b) Secretary | Alan Johnson |
| c) Finance Officer | Grace Hall |
| d) Officials Secretary | Malcolm Fletcher |
| e) Inter Club Cup Secretary | Brian Craig |

All the above have been nominated by the clubs, there are no other nominations.

7. Proposals (Rule Changes)

- a) From the Management Committee: In order to stop proposals being brought forward year after year, the following constitutional change is proposed:-

Add 5d "Any proposal which fails to get passed by the majority of members at an Annual General Meeting cannot be re proposed at the following years Annual General Meeting".

The following constitutional changes will be placed before the AGM: -

Membership.

Rule 3a will be replaced with "*Affiliated to track and field athletics to England Athletics via Northern Athletics*".

Rule 3b be deleted. (Affiliated to another Area Association and considered worthy of membership on grounds of location or other circumstances, subject to such clubs receiving no direct share of any financial benefits arising from membership).

Management.

Rule 4a replaced with "*a Chairperson, Finance Officer, Secretary. These Officers shall be proposed by the current League Management Committee from nominations made by Member Clubs and subsequently approved at the Annual General Meeting of League Clubs*".

Finance.

Rule 7a) reference to NoE AA be replaced with Northern Athletics.

Rule 7b with (Clubs shall be required to pay an annual entry fee to the League, payable by the 31st December pre-ceding the year of competition. The amount, and any additional fee due for late payment, will be determined by the League Management Committee in conjunction with the NoE A.A. Track & Field Committee) be replaced by *"Clubs shall be required to pay an annual entry fee to the League, payable by the 31st December pre-ceding the year of competition."*

Under rules, rule 4b regarding eligibility of athletes, *"All athletes must be registered with England Athletics"*.

Rule 19 which refers to registration through NoE AA to be removed completely. A rule to cover this can be reintroduced once England Athletics registration scheme is up and running completely. And all clubs have registered their athletes.

b) **Proposals from Clubs.**

1) St Helens Sutton.

"That the men's and women's pole vault take place jointly at the start of the meeting in all divisions."

"That the process of declaration be simplified by the adoption of a numerical system to replace the event by event method currently used."

"That in the long throws competitors be restricted to three throws only"

"That the Chief Officials should be appointed beforehand but may be selected from those who officiate on the day without a specific replacement being required".

"That the Cup competition be abandoned."

2) Gateshead Harriers.

'That promotion and relegation be now restricted to one club per division, not two as at present'

3) Chesterfield & District proposed that minimum standards be introduced before any points can be scored, a list of which are provided below:-

In order to score points for their performance athletes must achieve the following standards:

<u>Event</u>	<u>Women</u>	<u>Men</u>
100m	17.0	15.0
200m	35.0	30.0
400m	75.0	65.0
800m	3:00.0	2:30.0
1500m	5:40.0	5:00.0
3000/5000m	13:00.0	19:00.0
100H/110H	22.0	23.5
400H	85.0	78.0
3000S/C		13:00.0
LJ	3.00	4.00
SP	5.00	6.00
DT	15.00	15.00
HT	15.00	15.00
JT	15.00	20.00
TJ	7.00	9.00

4) Liverpool Pembroke Sefton AC

"Paid up second claim members are eligible to compete in the Northern Track and Field League providing their first claim club is not also a member of the league or of the British Athletic League/UK Womens League."

c) League Fees 2008

The proposal from the management committee is to raise the league fees to £60 per match (£240 per team per season). The Cup entry fee to remain at £50.

8. 2008 Season

- a) Hammer / Discus Cages
- b) New Clubs (Skyrac, City of York "B")
- c) Dates (Sat May 3rd) (Sat June 7th) (Sun July 6th) (Sun Aug 3rd)
- d) Structure
- e) Venues
- f) Timetable
- g) Standards

9. Any other Business (Discussion only if time allows)

North of England Track and Field League

Secretary's Annual Report 2007

League Season

2007 has been yet another successful season for the league. Since its inception in 2004 the joint league appears to be as popular as ever, and is an example of how a joint league can operate. The athletes, be they male or female, always seem keen and eager to assist the opposite sex in attaining the best performances they can do to assist the team. 2007, despite, the weather has seen many fine performances, including four league records, which I shall mention later. All host clubs have strived to put on well organised matches, although unfortunately you cannot satisfy everyone. There will always be those people who feel you haven't done enough in hosting, but if you were to ask everyone who had been there, it was probably a very small minority who had complaints.

The league has strived to get as many results as possible computerised, with 44 matches out of a possible 52 having used computerised results programs. I get a lot of emails from athletes asking why their division's results aren't on the web site. Unfortunately, if the match was manually scored then they won't be able to be posted. The league in 2008 will strive to improve this and try and get as many results as possible on the web site within 48 hours.

I would like to thank all host clubs and divisional secretaries who organised the meetings, in some cases struggling to get chief officials until the eleventh hour. I would like to thank all officials on behalf of the league who officiated at a Northern League match during the season. Without their officiating, quite simply the match would not take place.

Records

In 2008 four league records were set during the season.

- At South Leeds on May 5th Laura Douglas of City of Manchester improved her own hammer record with a throw of 59.89m
- At Preston Arena on July 8th Kara Nwidobie improved her own discus record with a throw of 54.96m
- In the same match, Carl Myerscough increased his own record, set in 1998, in the shot with a putt of 18.86m.
- At Warrington on August 5th Brian Hall jumped 2.20m in the high jump, to better the mark set in 1996 by Blackburn's Robert Brocklebank

Promotion Match and National League Qualifier

Seven teams contested the division two promotion match at Liverpool Wavertree on Saturday 1st September, with the following outcome: -

1	Bolton United H.	427
2	Blackburn Harriers	415½
3	Rotherham Harriers	361
4	Preston Harriers	352
5	Boston & District AC	333½
6	Middlesbrough (Mandale) AC	307
7	West Cheshire AC	288

Congratulations to both Bolton and Blackburn on gaining promotion to division one. It's certainly nice to see Blackburn finally getting back to division one after having been knocking on the door for several seasons now.

Leeds City AC will once again be competing at Abingdon in both the British Athletics League and UK Women's qualifying matches.

Inter Club Cup

Following the 2006 AGM's decision to mandate the management committee to keep the inter club competition \and to strive to come up with some form of improvement, it was decided to leave the structure of the competition the same with the only difference being that the competition would be limited to 32 teams, 16 teams being sent to two venues. On the day a random draw was made (no teams were seeded). The actual on the day draw through up some interesting matches. This resulted in some unlikely teams making the finals. This year saw very few drop outs at the 1st round stage and there where no no shows at the matches. Two teams did decline their places at the cup and plate finals.

The finals were held on Saturday September 8th at Blackpool, in what turned out to be a nice sunny day. Both competitions, cup and plate, where keenly fought, but in both cases the outcome easy decided well before the relays. The overall results where:-

Inter Club Cup Final

1	Trafford AC	197
2	City of Manchester	160½
3	Wakefield	157½
4	Blackpool, Wyre & Fylde	148
5	Durham City	128½
6	Holmfirth H.	107½
7	Leeds City	107

Inter Club Plate Final

1	Kingston upon Hull	212
2	Chesterfield & District	177
3	Liverpool Harriers	175
4	Lincoln Wellington	147
5	Barrow & Furness	122
6	Bury	117
7	Spennorth & District	70

Northern Athletics

As you will realise, the face of athletics in England has changed, with North of England Athletics changing its name to Northern Athletics, whose sole purpose will be to act as a competition provider. Currently, the league operates as a sub section of Northern Athletics. The league will have to make the decision at the AGM whether to continue with this arrangement or register directly with England Athletics. There may well be funding issues to look at. The league is currently in discussion with Northern Athletics as to support for the league, which is currently on going. In 2007 the league received £2,000 from North West Locums as money towards running the league. It's was to help towards numbers and league operating costs. As you will recall, this was the name on the numbers this year. The money was given as a donation to the league and was not meant to be off set against any money we may have received from Northern Athletics. Currently without this money and as yet having not received anything from Northern Athletics, the league would have struggled to meet its obligations. As I mention, we are in discussion with Northern Athletics and this may well have changed by our AGM.

This year we also operated without any registration checks, again a decision from last years AGM. This has also raised questions from Northern Athletics as to why we didn't continue checking registrations. I have explained the reasons and I gather these were acceptable.

Whether we stay under the umbrella of Northern Athletics or decide to operate as an independent league, as several regional leagues already do, is down to you the clubs to decide. Hopefully by the time we get to the AGM we will have more firm details to present to you.

We will of course have to make changes to our constitution.

Conclusion

May I take this opportunity to thank all the people who have helped me through out the season. The divisional secretaries have excelled themselves. Without their help the running of the league would be a far more onerous task and I would find the enjoyment I get from being your secretary would go away.

I would also like to make a personal thank you to Brian Craig, who has organised the Inter Club Cup and division one promotion match under, at some times, extreme pressure. I have personally been upset at some of the unwarranted criticism aimed at Brian over the organisation of the final. If this competition is to continue next year then we need to see more dialogue with the Northern Office.

Two people I have come to rely on all season, Frank Gorman, our chairman, and Grace Hall, our finance officer. These two have been able to help me make decisions throughout the season, check newsletters, etc,. Whilst some spelling mistakes may slip through, you should see what they have prevented being published. My heart felt thanks go to these two people for all their assistance.

North of England Track & Field League.
INCOME AND EXPENDITURE ACCOUNT
For the year ending 30th September 2007

	NOTES	2006	2007
<u>INCOME</u>			
Subscriptions from members	1	16000.00	15800.00
Cup/Plate entry fees	2	2000.00	1550.00
Donations	3	1850.00	2000.00
Interest accrued and received		12.64	5.46
Total		<u>19862.64</u>	<u>19355.46</u>
<u>EXPENDITURE</u>			
Track hire reimbursements	4	11975.00	13200.00
<u>League Administration</u>			
Secretary/Treasurers expenses		140.19	247.59
Meeting/Administration costs	5	351.63	1125.50
League Numbers		1165.60	1316.00
Divisional Sec. expenses.		0.00	390.00
AGM Costs	6	0.00	50.00
Sub Total		<u>13632.42</u>	<u>16329.09</u>
Promotion match		376.41	966.23
Cup/Plate costs		1528.64	1827.95
Travel Grant		0.00	0.00
Sub Total		<u>1905.05</u>	<u>2794.18</u>
Total		<u>15537.47</u>	<u>19123.27</u>

Report

Surplus for year	4325.17	232.19
Balance brought forward	643.54	4968.71
Balance carried forward	<u>4968.71</u>	<u>5200.90</u>

North of England Track & Field League.
BALANCE SHEET
As at 30th September 2007

	NOTES	2006	2007
<u>CURRENT ASSETS</u>			
HSBC Current Account	7	6504.73	10362.19
TOTAL ASSETS		<u>6504.73</u>	<u>10362.19</u>
<u>CURRENT LIABILITIES</u>			
Creditors and Prepayments	8	1536.02	5161.29
TOTAL LIABILITIES		<u>1536.02</u>	<u>5161.29</u>
NET ASSETS		<u>4968.71</u>	<u>5200.90</u>
Represented by			
<u>INCOME & EXPENDITURE ACCOUNT</u>			
<u>Total asset reconciliation</u>			
Total in bank 01.10.06/07		7480.42	6504.73
Income for year 06/07		19862.64	19355.46
Expenditure for year 06/07		15537.47	19123.27
Change in creditors		-5300.86	3625.27
Total in bank 01.10.06/07		<u>6504.73</u>	<u>10362.19</u>

I have examined the records for the year ended 30.09.07
I can confirm that the Income, Expenditure and Balance sheet are correct.
Nigel Orr - Northern Athletics

Frank Gorman - Chairman

Grace Hall - Treasurer

These accounts should be read in conjunction with the notes overleaf

North Of England Track & Field League

Notes to the annual accounts 2007.

Prepared under the historical cost convention.

- 1 79 Clubs @ £200.00 each.
- 2 31 Clubs @ £50.00 each.
- 3 Donation from North West Locums, last years figure was from North of England AA
- 4 Reimbursement to host clubs @ £275.00 per match.
- 5 Travel and general expenses for committee members.
- 6 Refers to the 2006 AGM.
- 7 The League operates an interest bearing current account with the HSBC Bank.
- 8 This figure is the total of all cheques unrepresented at the year end.

NORTH OF ENGLAND TRACK & FIELD LEAGUE 2007 FINAL LEAGUE POSITIONS

Div		Team	TOTAL	TOTAL	MATCH 1		MATCH 2		MATCH 3		MATCH 4		
			LEAGUE POINTS	MATCH POINTS	League Pts	Match Pts	League Pts	Match Pts	League Pts	Match Pts	League Pts	Match Pts	
1	1	Leeds City Ac	24	1772.5	6	460	6	443	6	466	6	403.5	
	2	Wakefield Harriers	17	1400.5	4	353	5	333.5	5	381	3	333	
	3	Trafford AC "B"	14	1315	5	359	4	328	3	316.5	2	311.5	
	4	City of Manchester AC	13	1305.5	1	239.5	3	316.5	4	348.5	5	401	
	5	City of York AC	11	1287	3	329.5	2	308	2	286.5	4	363	Relegated
	6	Wigan Harriers	5	894.5	2	287	1	256	1	236.5	1	115	Relegated
2W	1	Bolton United Harriers & AC	24	1703	6	437	6	412	6	427.5	6	426.5	Promoted
	2	Liverpool Pembroke Sefton	15	1275	3	288	3	288	5	370.5	4	328.5	
	3	West Cheshire AC	13	1279.5	5	347	1	275	4	332	3	325.5	
	4	St. Helens Sutton AC	12	1193	4	340	4	302	2	260	2	291	
	5	Manx Harriers	11	1171	1	226	2	285	3	304	5	356	Relegated
	6	Stockport Harriers	9	1103.5	2	237	5	349	1	251	1	266.5	Relegated
2WC	1	Blackburn Harriers	24	1818.5	6	452	6	450	6	489.5	6	427	Promoted
	2	Preston Harriers	19	1537	4	349	5	351.5	5	433	5	403.5	
	3	Blackpool, Wyre & Fylde AC	15	1350	5	355	2	264	4	357	4	374	
	4	Holmfirth Harriers	12	1269	3	274	3	331	3	345	3	319	
	5	Bingley Harriers	10	1180.5	2	228	4	346.5	2	325	2	281	Relegated
	6	Burnley / Pendle	4	745.5	1	221	1	174	1	195.5	1	155	Relegated
2EC	1	Rotherham Harriers	26	1664.5	7	392.5	5	408.5	7	422.5	7	441	
	2	Boston & District AC	24	1682	5	387	7	453	6	413	6	429	
	3	Lincoln Wellington	19	1627	3	369	6	425	5	409	5	424	
	4	Doncaster AC	17	1497	6	387.5	3	368.5	4	378	4	363	
	5	Barnsley AC	11	1450	2	348	4	386.5	3	370.5	2	345	Relegated
	6	Chesterfield & District AC	11	1303	4	375	2	238	2	339	3	351	Relegated
	7	Newark AC	4	985.5	1	268	1	225.5	1	221	1	271	Relegated
2E	1	Middlesbrough AC (Mandale	21	1462	4	321	6	373	6	398	5	370	
	2	Gateshead Harriers	19	1316	6	361	2	224	5	356	6	375	
	3	Morpeth Harriers	14	1231	3	315	3	319	4	301	4	296	
	4	Scarborough AC	14	1227	5	339	5	328	3	293	1	267	
	5	New Marske Harriers	10	1162.5	2	289	4	322	1	278.5	3	273	Relegated
	6	Border Harriers	6	991.5	1	216	1	221	2	282.5	2	272	Relegated
3W Div	1	Lancaster & Morecambe/Ker	22	1594	5	375	6	449	6	400	5	370	Promoted
	2	Southport Waterloo AC	19	1451	4	322	5	399	4	320	6	410	Promoted
	3	Liverpool Harriers	18	1437	6	390	4	345	5	345	3	357	
	4	Barrow & Furness Striders	10.5	1185	2.5	254	3	314	3	319	2	298	
	5	Altrincham & District AC	10.5	1178	2.5	254	2	262	2	301	4	361	Relegated
	6	Western/Northern AC	3	557	1	232	0	0	1	225	1	100	Relegated

NORTH OF ENGLAND TRACK & FIELD LEAGUE 2007 FINAL LEAGUE POSITIONS

Div		Team	TOTAL	TOTAL	MATCH 1		MATCH 2		MATCH 3		MATCH 4		
			LEAGUE POINTS	MATCH POINTS	League Pts	Match Pts	League Pts	Match Pts	League Pts	Match Pts	League Pts	Match Pts	
3WC	1	East Cheshire Harriers	27	1670	7	410.5	7	427.5	7	428	6	404	Promoted
	2	Spenborough & District	24	1609.5	6	373.5	5	364	6	403	7	469	Promoted
	3	Leigh Harriers	18	1406.5	5	353.5	6	389	2	311	5	353	
	4	Rossendale Harriers	14	1288	4	339.5	4	328	3	319	3	301.5	
	5	Pudsey&Bramley/Leeds Carr	11	1122.5	1	226	2	262.5	4	324	4	310	Relegated
	5	Oldham & Royton Harriers	9	1105.5	3	284	3	309	1	270	2	242.5	Relegated
	7	Leeds City "B"	9	950.5	2	230.5	1	191	5	326	1	203	Relegated
3EC	1	Kingston upon Hull AC	24	1855	6	527	6	466	6	427	6	435	Promoted
	2	Hallamshire Harriers	19	1353	5	432	5	256	4	334	5	331	Promoted
	3	Derby AC	17	1316	4	392	4	269	5	364	4	291	
	4	Scunthorpe & District AC	9	1003	2	246	3	263	1	240	3	254	Relegated
	5	Grantham & District AC	8	988	3	333	1	220	3	291	1	144	Relegated
	6	Hull Achille/Goole	7	886	1	227	2	256	2	250	2	153	Relegated
3E	1	Seaton AC	22	1466	6	360	5	351	5	375	6	380	Promoted
	2	Durham City Harriers	22	1442.5	5	331	6	412	6	375.5	5	324	Promoted
	3	Jarrow & Hebburn AC	14	1112	3	280	4	256	4	289	3	287	
	4	Tynedale Harriers	14	1096	4	330	3	198	3	280	4	288	
	5	Richmond & Zetland AC	7	720.5	2	149	2	185	1	174.5	2	212	Relegated
	6	Blaydon Harriers	5	532	1	140	1	184	2	179	1	29	Relegated
4W	1	Wirral AV	21	1337.5	6	332	6	336.5	5	326	4	343	Promoted
	2	Trafford "C"	20	1436.5	4	290	4	309.5	6	349	6	488	Promoted
	3	Manchester Harriers	18	1366	5	328	5	324	3	277	5	437	
	4	Warrington AC	13	1156	3	256	3	258	4	295	3	347	
	5	Macclesfield Harriers	7	847	2	236	2	357	2	171	1	83	Relegated
	6	Mossley Hill	5	293	1	108	1	59	1	36	2	90	Relegated
4WC	1	Bury AC	22	1400.5	6	373.5	6	381	5	324	5	322	Promoted
	2	Halifax Harriers	22	1387	5	300	5	325	6	334	6	428	Promoted
	3	Hyndburn AC	16	1152	4	224	4	322	4	293	4	313	
	4	Chorley AC	12	745	3	216	3	190	3	171	3	168	
	5	Bradford Airedale AC	7	513.5	2	130.5	1	102	2	131	2	150	
	6	Rochdale Harriers	5	402	1	87	2	133	1	120	1	62	
4EC	1	City of Sheffield AC	19	1624	4	317	5	407	5	470	5	430	Promoted
	2	Cleethorpes & District AC	17	1464	5	348	4	373	4	354	4	389	Promoted
	3	Longwood Harriers	11	1064	2	271	3	290	3	248	3	255	
	4	Grimsby Harriers	8	836	3	286	1	122	2	242	2	186	
	5	Wombwell Sporting AC	5	711	1	154	2	252	1	181	1	124	
4E	1	North Shields Poly	24	1528	6	389.0	6	384	6	363	6	392	Promoted
	2	Heaton Harriers	20	1390	5	319.0	5	377	5	344	5	350	Promoted
	3	Houghton & Peterlee AC	15	1246	4	258.0	4	358	3	290	4	340	
	4	Middlesbrough & Cleveland	13	1163	3	258.0	3	365	4	299	3	241	
	5	Hartlepool Burn Road	7	747	2	192.0	2	207	2	194	1	154	
	6	Birtley AC	5	565	1	150.0	1	61	1	179	2	175	

NORTH OF ENGLAND TRACK AND FIELD LEAGUE



INITIAL DRAFT OF PROPOSED VENUES FOR 2008

04/10/07

<u>Division</u>	<u>Match 1</u> <i>Saturday, 3 May 2008</i>	<u>Match 2</u> <i>Saturday, 7 June 2008</i>	<u>Match 3</u> <i>Sunday, 6 July 2008</i>	<u>Match 4</u> <i>Sunday, 3 August 2008</i>
1	Leeds City @ South Leeds Stadium	Blackburn Harriers @ Blackburn	Wakefield Harriers @ Wakefield	City of Manchester @ Sports City
2E	Durham City Harriers @ T.B.A.	City of York AC "A" @ York	Morpeth Harriers @ T.B.A.	Middlesbrough AC(Mandale) @ Middlesbrough
2EC	Kingston upon Hull AC @ Hull	Hallamshire Harriers @ Sheffield	Rotherham Harriers @ Rotherham	Doncaster AC @ Doncaster
2WC	Wigan Harriers @ Wigan	Spennorth & District AC @ Cleckheaton	Holmfirth @ T.B.A.	Blackpool, Wyre & Fylde AC @ Blackpool
2W	Liverpool Pembroke Sefton @ T.B.A.	Preston @ Preston	Seaton AC @ Carlisle	Southport Waterloo @ Litherland
3E	Border Harriers @ Carlisle	Tynedale Harriers @ Hexham	Heaton AC @ T.B.A.	Jarrow & Hebburn AC @ Jarrow
3EC	Chesterfield & District AC @ Derby / Mansfield	Barnsley @ Cudworth	Cleethorpes @ Cleethorpes	Newark AC @ T.B.A.
3WC	Burnley / Pendle AC @ T.B.A.	Barrow & Furness Striders @ T.B.A.	Bury AC @ Bury	Rossendale Harriers @ T.B.A.
3W	Trafford "C" @ Stretford	Wirral AC @ Bebington	Leigh Harriers @ Wigan	Stockport Harriers @ Stockport
4E	Birtley @ T.B.A.	Middlesbrough & Cleveland @ Middlesbrough	Blaydon Harriers @ Blaydon	Hartlepool Burn Road @ T.B.A.
4EC	Grimsby Harriers @ Cleethorpes	Grantham & District @ Grantham	Longwood Harriers @ Cleckheaton	Scunthorpe & District AC @ Cleethorpes/Scunthorpe
4WC	Oldham & Royton H. @ Oldham	Leeds City "B" @ South Leeds Stadium	Pudsey & Bramley @ Beckett's Park, Leeds	Chorley AC @ T.B.A.
4W	Manchester Harriers @ Sports City	Macclesfield Harriers @ Macclesfield	Altrincham & District AC @ Stretford	Warrington AC @ Warrington

NORTH OF ENGLAND TRACK AND FIELD LEAGUE



INITIAL DRAFT STRUCTURE 2008

Division 1

Blackburn Harriers
Bolton United Harriers & AC
City of Manchester AC
Leeds City Ac
Trafford AC "B"
Wakefield Harriers

Division 2W

(Maureen Wood)
Lancaster & Morecambe/Kendal
Liverpool Pembroke Sefton
Preston Harriers
Seaton AC
Southport Waterloo AC
West Cheshire AC

Division 2WC

(Grace Hall)
Blackpool & Fylde AC
East Cheshire Harriers
Holmfirth Harriers
Spenborough & District
St. Helens Sutton AC
Wigan Harriers

Division 2EC

Boston & District AC
Doncaster AC
Hallamshire Harriers
Kingston upon Hull AC
Lincoln Wellington
Rotherham Harriers

Division 2E

(Andy Ward)
City of York AC "A"
Durham City Harriers
Gateshead Harriers
Middlesbrough AC (Mandale)
Morpeth Harriers
Scarborough AC

Division 3W

(Norman Waterson)
Leigh Harriers
Liverpool Harriers
Manx Harriers
Stockport Harriers
Trafford "C"
Wirral AC

Division 3WC

Barrow & Furness Striders
Bingley Harriers
Burnley / Pendle
Bury AC
Halifax Harriers
Rossendale Harriers

Division 3EC

(Frank Gorman)
Barnsley AC
Chesterfield & District AC
City of Sheffield AC
Cleethorpes & District AC
Derby AC
Newark AC

Division 3E

()
Border Harriers
Heaton Harriers
Jarrow & Hebburn AC
New Marske Harriers
North Shields Poly
Tynedale Harriers

Division 4W

(Mike Welford)
Altrincham & District AC
Macclesfield Harriers
Manchester Harriers
Mossley Hill
Warrington AC
Western/Northern AC

Division 4WC

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Bradford Airedale AC
Chorley AC
Hyndburn AC
Leeds City "B"
Oldham & Royton Harriers
Pudsey&Bramley
Skyrac AC

Division 4EC

(Jackie Gibbons)
Grantham & District AC
Grimsby Harriers
Hull Achille/Goole
Longwood Harriers
Scunthorpe & District AC
Wombwell Sporting AC

Division 4E

(Stuart Pailor)
Birtley AC
Blaydon Harriers
City of York AC "B"
Hartlepool Burn Road
Houghton Harriers & AC
Middlesbrough & Cleveland AC
Richmond & Zetland AC