



Division 4W Match 4 - Longford Park, Trafford

06 August 2006

Events	Leigh	LPS	Macc.	M'chester	Mossley H	Trafford	Western	-	UNUSED	TOTAL
Men's 100m	6 5		7 6 5 2		3	8 4 10 8			7 1	43 29
Men's 200m	8 5		6 4 5 3			7 6 10 8			7 3	43 29
Men's 400m	7 8		6 5 5			10 4 8 6			7 6	43 29
Men's 800m	10 8		6 4 8 3			7 5 5 6			7 3	43 29
Men's 1500m	8 6		5 3 10 8 7			6 5 4 4			3 3	43 29
Men's 3000m S/Chase	6			8		10 8 7			12 21	43 29
Men's 5000m	7 5			8 8		10 6			18 10	43 29
Men's 400m Hurdles	8 8			10 5		7 6			18 10	43 29
Men's 110m Hurdles	7 6		10 8 8			5			18 10	43 29
Men's Hammer	10 8		6 5 5 4			8 6 7			3 10	43 29
Men's Discus	7 8		10 3 4 5 6 4			8 6 5			3 3	43 29
Men's Javelin	10 6		7 5 4 3 5			8 8 6 4			3 3	43 29
Men's Shot Putt	6 6		8 4 4 10 3 5 8 7 5						3 3	43 29
Men's Long Jump	5 5		10 8 6 3 4 4 8 6 7						3 3	43 29
Men's Triple Jump	5 5		8 4 7			6 6 10 8			7 6	43 29
Men's High Jump	6 6		10 8 8			7 5			7 15	43 29
Men's Pole Vault	10 8		7			8 6			18 15	43 29
Men's 4x100m Relay	8		6			10 7			12 29	43 29
Men's 4x400m Relay	7		6 5			10 8			7 29	43 29
	141 103		118 58 110 49 36 14 143 95 106 49						163 183 817 551	

Women's 100m	10 8		5 5 8 4			7 6 6 3			7 3	43 29
Women's 200m	10 8		5 3 6 4			7 6 8 5			7 3	43 29
Women's 400m	10 8		7			6 6 8 5			12 10	43 29
Women's 800m	10 8		7 6			8 6 5 5			7 10	43 29
Women's 1500m	10 8		8 5			7 6 6 5			7 10	43 29
Women's 3000m S/Chase										
Women's 3000m	10 8			7		8 6 6			12 15	43 29
Women's 400m Hurdles			8			10			25 29	43 29
Women's 100m Hurdles	8 8		10						25 21	43 29
Women's Hammer	8		7 6				10 8		12 21	43 29
Women's Discus	8		5 5 7 6			6 4 10 8			7 6	43 29
Women's Javelin	7 8		5 4 10 6			6 5 8			7 6	43 29
Women's Shot Putt	8 5		6 4 7 3			5 6 10 8			7 3	43 29
Women's Long Jump	6 6		7 4 5 5			8 10 8			7 6	43 29
Women's Triple Jump						8 8 10 6			25 15	43 29
Women's High Jump	8					10 8			25 21	43 29
Women's Pole Vault									43 29	43 29
Women's 4x100m Relay	10			7		8 6			12 29	43 29
Women's 4x400m Relay				7		10 8			18 29	43 29
	123 75		73 25 88 28			114 67 111 61			265 266 774 522	

Match Summary	Leigh	LPS	Macc.	M'chester	Mossley H	Trafford	Western	-	UNUSED	TOTAL
Teams	442.0		274.0	275.0	50.0	419.0	327.0		877.0	2664.0
Officials Points	20.0		20.0	20.0	20.0	20.0	20.0		120.0	240.0
Total	462.0		294.0	295.0	70.0	439.0	347.0		997.0	2904.0
Match Position	1	7	5	4	6	2	3	7		
League Points	7	1	3	4	2	6	5	1		

Standings	Leigh	LPS	Macc.	M'chester	Mossley H	Trafford	Western	-
League Points	20.0	2.0	9.0	14.0	6.0	12.0	18.0	1.0
Match Points	1313.0	47.0	858.0	935.0	412.0	892.0	1161.0	
League Positions	1	7	5	3	6	4	2	8



Division 4W Match 4 - Longford Park, Trafford

				Perf	Record	Wind	AW	6 August 2006				
				Perf				Perf	Wind	AW		
Women's 100m A				Wind=				Women's 100m B				
1	1	Louise Boardman	Leigh Harriers	14.0				1	11	Clare Thompson	Leigh Harriers	14.1
2	4	Holly Thomas	Manchester Harriers	15.1				2	66	Sally Howarth	Trafford 'C'	15.8
3	6	Lisa Tipton	Trafford 'C'	16.2				3	33	Louise Broome	Maccersfield Harriers	16.1
4	7	Christine Barwell	Western/Northern AC	17.5				4	44	Debbie Beresford	Manchester Harriers	17.6
5	3	Pauline Lynch	Maccersfield Harriers	20.5				5	77	Moira Hall	Western/Northern AC	18.8
Women's 200m A				Wind=				Women's 200m B				
1	1	Louise Boardman	Leigh Harriers	29.0				1	11	Clare Thompson	Leigh Harriers	29.3
2	7	Vanessa Roberts	Western/Northern AC	29.7				2	66	Rosie Fearon	Trafford 'C'	32.0
3	6	Sarah Maguire	Trafford 'C'	31.4				3	77	Christine Barwell	Western/Northern AC	37.8
4	4	Jane Bilton	Manchester Harriers	32.8				4	44	Jean Skitt	Manchester Harriers	41.9
5	3	Louise Broom	Maccersfield Harriers	34.2				5	33	Pauline Lynch	Maccersfield Harriers	44.4
Women's 400m A								Women's 400m B				
1	1	Rebecca Howarth	Leigh Harriers	65.9				1	11	Louise Boardman	Leigh Harriers	67.8
2	7	Vanessa Roberts	Western/Northern AC	69.4				2	66	Melissa Davies	Trafford 'C'	71.3
3	4	Jane Bilton	Manchester Harriers	72.0				3	77	Christine Barwell	Western/Northern AC	89.0
4	6	Jessica Howe	Trafford 'C'	72.1				4				
Women's 800m A								Women's 800m B				
1	1	Rebecca Howarth	Leigh Harriers	2.29.5				1	11	Hannah Warburton	Leigh Harriers	2.32.6
2	6	Sarah Maguire	Trafford 'C'	2.35.6				2	66	Rosie Fearon	Trafford 'C'	2.41.6
3	3	Barbara Murray	Maccersfield Harriers	2.35.7				3	77	Moira Hall	Western/Northern AC	3.27.5
4	4	Debbie Beresford	Manchester Harriers	3.03.4				4				
5	7	Christine Barwell	Western/Northern AC	3.13.0				5				
Women's 1500m A								Women's 1500m B				
1	11	Lauren Howarth	Leigh Harriers	4.52.0				1	1	Hannah Warburton	Leigh Harriers	5.25.6
2	3	Barbara Murray	Maccersfield Harriers	5.40.6				2	6	Melissa Davies	Trafford 'C'	6.19.7
3	66	Fran Wright	Trafford 'C'	5.48.6				3	77	Alex Penrose	Western/Northern AC	6.52.2
4	7	Moira Hall	Western/Northern AC	6.28.7				4				
5	4	Debbie Beresford	Manchester Harriers	6.31.2				5				
Women's 3000m A								Women's 3000m B				
1	1	Vicky Green	Leigh Harriers	12.08.6				1	11	Hannah Warburton	Leigh Harriers	12.09.3
2	6	Sally Howarth	Trafford 'C'	13.06.0				2	66	Helen Giddes	Trafford 'C'	14.22.2
3	4	Debbie Beresford	Manchester Harriers	13.45.6				3				
4	7	Vanessa Roberts	Western/Northern AC	14.52.5				4				
Women's 400m Hurdles A								Women's 400m Hurdles B				
1	6	Lisa Tipton	Trafford 'C'	1.32.5				1				
2	3	Louise Broom	Maccersfield Harriers	1.40.5				2				
Women's 100m Hurdles A				Wind=				Women's 100m Hurdles B				
1	3	Barbara Murray	Maccersfield Harriers	21.2				1	11	Clare Thompson	Leigh Harriers	27.6
2	1	Carla Gregory	Leigh Harriers	21.8				2				
Women's Hammer A								Women's Hammer B				
1	7	Loise Kneen	Western/Northern AC	36.52			☑	1	77	Moira Hall	Western/Northern AC	13.24
2	1	Carla Gregory	Leigh Harriers	26.61				2				
3	3	Pauline Lynch	Maccersfield Harriers	13.12				3				
4	4	Jean Skitt	Manchester Harriers	10.31				4				



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Women's Discus A

	Perf	Record	Wind	AW
1 7	Loise Kneen	Western/Northern AC	31.73	<input checked="" type="checkbox"/>
2 1	Carla Gregory	Leigh Harriers	24.24	
3 4	Holly Thomas	Manchester Harriers	23.24	
4 6	Sally Maguire	Trafford 'C'	15.96	
5 33	Barbara Murray	Maccersfield Harriers	14.28	

Women's Javelin A

1 4	Holly Thomas	Manchester Harriers	27.37	
2 7	Loise Kneen	Western/Northern AC	24.83	
3 1	Carla Gregory	Leigh Harriers	21.20	
4 6	Jessica Howe	Trafford 'C'	20.56	
5 33	Sam Jennings	Maccersfield Harriers	8.57	

Women's Shot Putt A

1 7	Loise Kneen	Western/Northern AC	10.78	<input checked="" type="checkbox"/>
2 1	Carla Gregory	Leigh Harriers	9.24	
3 4	Holly Thomas	Manchester Harriers	8.33	
4 33	Louise Broome	Maccersfield Harriers	6.18	
5 6	Melissa Davies	Trafford 'C'	5.57	

Women's Long Jump A

1 7	Vanessa Roberts	Western/Northern AC	4.77	
2 6	Lisa Tipton	Trafford 'C'	3.94	
3 3	Louise Broom	Maccersfield Harriers	3.79	
4 11	Rebecca Howarth	Leigh Harriers	3.78	
5 4	Holly Thomas	Manchester Harriers	3.51	

Women's Triple Jump A

1 77	Vanessa Roberts	Western/Northern AC	9.34	
2 6	Lisa Tipton	Trafford 'C'	8.80	

Women's High Jump A

1 6	Lisa Tipton	Trafford 'C'	1.25	
2 11	Clare Thompson	Leigh Harriers	1.20	

Women's Pole Vault A

96 No Competitors Entered

Women's 4x100m Relay

1	1	Leigh Harriers	Clare Thompson	Rebecca Howarth	Lauren Howarth	Louise Boardman	57.2
2	6	Trafford 'C'	Rosie Fearon	Lisa Tipton	Sarah Maguire	Melissa Davies	62.1
3	4	Manchester Harriers	Holly Thomas	Jane Bilton	Debbie Beresford	Jean Skitt	67.5
4	7	Western/Northern AC	Loise Kneen	Vanessa Roberts	Christine Barwell	Moira Hall	701.0

Women's 4x400m Relay

1	6	Trafford 'C'	Fran Wright	Sally Howarth	Sarah Maguire	Jessica Howe	4.50.3
2	7	Western/Northern AC	Alex Penrose	Moira Hall	Christine Barwell	Vanessa Roberts	5.40.6
3	4	Manchester Harriers	Holly Thomas	Jane Bilton	Debbie Beresford	Jean Skitt	5.51.3

Women's Discus B

1 77	Moira Hall	Western/Northern AC	16.20	
2 44	Jean Skitt	Manchester Harriers	11.33	
3 3	Pauline Lynch	Maccersfield Harriers	10.34	
4 66	Lisa Tipton	Trafford 'C'	8.96	
5				

Women's Javelin B

1 11	Vicky Green	Leigh Harriers	13.57	
2 44	Jean Skitt	Manchester Harriers	12.59	
3 66	Sally Howarth	Trafford 'C'	9.38	
4 3	Pauline Lynch	Maccersfield Harriers	7.51	
5				

Women's Shot Putt B

1 77	Christine Barwell	Western/Northern AC	5.60	
2 66	Fran Wright	Trafford 'C'	5.52	
3 11	Rebecca Howarth	Leigh Harriers	5.43	
4 3	Sam Jennings	Maccersfield Harriers	4.77	
5 44	Jean Skitt	Manchester Harriers	4.34	

Women's Long Jump B

1 77	Alex Penrose	Western/Northern AC	3.32	
2 1	Carla Gregory	Leigh Harriers	3.31	
3 44	Debbie Beresford	Manchester Harriers	2.45	
4 33	Sam Jennings	Maccersfield Harriers	2.11	
5				

Women's Triple Jump B

1 66	Jessica Howe	Trafford 'C'	6.93	
2 7	Loise Kneen	Western/Northern AC	6.78	

Women's High Jump B

1 66	Melissa Davies	Trafford 'C'	1.20	
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Women's Pole Vault B



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				Perf	Record	Wind	AW	6 August 2006				
				Perf	Record	Wind	AW					
Men's 100m A				Wind=				Men's 100m B				
1	7	Peter Richardson	Western/Northern AC	11.9				1	77	Adan Henderson	Western/Northern AC	12.1
2	6	Nathan Scholes	Trafford 'C'	12.2				2	33	Simon Sloan	Maccersfield Harriers	12.1
3	3	Ashley Pritchard	Maccersfield Harriers	12.4				3	11	Sean Spillane	Leigh Harriers	12.2
4	1	Alex Urmston	Leigh Harriers	12.9				4	66	Steve Chaistey	Trafford 'C'	12.2
5	4	Chris Sykes	Manchester Harriers	13.4				5	55	Gareth Davies	Mossley Hill	12.6
6	5	Neil Doran	Mossley Hill	dnf				6	44	Philip Holmes	Manchester Harriers	14.5
Men's 200m A				Wind=				Men's 200m B				
1	7	Peter Richardson	Western/Northern AC	23.7				1	77	Adan Henderson	Western/Northern AC	24.8
2	1	Alex Urmston	Leigh Harriers	24.3				2	66	Steve Chaistey	Trafford 'C'	25.5
3	6	Nathan Scholes	Trafford 'C'	24.7				3	11	Sean Spillane	Leigh Harriers	26.5
4	3	Chris Lowe	Maccersfield Harriers	26.7				4	33	Emile Broome	Maccersfield Harriers	29.8
5	4	Philip Holmes	Manchester Harriers	27.9				5	44	Chris Sykes	Manchester Harriers	30.1
Men's 400m A								Men's 400m B				
1	6	Bernard Ward	Trafford 'C'	51.4				1	11	Sean Spillane	Leigh Harriers	56.5
2	7	Peter Richardson	Western/Northern AC	52.6				2	77	Ryan Fairclough	Western/Northern AC	57.2
3	1	John Indricks	Leigh Harriers	54.5				3	33	Nick Wales	Maccersfield Harriers	59.3
4	3	Chris Lowe	Maccersfield Harriers	56.0				4	66	Mike Meggatio	Trafford 'C'	62.0
5	4	Chris Sykes	Manchester Harriers	66.3				5				
Men's 800m A								Men's 800m B				
1	1	Alex Urmston	Leigh Harriers	2.03.6				1	11	Jimmy Cooke	Leigh Harriers	2.06.8
2	4	Andy Skitt	Manchester Harriers	2.05.6				2	77	Sam Brand	Western/Northern AC	2.21.8
3	6	James Mckay	Trafford 'C'	2.06.4				3	66	-	Trafford 'C'	2.21.8
4	3	Nick Wales	Maccersfield Harriers	2.09.3				4	33	Tony Shenton	Maccersfield Harriers	2.29.7
5	7	Ryan Fairclough	Western/Northern AC	2.10.7				5	44	Matthew Holmes	Manchester Harriers	2.36.6
Men's 1500m A								Men's 1500m B				
1	4	Andy Skitt	Manchester Harriers	4.24.6				1	44	Philip Holmes	Manchester Harriers	4.38.1
2	11	John Taylor	Leigh Harriers	4.25.4				2	1	Adrian Perryman	Leigh Harriers	4.50.9
3	5	Chris Pedder	Mossley Hill	4.30.1				3	6	Rayford Beaumont	Trafford 'C'	5.05.4
4	66	Steve Curtis	Trafford 'C'	4.35.7				4	77	Jason Orr	Western/Northern AC	5.14.2
5	3	Ed Williams	Maccersfield Harriers	4.42.4				5	33	Tony Shenton	Maccersfield Harriers	5.23.5
6	7	Sam Brand	Western/Northern AC	4.45.2				6				
Men's 3000m S/Chase A								Men's 3000m S/Chase B				
1	66	Steve Curtis	Trafford 'C'	12.08.7				1	6	Carl Tipton	Trafford 'C'	12.33.4
2	4	Chris Sykes	Manchester Harriers	12.20.6				2				
3	7	Jason Orr	Western/Northern AC	12.26.7				3				
4	11	b1	Leigh Harriers	12.58.9				4				
Men's 5000m A								Men's 5000m B				
1	6	Dave Safranauskas	Trafford 'C'	16.49.3				1	44	Andy Fitzpatrick	Manchester Harriers	17.24.9
2	4	David Gee	Manchester Harriers	17.17.4				2	66	dave Barker	Trafford 'C'	17.36.8
3	1	Adrian Perryman	Leigh Harriers	19.38.5				3	11	Keith Boardman	Leigh Harriers	20.43.0
Men's 400m Hurdles A								Men's 400m Hurdles B				
1	4	David Henshaw	Manchester Harriers	60.7				1	11	John Taylor	Leigh Harriers	70.6
2	1	Sean Spillane	Leigh Harriers	62.7				2	66	Mike Meggatio	Trafford 'C'	74.9
3	6	Carl Tipton	Trafford 'C'	67.5				3	44	Chris Sykes	Manchester Harriers	77.0
Men's 110m Hurdles A				Wind=				Men's 110m Hurdles B				
1	3	Simon Sloan	Maccersfield Harriers	16.2				1	33	Ashley Pritchard	Maccersfield Harriers	17.3
2	4	David Henshaw	Manchester Harriers	17.2				2	11	Ian Graham	Leigh Harriers	20.9
3	1	Duncan McCarrick	Leigh Harriers	22.1				3	66	Mike Meggatio	Trafford 'C'	25.2



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Men's Hammer A

	Perf	Record	Wind	AW
1	11	Ian Graham	Leigh Harriers	31.11
2	6	Steve Atty	Trafford 'C'	30.03
3	7	Geoff Hall	Western/Northern AC	22.88
4	3	Ashley Pritchard	Maccersfield Harriers	21.44
5	4	Mike Davies	Manchester Harriers	17.74
6	5	John Kitson	Mossley Hill	12.88

Men's Discus A

1	3	Ashley Pritchard	Maccersfield Harriers	32.32
2	6	Steve Atty	Trafford 'C'	29.16
3	1	David Smith	Leigh Harriers	29.03
4	5	Matthew Olayiwola	Mossley Hill	27.50
5	7	Geoff Hall	Western/Northern AC	22.53
6	4	Kes Salmon	Manchester Harriers	21.41

Men's Javelin A

1	1	David Smith	Leigh Harriers	51.79	☑
2	6	Andy Perry	Trafford 'C'	45.32	
3	3	Ashley Pritchard	Maccersfield Harriers	38.59	
4	7	Geoff Hall	Western/Northern AC	26.82	
5	5	John Kitson	Mossley Hill	20.86	
6	4	Mike Davies	Manchester Harriers	20.05	

Men's Shot Putt A

1	5	Matthew Olayiwola	Mossley Hill	9.88
2	3	Ashley Pritchard	Maccersfield Harriers	9.63
3	7	Geoff Hall	Western/Northern AC	9.22
4	1	David Smith	Leigh Harriers	8.95
5	66	John Cleary	Trafford 'C'	8.82
6	4	Mike Davies	Manchester Harriers	7.21

Men's Long Jump A

1	3	Ashley Pritchard	Maccersfield Harriers	5.75
2	6	Steve Atty	Trafford 'C'	4.93
3	7	Sam Ingham	Western/Northern AC	4.69
4	4	Matthew Holmes	Manchester Harriers	4.60
5	1	Alex Urmston	Leigh Harriers	4.44
6	5	Richard Freeman	Mossley Hill	3.93

Men's Triple Jump A

1	7	Ryan Fairclough	Western/Northern AC	11.37
2	3	Toby Jennings	Maccersfield Harriers	11.29
3	4	David Henshaw	Manchester Harriers	10.89
4	6	Ian Salisbury	Trafford 'C'	10.28
5	1	Alex Urmston	Leigh Harriers	9.31

Men's High Jump A

1	3	Simon Sloan	Maccersfield Harriers	1.88
2	4	David Henshaw	Manchester Harriers	1.70
3	6	Ian Salisbury	Trafford 'C'	1.60
4	11	John Indricks	Leigh Harriers	1.60
5	7	Sam Ingham	Western/Northern AC	1.55

Men's Pole Vault A

1	1	Ian Graham	Leigh Harriers	3.40
2	6	Ian Scholes	Trafford 'C'	2.80
3	3	Emile Broome	Maccersfield Harriers	2.10

Men's Hammer B

1	1	David Smith	Leigh Harriers	30.85
2	66	Lewis Vigelotzas	Trafford 'C'	20.67
3	44	Kes Salmon	Manchester Harriers	17.49
4				
5				
6				

Men's Discus B

1	11	Ian Graham	Leigh Harriers	24.91
2	66	John Cleary	Trafford 'C'	22.00
3	44	Mike Davies	Manchester Harriers	20.16
4	55	John Kitson	Mossley Hill	16.14
5	33	Ed Williams	Maccersfield Harriers	12.86
6				

Men's Javelin B

1	66	Jacob Fletcher	Trafford 'C'	43.96
2	11	Ian Graham	Leigh Harriers	36.75
3	33	Simon Sloan	Maccersfield Harriers	30.05
4	77	Sam Ingham	Western/Northern AC	23.73
5	44	Kes Salmon	Manchester Harriers	18.68
6				

Men's Shot Putt B

1	6	Lewis Vigelotzas	Trafford 'C'	8.43
2	11	Sean Spillane	Leigh Harriers	8.03
3	77	Jason Orr	Western/Northern AC	7.55
4	44	Kes Salmon	Manchester Harriers	6.75
5	55	John Kitson	Mossley Hill	6.31
6				

Men's Long Jump B

1	33	Toby Jennings	Maccersfield Harriers	4.99
2	66	Chris Chung	Trafford 'C'	4.70
3	11	Adrian Perryman	Leigh Harriers	3.83
4	55	John Kitson	Mossley Hill	2.42
5	44	Mike Davies	Manchester Harriers	2.40
6				

Men's Triple Jump B

1	77	Jason Orr	Western/Northern AC	9.70
2	66	Carl Tipton	Trafford 'C'	9.55
3	11	John Taylor	Leigh Harriers	8.55
4	33	Emile Broome	Maccersfield Harriers	8.50
5				

Men's High Jump B

1	33	Nick Wales	Maccersfield Harriers	1.70
2	1	Ian Graham	Leigh Harriers	1.55

Men's Pole Vault B

1	11	John Taylor	Leigh Harriers	3.20
2	66	Ian Salisbury	Trafford 'C'	2.20

Ham



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Perf Recorc
 Wind AW

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Perf Wind AW



Division 4W Match 4 - Longford Park, Trafford

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Men's 4x100m Relay

			Perf	Recor	Wind	AW		Perf	Wind	AW
1	6	Trafford 'C'	-	-	-	-		49.3		
2	1	Leigh Harriers	-	-	-	-		49.6		
3	7	Western/Northern AC	-	-	-	-		50.8		
4	3	Maccersfield Harriers	-	-	-	-		51.0		

Men's 4x400m Relay

1	6	Trafford 'C'	-	-	-	-		3.47.0		
2	7	Western/Northern AC	-	-	-	-		3.48.5		
3	1	Leigh Harriers	-	-	-	-		4.04.9		
4	3	Maccersfield Harriers	-	-	-	-		4.13.3		
5	4	Manchester Harriers	-	-	-	-		4.32.9		

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	Leigh		7	462.0	1	Leigh	20	1313.0	
2	Trafford		6	439.0	2	Western	18	1161.0	
3	Western		5	347.0	3	M'chester	14	935.0	
4	M'chester		4	295.0	4	Trafford	12	892.0	
5	Macc.		3	294.0	5	Macc.	9	858.0	
6	Mossley H.		2	70.0	6	Mossley H.	6	412.0	