

Division Two Promotion Match - Cleckheaton

10 September 2005



Events	BARROW		BLACK		BOSTON		LINCOLN		LPS		MIDD		NESTLE		TRAFF		UNUSED		TOTAL	
Men's 100m	4	1	3	5	8	4	6	2	7	9	5	6	9	7	11	3			53	37
Men's 200m	4	1	3	4	7	5	6	3	5	9	8	7	11	6	9	2			53	37
Men's 400m	3	1	9	6	4	2	5	5	11	9	8	7	6	3	7	4			53	37
Men's 800m	3	3	6	6	5	1	11	7	8	5	9	9	4	4	7	2			53	37
Men's 1500m	4	2	6	5	3	1	11	9	7	7	8	6	9	3	5	4			53	37
Men's 3000m S/Chase			8	7	6	5	9	9	4	4	11		5	3	7	6	3	3	53	37
Men's 5000m	5		9	5	4	3	7	6	11	7			8	9	6	4	3	3	53	37
Men's 400m Hurdles	4	3	9	9	11	6	3	4	5	7	6		8	2	7	5		1	53	37
Men's 110m Hurdles			9	9	11	6			8	4			6	5	7	7	12	6	53	37
Men's Hammer	3		5	5	7	3	11	6	8	7	9	9	6	4	4			3	53	37
Men's Discus	3		5	2	4	3	7	5	8	7	11	9	6	4	9	6		1	53	37
Men's Javelin	3	1	6	6	7	7	5	5	8	3	4	2	9	4	11	9			53	37
Men's Shot Putt	3	1	4	4	5	2	7	5	11	7	9	9	6	3	8	6			53	37
Men's Long Jump	4	2	8	7	5	6	6	3	11	9	7	1	3	5	9	4			53	37
Men's Triple Jump	7		9	7	6	6	3	5	11	9	5	2	4	3	8	4		1	53	37
Men's High Jump	3		5	6	6.5	7	4	4.5	6.5	3	8		9	4.5	11	9		3	53	37
Men's Pole Vault	6		4	4	5	5	7.5	6	9	7	7.5				11	9	3	6	53	37
Men's 4x100m Relay	3		7		8		6		11		9		4		5			37	53	37
Men's 4x400m Relay	3		7		4		9		11		5		8		6			37	53	37
	65	15	122	97	117	72	124	84.5	161	113	130	67	121	69.5	148	84	21	101	1007	703

Women's 100m	3	1	7	4	11	2	5	6	6	3	9	7	4	5	8	9			53	37
Women's 200m	3	1	6	2	9	6	4	3	7	4	8	7	5	5	11	9			53	37
Women's 400m	5	1	11	6	6	5	4	2	8	7	7	4	3	3	9	9			53	37
Women's 800m	6	5	11	7	3	4	5	3	8	9	4	2	9	6	7	1			53	37
Women's 1500m	5	3	7	7	4	2	6	5	9	4	3		11	9	8	6		1	53	37
Women's 3000m S/Chase																				
Women's 3000m	6		11	9	7	5	9	7	4		5		8	6			3	10	53	37
Women's 400m Hurdles	11	4	7	3	9	7	8	9	4		6	6	5	5			3	3	53	37
Women's 100m Hurdles	6		9	6	8	9	11	7	5		7	4	4	5			3	6	53	37
Women's Hammer	7	6	5	5	6	4	3	1	8	7	4	2	9	3	11	9			53	37
Women's Discus	4	5	11	3	7	7	3	2	8	6	6	1	5	4	9	9			53	37
Women's Javelin	3		6	3	8	7	4	2	9	6	7	5	5	4	11	9		1	53	37
Women's Shot Putt	5	3	9	4	6	7	3	1	8	6	7	2	4	5	11	9			53	37
Women's Long Jump	7	3	9	4	11	6	4	2	8	9	5	1	6	7	3	5			53	37
Women's Triple Jump	4		8	9	11	6	5		6	4	9	7	7	5	3			6	53	37
Women's High Jump	5		3	3	9	9	11		8	4.5	4	4.5	6	6	7	7		3	53	37
Women's Pole Vault					7.5		11		7.5				6	9	9		12	28	53	37
Women's 4x100m Relay	3		4		8		7		5		9		6		11			37	53	37
Women's 4x400m Relay	3		9		8		4		7		5		6		11			37	53	37
	86	32	133	75	139	86	107	50	126	69.5	105	52.5	109	87	129	82	21	132	954	666

Match Summary	BARROW	BLACK	BOSTON	LINCOLN	LPS	MIDD	NESTLE	TRAFF	UNUSED	TOTAL
Teams	198.0	427.0	413.0	365.0	468.5	354.0	386.5	443.0	275.0	3330.0
Officials Points	25.0	25.0	25.0	25.0	25.0	25.0	25.0	25.0	200.0	400.0
Total	223.0	452.0	438.0	390.0	493.5	379.0	411.5	468.0	475.0	3730.0
Match Position	8	3	4	6	1	7	5	2		
League Points	1	6	5	3	8	2	4	7		

Standings	BARROW	BLACK	BOSTON	LINCOLN	LPS	MIDD	NESTLE	TRAFF
League Points	1.0	6.0	5.0	3.0	8.0	2.0	4.0	7.0
Match Points	223.0	452.0	438.0	390.0	493.5	379.0	411.5	468.0
League Positions	8	3	4	6	1	7	5	2



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				Perf	Record	Wind	AW	10 September 2005							
				Perf	Record	Wind	AW								
Women's 100m A				Wind=				Women's 100m B							
1	3	Julia White	Boston & District AC	12.60			<input checked="" type="checkbox"/>	1	88	Dionne Ellison	Trafford AC	13.18			
2	6	Marise Barclay	Middlesbrough AC (Mandal	12.80			<input checked="" type="checkbox"/>	2	66	Hayley Braithwaite	Middlesbrough AC (Mandal	13.51			
3	8	Juanita Harrison	Trafford AC	12.83			<input checked="" type="checkbox"/>	3	44	Josina Clarke	Lincoln Wellington AC	13.53			
4	2	Sarah Howarth	Blackburn Harriers & AC	13.19				4	77	Becky Hartley	Nestle Rowtree AC	13.56			
5	5	Helen Quirk	Liverpool Pembroke & Sefto	13.69				5	22	Carly Thompson	Blackburn Harriers & AC	13.68			
6	4	Nina Swaby	Lincoln Wellington AC	13.71				6	55	Stephanie Lucy	Liverpool Pembroke & Sefto	13.75			
7	7	Laura Rigby	Nestle Rowtree AC	13.77				7	33	Stacey Worth	Boston & District AC	14.01			
8	1	Leanne Cairns	Barrow & Furness Striders	13.94				8	11	Amy Forster	Barrow & Furness Striders	14.94			
Women's 200m A				Wind=				Women's 200m B				Wind=			
1	8	Juanita Harrison	Trafford AC	26.04			<input checked="" type="checkbox"/>	1	88	Dionne Ellison	Trafford AC	26.75			<input checked="" type="checkbox"/>
2	3	Julia White	Boston & District AC	26.28			<input checked="" type="checkbox"/>	2	66	Frances Hubbard	Middlesbrough AC (Mandal	27.36			
3	6	Marise Barclay	Middlesbrough AC (Mandal	26.52			<input checked="" type="checkbox"/>	3	33	Julia Moore	Boston & District AC	27.67			
4	5	Stephanie Lucy	Liverpool Pembroke & Sefto	27.97				4	77	Becky Hartley	Nestle Rowtree AC	28.25			
5	2	Carly Thompson	Blackburn Harriers & AC	28.25				5	55	Helen Quirk	Liverpool Pembroke & Sefto	28.28			
6	7	Amy Bird	Nestle Rowtree AC	28.63				6	44	Denise Timmis	Lincoln Wellington AC	30.22			
7	4	Nina Swaby	Lincoln Wellington AC	28.97				7	22	Katie Morris	Blackburn Harriers & AC	31.05			
8	1	Leanne Cairns	Barrow & Furness Striders	29.35				8	11	Amy Forster	Barrow & Furness Striders	31.40			
Women's 400m A								Women's 400m B							
1	2	Alison Leonard	Blackburn Harriers & AC	58.51			<input checked="" type="checkbox"/>	1	88	Rachel McHugh	Trafford AC	61.50			<input checked="" type="checkbox"/>
2	8	Leah Caddick	Trafford AC	59.81			<input checked="" type="checkbox"/>	2	55	Helen Green	Liverpool Pembroke & Sefto	62.79			
3	5	June Swift	Liverpool Pembroke & Sefto	60.68			<input checked="" type="checkbox"/>	3	22	Carly Thompson	Blackburn Harriers & AC	63.95			
4	6	Debbie Foster	Middlesbrough AC (Mandal	61.21			<input checked="" type="checkbox"/>	4	33	Emily Moss	Boston & District AC	64.64			
5	3	Julia Moore	Boston & District AC	62.98				5	66	Ruth McDowell	Middlesbrough AC (Mandal	65.07			
6	1	Lara Smith	Barrow & Furness Striders	63.14				6	77	Ruth Brandon	Nestle Rowtree AC	67.17			
7	4	Josina Clarke	Lincoln Wellington AC	64.05				7	44	Denise Timmis	Lincoln Wellington AC	68.38			
8	7	Katie Mellor	Nestle Rowtree AC	64.53				8	11	Natalie Foster	Barrow & Furness Striders	71.94			
Women's 800m A								Women's 800m B							
1	2	Alison Leonard	Blackburn Harriers & AC	02:15.82			<input checked="" type="checkbox"/>	1	55	Maria Barrett	Liverpool Pembroke & Sefto	02:25.55			
2	7	Helen Garnham	Nestle Rowtree AC	02:17.73			<input checked="" type="checkbox"/>	2	22	Sarah Scarrott	Blackburn Harriers & AC	02:26.67			
3	5	June Swift	Liverpool Pembroke & Sefto	02:21.25			<input checked="" type="checkbox"/>	3	77	Katie Mellor	Nestle Rowtree AC	02:34.68			
4	8	Rachel McHugh	Trafford AC	02:25.45				4	11	Katie Savage	Barrow & Furness Striders	02:36.88			
5	1	Rachel Thompson	Barrow & Furness Striders	02:27.37				5	33	Sarah Tointon	Boston & District AC	02:38.46			
6	4	Sarah Coates	Lincoln Wellington AC	02:31.73				6	44	Kelly Gilbert	Lincoln Wellington AC	02:40.14			
7	6	Amanda Cook	Middlesbrough AC (Mandal	03:05.93				7	66	Ruth McDowell	Middlesbrough AC (Mandal	02:43.49			
8	3	Teresa Murray	Boston & District AC	03:10.29				8	88	Linda Gabriel	Trafford AC	02:52.55			
Women's 1500m A								Women's 1500m B							
1	7	Helen Garnham	Nestle Rowtree AC	04:48.10			<input checked="" type="checkbox"/>	1	77	Charlotte Maxted	Nestle Rowtree AC	05:08.98			
2	5	Maria Barrett	Liverpool Pembroke & Sefto	04:50.58			<input checked="" type="checkbox"/>	2	22	Rachel Wood	Blackburn Harriers & AC	05:09.12			
3	8	Karen Hill	Trafford AC	04:54.40			<input checked="" type="checkbox"/>	3	88	Joe Howe	Trafford AC	05:14.32			
4	2	Sarah Scarrott	Blackburn Harriers & AC	05:02.13				4	44	Becky Jones	Lincoln Wellington AC	05:18.52			
5	4	Annette Bell	Lincoln Wellington AC	05:07.05				5	55	Stephanie Swift	Liverpool Pembroke & Sefto	05:22.55			
6	1	Rachel Thompson	Barrow & Furness Striders	05:13.56				6	11	Katie Savage	Barrow & Furness Striders	05:32.05			
7	3	Teresa Murray	Boston & District AC	05:18.85				7	33	Catherine Loten	Boston & District AC	06:36.44			
8	6	Claire Rushton	Middlesbrough AC (Mandal	05:37.83				8							
Women's 3000m A								Women's 3000m B							
1	2	Pauline Pwell	Blackburn Harriers & AC	09:40.22			<input checked="" type="checkbox"/>	1	22	Linda Clarkson	Blackburn Harriers & AC	11:01.91			
2	4	Lucinda Pitcher	Lincoln Wellington AC	10:42.72			<input checked="" type="checkbox"/>	2	44	Sarah Kimpton	Lincoln Wellington AC	11:30.22			
3	7	Vicky Needham	Nestle Rowtree AC	10:49.20			<input checked="" type="checkbox"/>	3	77	Emma Willets	Nestle Rowtree AC	11:39.29			
4	3	Teresa Murray	Boston & District AC	11:06.29				4	33	Catherine Loten	Boston & District AC	13:57.18			
5	1	Alice Forster	Barrow & Furness Striders	12:09.62				5							
6	6	Claire Rushton	Middlesbrough AC (Mandal	12:30.28				6							
7	5	Amy Potter	Liverpool Pembroke & Sefto	13:12.31				7							
8								8							



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				Perf	Record	Wind	AW	10 September 2005				Perf	Wind	AW
<u>Women's 400m Hurdles A</u>														
1	1	Lara Smith	Barrow & Furness Striders	65.83			<input checked="" type="checkbox"/>	1	44	Nina Swaby	Lincoln Wellington AC	71.29		
2	3	Jodie Favell	Boston & District AC	68.01			<input checked="" type="checkbox"/>	2	33	Julia Moore	Boston & District AC	72.45		
3	4	Becky Jones	Lincoln Wellington AC	68.85			<input checked="" type="checkbox"/>	3	66	Debbie Foster	Middlesbrough AC (Mandal	73.24		
4	2	Christina Carr	Blackburn Harriers & AC	71.30				4	77	Laura Hunter	Nestle Rowtree AC	76.98		
5	6	Amanda Cook	Middlesbrough AC (Mandal	73.87				5	11	Alice Forster	Barrow & Furness Striders	79.63		
6	7	Alice McCabe	Nestle Rowtree AC	75.42				6	22	Rachel Wood	Blackburn Harriers & AC	81.93		
7	5	Amy Potter	Liverpool Pembroke & Sefto	76.91				7						
8								8						
<u>Women's 400m Hurdles B</u>														
<u>Women's 100m Hurdles A</u>														
1	4	Lydia Chamberlin	Lincoln Wellington AC	15.21			<input checked="" type="checkbox"/>	1	33	Anna Lenton	Boston & District AC	16.44		<input checked="" type="checkbox"/>
2	2	Sarah Howarth	Blackburn Harriers & AC	15.91			<input checked="" type="checkbox"/>	2	44	Becky Jones	Lincoln Wellington AC	18.84		
3	3	Jodie Favell	Boston & District AC	16.27			<input checked="" type="checkbox"/>	3	22	Christina Carr	Blackburn Harriers & AC	18.94		
4	6	Amanda Cook	Middlesbrough AC (Mandal	16.39			<input checked="" type="checkbox"/>	4	77	Alice Bean	Nestle Rowtree AC	19.27		
5	1	Lara Smith	Barrow & Furness Striders	17.55				5	66	Hayley Braithwaite	Middlesbrough AC (Mandal	19.52		
6	5	Helen Green	Liverpool Pembroke & Sefto	18.17				6						
7	7	Alice McCabe	Nestle Rowtree AC	19.75				7						
8								8						
<u>Women's 100m Hurdles B</u>														
<u>Women's Hammer A</u>														
1	88	Anna Johnson	Trafford AC	44.93			<input checked="" type="checkbox"/>	1	8	Jemma Kelly	Trafford AC	42.00		<input checked="" type="checkbox"/>
2	7	Emily Gibbons	Nestle Rowtree AC	38.19			<input checked="" type="checkbox"/>	2	55	Debbie Jansen	Liverpool Pembroke & Sefto	28.16		
3	5	Natalie Walsh	Liverpool Pembroke & Sefto	28.61				3	1	Lynne Walker	Barrow & Furness Striders	25.05		
4	11	Sarah Chorley	Barrow & Furness Striders	26.27				4	22	Emma McEachnie	Blackburn Harriers & AC	22.10		
5	33	Sarah Tointon	Boston & District AC	25.39				5	3	Tonya Arnott	Boston & District AC	21.03		
6	2	Sarah Henton	Blackburn Harriers & AC	22.59				6	77	Anna Dew	Nestle Rowtree AC	18.53		
7	6	Hannah Conroy	Middlesbrough AC (Mandal	18.83				7	66	Amanda Cook	Middlesbrough AC (Mandal	15.95		
8	4	Hayley Fox	Lincoln Wellington AC	18.17				8	44	Dot Fraser	Lincoln Wellington AC	14.94		
<u>Women's Hammer B</u>														
<u>Women's Discus A</u>														
1	2	Sarah Henton	Blackburn Harriers & AC	44.52			<input checked="" type="checkbox"/>	1	8	Chloe Beckett	Trafford AC	39.68		<input checked="" type="checkbox"/>
2	88	Jemma Kelly	Trafford AC	42.14			<input checked="" type="checkbox"/>	2	33	Stacey Worth	Boston & District AC	26.89		
3	5	Natalie Walsh	Liverpool Pembroke & Sefto	30.92			<input checked="" type="checkbox"/>	3	55	Debbie Jansen	Liverpool Pembroke & Sefto	25.50		
4	3	Zoe Tristram	Boston & District AC	28.41				4	11	Kim Pearson	Barrow & Furness Striders	22.03		
5	6	Hannah Conroy	Middlesbrough AC (Mandal	26.26				5	77	Laura Hunter	Nestle Rowtree AC	16.24		
6	7	Emily Gibbons	Nestle Rowtree AC	25.32				6	22	Emma McEachnie	Blackburn Harriers & AC	15.98		
7	1	Lynne Walker	Barrow & Furness Striders	23.06				7	44	Nina Swaby	Lincoln Wellington AC	12.98		
8	4	Hayley Fox	Lincoln Wellington AC	20.19				8	66	Hayley Braithwaite	Middlesbrough AC (Mandal	12.84		
<u>Women's Discus B</u>														
<u>Women's Javelin A</u>														
1	88	Chloe Beckett	Trafford AC	38.35			<input checked="" type="checkbox"/>	1	8	Emma Halsall	Trafford AC	38.11		<input checked="" type="checkbox"/>
2	5	Kerrie Massey	Liverpool Pembroke & Sefto	34.72			<input checked="" type="checkbox"/>	2	33	Catherine Loten	Boston & District AC	31.32		<input checked="" type="checkbox"/>
3	3	Jodie Favell	Boston & District AC	33.74			<input checked="" type="checkbox"/>	3	55	Amy Potter	Liverpool Pembroke & Sefto	20.34		
4	6	Hannah Conroy	Middlesbrough AC (Mandal	31.37			<input checked="" type="checkbox"/>	4	66	Marise Barclay	Middlesbrough AC (Mandal	19.39		
5	2	Sarah Henton	Blackburn Harriers & AC	26.49				5	77	Frances Laycock	Nestle Rowtree AC	19.21		
6	7	Fiona Crompton	Nestle Rowtree AC	20.07				6	22	Sarah Scarrott	Blackburn Harriers & AC	12.21		
7	44	Nina Swaby	Lincoln Wellington AC	19.21				7	4	Sarah Kimpton	Lincoln Wellington AC	10.31		
8	1	Kim Pearson	Barrow & Furness Striders	13.64				8						
<u>Women's Javelin B</u>														
<u>Women's Shot Putt A</u>														
1	8	Jemma Kelly	Trafford AC	10.40			<input checked="" type="checkbox"/>	1	88	Emma Halsall	Trafford AC	9.16		
2	2	Sarah Henton	Blackburn Harriers & AC	9.95				2	33	Zoe Tristram	Boston & District AC	7.59		
3	5	Debbie Jansen	Liverpool Pembroke & Sefto	8.96				3	55	Natalie Walsh	Liverpool Pembroke & Sefto	7.46		
4	6	Hannah Conroy	Middlesbrough AC (Mandal	8.89				4	77	Fiona Crompton	Nestle Rowtree AC	7.36		
5	3	Jodie Favell	Boston & District AC	8.27				5	22	Emma McEachnie	Blackburn Harriers & AC	7.14		
6	1	Lynne Walker	Barrow & Furness Striders	8.06				6	11	Kim Pearson	Barrow & Furness Striders	6.97		
7	7	Emily Gibbons	Nestle Rowtree AC	7.48				7	66	Frances Hubbard	Middlesbrough AC (Mandal	6.15		
8	4	Hayley Fox	Lincoln Wellington AC	5.78				8	44	Dot Fraser	Lincoln Wellington AC	5.15		
<u>Women's Shot Putt B</u>														



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				10 September 2005										
		Perf	Record	Wind	AW			Perf	Wind	AW				
<u>Women's Long Jump A</u>				<u>Women's Long Jump B</u>										
1	3	Jodie Favell	Boston & District AC	5.20				1	55	Rachael Green	Liverpool Pembroke & Sefton	4.49		
2	2	Sarah Howarth	Blackburn Harriers & AC	5.13				2	7	Lara Rigby	Nestle Rowtree AC	4.39		
3	5	Helen Quirk	Liverpool Pembroke & Sefton	4.68				3	33	Anna Lenton	Boston & District AC	4.39		
4	1	Lara Smith	Barrow & Furness Striders	4.66				4	88	Jemma Kelly	Trafford AC	3.98		
5	77	Stacey Bell	Nestle Rowtree AC	4.42				5	22	heather Catlow	Blackburn Harriers & AC	3.95		
6	6	Emma Payne	Middlesbrough AC (Mandalay)	4.39				6	11	Katie Savage	Barrow & Furness Striders	3.87		
7	4	Denise Timmis	Lincoln Wellington AC	4.27				7	44	Liz Samways	Lincoln Wellington AC	3.44		
8	8	Anita Richardson	Trafford AC	4.01				8	66	Claire Rushton	Middlesbrough AC (Mandalay)	3.27		
<u>Women's Triple Jump A</u>				<u>Women's Triple Jump B</u>										
1	3	Emily Moss	Boston & District AC	10.41				1	22	Christina Carr	Blackburn Harriers & AC	9.42		
2	6	Amanda Cook	Middlesbrough AC (Mandalay)	9.82				2	66	Emma Payne	Middlesbrough AC (Mandalay)	9.09		
3	2	Sarah Howarth	Blackburn Harriers & AC	9.59				3	33	Sarah Tointon	Boston & District AC	8.97		
4	7	Laura Rigby	Nestle Rowtree AC	9.27				4	77	Alice Bean	Nestle Rowtree AC	8.94		
5	55	Ashleigh McComb	Liverpool Pembroke & Sefton	9.01				5	5	Rachael Green	Liverpool Pembroke & Sefton	8.62		
6	4	Liz Samways	Lincoln Wellington AC	8.42				6						
7	1	Natalie Foster	Barrow & Furness Striders	7.95				7						
8	88	Leah Caddick	Trafford AC	7.83				8						
<u>Women's High Jump A</u>				<u>Women's High Jump B</u>										
1	4	Lydia Chamberlain	Lincoln Wellington AC	1.53				1	33	Anna Lenton	Boston & District AC	1.40		
2	3	Emily Moss	Boston & District AC	1.50				2	88	Leah Caddick	Trafford AC	1.40		
3	5	Ashleigh McComb	Liverpool Pembroke & Sefton	1.50				3	7	Amy Bird	Nestle Rowtree AC	1.30		
4	8	Juanita Harrison	Trafford AC	1.45				4=	66	Frances Hubbard	Middlesbrough AC (Mandalay)	1.20		
5	77	Frances Laycock	Nestle Rowtree AC	1.40				4=	55	Stephanie Swift	Liverpool Pembroke & Sefton	1.20		
6	1	Lara Smith	Barrow & Furness Striders	1.30				6	22	Rachel Wood	Blackburn Harriers & AC	1.10		
7	6	Hayley Braithwaite	Middlesbrough AC (Mandalay)	1.20										
8	2	Alison Leonard	Blackburn Harriers & AC	1.10										
<u>Women's Pole Vault A</u>				<u>Women's Pole Vault B</u>										
1	4	Hayley Fox	Lincoln Wellington AC	2.50				1	7	Helen Garnham	Nestle Rowtree AC	1.70		
2	8	Janine Mullineaux	Trafford AC	2.50										
3=	5	Ashleigh McComb	Liverpool Pembroke & Sefton	1.70										
3=	33	Natalie Griner	Boston & District AC	1.70										
5	77	Vicky Needham	Nestle Rowtree AC	1.70										
<u>Women's 4x100m Relay</u>														
1	8	Trafford AC	Dionne Ellison	Anita Richardson	Juanita Harrison	Leah Caddick	51.11							
2	6	Middlesbrough AC (Mandalay)	Emma Payne	Marise Barclay	Frances Hubbard	Hayley Braithwaite	51.47							
3	3	Boston & District AC	Julia White	Julia Moore	Anna Lenton	Jodie Favell	51.76							
4	4	Lincoln Wellington AC	Liz Samways	Nina Swaby	Josina Clarke	Lydia Chamberlain	53.34							
5	7	Nestle Rowtree AC	Laura Rigby	Amy Bird	Becky Hartley	Stacey Bell	53.46							
6	5	Liverpool Pembroke & Sefton AC	Helen Green	Stephanie Lucy	Helen Quirk	Rachael Green	53.88							
7	2	Blackburn Harriers & AC	Christina Carr	Carly Thompson	Sarah Henton	Sarah Howarth	55.14							
8	1	Barrow & Furness Striders	Leanne Cairns	Amy Forster	Rachel Thompson	Natalie Foster	58.31							
<u>Women's 4x400m Relay</u>														
1	8	Trafford AC	Leah Caddick	Anita Richardson	Linda Gabriel	Dionne Ellison	04:02.8							
2	2	Blackburn Harriers & AC	Pauline Pwell	Sarah Scarrott	Rachel Wood	Alison Leonard	04:08.4							
3	3	Boston & District AC	Julia White	Julia Moore	Emily Moss	Jodie Favell	04:19.7							
4	5	Liverpool Pembroke & Sefton AC	Stephanie Swift	Helen Green	Maria Barrett	Amy Potter	04:20.9							
5	7	Nestle Rowtree AC	Vicky Needham	Helen Garnham	Alice McCabe	Katie Mellor	04:21.8							
6	6	Middlesbrough AC (Mandalay)	Frances Hubbard	Marise Barclay	Ruth McDowell	Debbie Foster	04:23.2							
7	4	Lincoln Wellington AC	Sarah Coates	Denise Timmis	Becky Jones	Josina Clarke	04:25.9							
8	1	Barrow & Furness Striders	Rachel Thompson	Katie Savage	Alice Forster	Natalie Foster	04:25.9							
							04:35.3							



Division Two Promotion Match - Cleckheaton

			Perf	Record	Wind	AW
<u>Women's 100m Non Scoring</u>						
		Wind=				
1	84	Frances Hubbard	Middlesbrough AC(Man)	12.97		<input checked="" type="checkbox"/>
2						
3						
4						
5						
6						
7						
8						

10 September 2005

			Perf	Record	Wind	AW
<u>Women's 100m Non Scoring</u>						
		Wind=				
1						
2						
3						
4						
5						
6						
7						
8						



Division Two Promotion Match - Cleckheaton

Perf Record Wind AW 10 September 2005

Perf Wind AW



Division Two Promotion Match - Cleckheaton

				Perf	Record	Wind	AW	10 September 2005				Perf	Wind	AW
Men's 5000m A														
1	5	Jimmy Boardman	Liverpool Pembroke & Sefton	15:13.00			<input checked="" type="checkbox"/>	1	77	Hywel Care	Nestle Rowtree AC	15:40.64		<input checked="" type="checkbox"/>
2	2	Tom Cornthwaite	Blackburn Harriers & AC	15:15.24			<input checked="" type="checkbox"/>	2	55	Sammy Rashid	Liverpool Pembroke & Sefton	16:03.70		<input checked="" type="checkbox"/>
3	7	Andy Hilton	Nestle Rowtree AC	15:23.22			<input checked="" type="checkbox"/>	3	44	Simon Bell	Lincoln Wellington AC	16:42.80		
4	4	Ian Kimpton	Lincoln Wellington AC	15:55.21			<input checked="" type="checkbox"/>	4	22	Phil Hall	Blackburn Harriers & AC	16:54.27		
5	8	Gareth Williams	Trafford AC	16:09.54			<input checked="" type="checkbox"/>	5	88	David Barker	Trafford AC	17:29.45		
6	1	Gary Dixon	Barrow & Furness Striders	16:57.94				6	33	Karl Wright	Boston & District AC	23:37.48		
7	3	Owen Msimango	Boston & District AC	19:06.36				7						
8								8						
Men's 400m Hurdles A														
1	3	Mark Bowler	Boston & District AC	60.13				1	22	Ben Fox	Blackburn Harriers & AC	60.85		
2	2	Liam Barton	Blackburn Harriers & AC	63.62				2	55	Andrew Wignall	Liverpool Pembroke & Sefton	61.42		
3	7	Nathan Forrest	Nestle Rowtree AC	64.71				3	33	Simon Robinson	Boston & District AC	62.70		
4	8	Terry Greenwood	Trafford AC	66.49				4	88	Mike Hutchinson	Trafford AC	67.63		
5	6	Gary Baldwin	Middlesbrough AC (Mandalay)	66.87				5	44	Geoff Powley	Lincoln Wellington AC	68.09		
6	5	Paul Rudkin	Liverpool Pembroke & Sefton	67.24				6	11	Peter Savage	Barrow & Furness Striders	69.07		
7	1	Phil Burns	Barrow & Furness Striders	68.40				7	77	Paul Guacher	Nestle Rowtree AC	80.68		
8	4	Mal Bramhall	Lincoln Wellington AC	68.85				8						
Men's 110m Hurdles A														
				Wind=								Wind=		
1	3	Mark Bowler	Boston & District AC	16.3				1	22	Paul Whittle	Blackburn Harriers & AC	17.2		
2	2	Claude Peter-Thomas	Blackburn Harriers & AC	16.7				2	88	Mike Hutchinson	Trafford AC	17.3		
3	5	Andrew Wignall	Liverpool Pembroke & Sefton	17.3				3	33	Chris Cope	Boston & District AC	20.2		
4	8	Terry Greenwood	Trafford AC	21.1				4	77	Will Steele	Nestle Rowtree AC	28.3		
5	7	Richard Buck	Nestle Rowtree AC	22.9				5	55	Paul Rudkin	Liverpool Pembroke & Sefton	31.9		
6								6						
7								7						
8								8						
Men's Hammer A														
1	4	Nigel Winchcombe	Lincoln Wellington AC	52.64			<input checked="" type="checkbox"/>	1	66	Gavin Hill	Middlesbrough AC (Mandalay)	39.85		
2	6	Andrew Smith	Middlesbrough AC (Mandalay)	50.11			<input checked="" type="checkbox"/>	2	55	Mark Line	Liverpool Pembroke & Sefton	38.22		
3	5	Dave Readle	Liverpool Pembroke & Sefton	49.56			<input checked="" type="checkbox"/>	3	44	Ade White	Lincoln Wellington AC	24.48		
4	3	Tim Creese	Boston & District AC	28.60				4	2	Adam Lovick	Blackburn Harriers & AC	18.65		
5	7	Paul Wilson	Nestle Rowtree AC	27.83				5	77	Martin Rigby	Nestle Rowtree AC	16.63		
6	22	Jerome Duxbury	Blackburn Harriers & AC	21.98				6	33	Karl Wright	Boston & District AC	13.58		
7	88	Mike Hutchinson	Trafford AC	21.53				7						
8	1	Scott Walker	Barrow & Furness Striders	19.71				8						
Men's Discus A														
1	6	Leslie Richards	Middlesbrough AC (Mandalay)	50.85			<input checked="" type="checkbox"/>	1	66	Gavin Hill	Middlesbrough AC (Mandalay)	40.36		<input checked="" type="checkbox"/>
2	8	Roger Bate	Trafford AC	44.21			<input checked="" type="checkbox"/>	2	55	Mark Line	Liverpool Pembroke & Sefton	39.79		<input checked="" type="checkbox"/>
3	5	Dave Readle	Liverpool Pembroke & Sefton	42.30			<input checked="" type="checkbox"/>	3	88	Julian Clare	Trafford AC	37.37		<input checked="" type="checkbox"/>
4	4	Nigel Winchcombe	Lincoln Wellington AC	37.97			<input checked="" type="checkbox"/>	4	44	Ian Parker	Lincoln Wellington AC	34.85		
5	7	Paul Wilson	Nestle Rowtree AC	35.10			<input checked="" type="checkbox"/>	5	77	Nathan Forrest	Nestle Rowtree AC	32.02		
6	2	John Gibson	Blackburn Harriers & AC	33.51				6	33	Stuart Smith	Boston & District AC	24.60		
7	3	Tim Creese	Boston & District AC	30.49				7	22	Adam Lovick	Blackburn Harriers & AC	22.03		
8	1	David Hook	Barrow & Furness Striders	13.85				8						
Men's Javelin A														
1	8	Pawlo Ostapowycz	Trafford AC	53.61			<input checked="" type="checkbox"/>	1	88	Terry Greenwood	Trafford AC	45.26		
2	7	Nathan Forrest	Nestle Rowtree AC	50.65			<input checked="" type="checkbox"/>	2	3	Tim Creese	Boston & District AC	41.31		
3	5	Mark Line	Liverpool Pembroke & Sefton	44.89				3	22	Claude Peter-Thomas	Blackburn Harriers & AC	38.69		
4	33	Steve Ladds	Boston & District AC	44.22				4	44	Geoff Powley	Lincoln Wellington AC	36.29		
5	2	Alf Oddie	Blackburn Harriers & AC	43.29				5	77	Neil Hunter	Nestle Rowtree AC	33.19		
6	4	Ian Parker	Lincoln Wellington AC	42.49				6	55	Merrick Bousefield	Liverpool Pembroke & Sefton	33.09		
7	66	Glen Blenkinsopp	Middlesbrough AC (Mandalay)	33.80				7	6	Andrew Smith	Middlesbrough AC (Mandalay)	28.70		
8	11	Peter Huck	Barrow & Furness Striders	26.79				8	1	Peter Savage	Barrow & Furness Striders	24.01		



Division Two Promotion Match - Cleckheaton

				Perf	Record	Wind	AW	10 September 2005				Perf	Wind	AW	
<u>Men's Shot Putt A</u>								<u>Men's Shot Putt B</u>							
1	5	Dave Readle	Liverpool Pembroke & Sefton	14.56			<input checked="" type="checkbox"/>	1	6	Leslie Richards	Middlesbrough AC (Mandal)	12.15			
2	66	Andrew Smith	Middlesbrough AC (Mandal)	12.99				2	55	Mark Line	Liverpool Pembroke & Sefton	11.45			
3	88	Julian Clare	Trafford AC	12.13				3	8	Roger Bate	Trafford AC	11.13			
4	4	Nigel Winchcombe	Lincoln Wellington AC	11.69				4	44	Ian Parker	Lincoln Wellington AC	10.34			
5	7	Nathan Forrest	Nestle Rowtree AC	10.78				5	22	John Gibson	Blackburn Harriers & AC	10.10			
6	3	Tim Creese	Boston & District AC	10.45				6	77	Martin Rigby	Nestle Rowtree AC	9.75			
7	2	Jerome Duxbury	Blackburn Harriers & AC	10.32				7	33	Stuart Smith	Boston & District AC	8.70			
8	11	Gary Dixon	Barrow & Furness Striders	5.83				8	1	Phil Burns	Barrow & Furness Striders	4.53			
<u>Men's Long Jump A</u>								<u>Men's Long Jump B</u>							
1	5	Alan Ross	Liverpool Pembroke & Sefton	6.37				1	55	Adam Morris	Liverpool Pembroke & Sefton	6.09			
2	8	Terry Greenwood	Trafford AC	5.77				2	2	Claude Peter-Thomas	Blackburn Harriers & AC	5.66			
3	22	Jerome Duxbury	Blackburn Harriers & AC	5.73				3	33	Phil Peatling	Boston & District AC	5.53			
4	66	John Baines	Middlesbrough AC (Mandal)	5.60				4	7	Keith Bennington	Nestle Rowtree AC	5.08			
5	4	Steve Swaby	Lincoln Wellington AC	5.58				5	88	Ian Salisbury	Trafford AC	5.07			
6	3	James Bexom	Boston & District AC	5.54				6	44	Ade White	Lincoln Wellington AC	4.98			
7	1	Scott Walker	Barrow & Furness Striders	5.47				7	11	Danny Barrow	Barrow & Furness Striders	4.63			
8	77	Tom Bennington	Nestle Rowtree AC	5.34				8	6	Lloyd Powell	Middlesbrough AC (Mandal)	4.59			
<u>Men's Triple Jump A</u>								<u>Men's Triple Jump B</u>							
1	5	David Street	Liverpool Pembroke & Sefton	13.40			<input checked="" type="checkbox"/>	1	55	Liam Wignall	Liverpool Pembroke & Sefton	12.66			
2	22	Claude Peter-Thomas	Blackburn Harriers & AC	12.45				2	2	Ben Fox	Blackburn Harriers & AC	12.19			
3	8	Terry Greenwood	Trafford AC	12.21				3	3	Mark Bridges	Boston & District AC	11.58			
4	1	Scott Walker	Barrow & Furness Striders	12.02				4	44	Ade White	Lincoln Wellington AC	10.81			
5	33	James Bexom	Boston & District AC	11.74				5	88	Ian Salisbury	Trafford AC	10.30			
6	6	Scott Henderson	Middlesbrough AC (Mandal)	11.54				6	77	Keith Bennington	Nestle Rowtree AC	9.95			
7	7	Nathan Forrest	Nestle Rowtree AC	11.42				7	66	Gary Baldwin	Middlesbrough AC (Mandal)	9.22			
8	4	Steve Swaby	Lincoln Wellington AC	10.83				8							
<u>Men's High Jump A</u>								<u>Men's High Jump B</u>							
1	8	Neil Bell	Trafford AC	1.85				1	88	Julian Clare	Trafford AC	1.70			
2	7	Richard Buck	Nestle Rowtree AC	1.80				2	33	Simon Robinson	Boston & District AC	1.60			
3	6	Lloyd Powell	Middlesbrough AC (Mandal)	1.80				3	22	Ben Fox	Blackburn Harriers & AC	1.60			
4=	3	James Bexom	Boston & District AC	1.60				4=	77	Alistair Smith	Nestle Rowtree AC	1.50			
4=	5	Jacob Shaw	Liverpool Pembroke & Sefton	1.60				4=	44	Steve Swaby	Lincoln Wellington AC	1.50			
6	2	Claude Peter-Thomas	Blackburn Harriers & AC	1.60				6	55	Joe McKenna	Liverpool Pembroke & Sefton	1.50			
7	4	Ian Parker	Lincoln Wellington AC	1.60											
8	1	Scott Walker	Barrow & Furness Striders	1.50											
<u>Men's Pole Vault A</u>								<u>Men's Pole Vault B</u>							
1	88	Julian Clare	Trafford AC	3.30				1	8	Terry Greenwood	Trafford AC	3.00			
2	5	Mark Line	Liverpool Pembroke & Sefton	3.15				2	55	Dave McComb	Liverpool Pembroke & Sefton	2.70			
3=	4	Ade White	Lincoln Wellington AC	3.00				3	44	Geoff Powley	Lincoln Wellington AC	2.50			
3=	6	Glen Blenkinsopp	Middlesbrough AC (Mandal)	3.00				4	3	Tim Creese	Boston & District AC	2.50			
5	1	Scott Walker	Barrow & Furness Striders	2.70				5	22	Rob Barton	Blackburn Harriers & AC	2.10			
6	33	Karl Wright	Boston & District AC	2.50											
7	2	Claude Peter-Thomas	Blackburn Harriers & AC	2.10											
<u>Men's 4x100m Relay</u>															
1	5	Liverpool Pembroke & Sefton AC	Michael Zaim	Phil Taylor	Alex Stores	Dave Readle	43.52	<input checked="" type="checkbox"/>							
2	6	Middlesbrough AC (Mandal)	Scott Henderson	Tyrone Crowe	Adam Allison	John Baines	45.15								
3	3	Boston & District AC	Mark Bowler	James Bexom	Steve Peters	Eberechi Eseonu	45.48								
4	2	Blackburn Harriers & AC	Paul Whittle	Jerome Duxbury	Matt Wood	Claude Peter-Thomas	45.54								
5	4	Lincoln Wellington AC	Steve Swaby	Tom Duffield	Mal Bramhall	Steve Blagdon	45.72								
6	8	Trafford AC	Steve Chaisty	Bernard Ward	Richard Workman	Richard Bearsell	46.48								
7	7	Nestle Rowtree AC	Will Steele	Martin Rigby	Keith Bennington	Tom Bennington	48.37								
8	1	Barrow & Furness Striders	Danny Barrow	Tom Lewis	Phil Burns	Peter Huck	49.40								



Division Two Promotion Match - Cleckheaton

Perf Record Wind AW 10 September 2005

Perf Wind AW

Men's 4x400m Relay

1	5	Liverpool Pembroke & Sefton AC	Mark Grimshaw	Kieran McGing	Phil Taylor	Michael Rimmer	03:17.3	<input checked="" type="checkbox"/>
2	4	Lincoln Wellington AC	Tom Duffield	Simon O'Leary	Matt Bowser	Steve Blagdon	03:27.0	
3	7	Nestle Rowtree AC	Richard Buck	Will Steele	stephen archer	Alistair Smith	03:27.3	
4	2	Blackburn Harriers & AC	Rob Barton	Paul Bradshaw	Matt Wood	Liam Barton	03:28.3	
5	8	Trafford AC	Steve Chaisty	Bernard Ward	Richard Workman	Richard Bearsell	03:28.5	
6	6	Middlesbrough AC (Mandale)	Adam Allison	Scott Henderson	Andrew Teate	Tyrone Crowe	03:40.9	
7	3	Boston & District AC	Mark Bowler	Phil Peatling	Chris Cope	Steve Peters	03:49.4	
8	1	Barrow & Furness Striders	Danny Barrow	Tom Lewis	Phil Burns	David Hook	03:51.3	

MATCH RESULT	League Points	Match
1 LPS	8	493.5
2 TRAFF	7	468.0
3 BLACK	6	452.0
4 BOSTON	5	438.0
5 NESTLE	4	411.5
6 LINCOLN	3	390.0
7 MIDD	2	379.0
8 BARROW	1	223.0

STANDINGS	League Points	Match
1 LPS	8	493.5
2 TRAFF	7	468.0
3 BLACK	6	452.0
4 BOSTON	5	438.0
5 NESTLE	4	411.5
6 LINCOLN	3	390.0
7 MIDD	2	379.0
8 BARROW	1	223.0

Men's 100m Non Scoring

Wind=

1	81	Bernard Ward	Trafford AC	11.52
2	80	Mark Bramhall	Lincoln Wellington AC	12.46
3				
4				
5				
6				
7				
8				

Men's 100m Non Scoring

Wind=

1				
2				
3				
4				
5				
6				
7				
8				