

M 100m		M 200m	
1 Craig Knight	STH 11.6	1 Steve Moran	STH 24.6
2 Jules Ryan	WIR 11.7	2 Darren Smith	LEI 24.9
3 Darren Smith	LEI 12.6	3 Nick Jones	WIR 26.9
M 400m		M 800m	
1 Jules Ryan	WIR 51.3	1 Dave Twigg	STH 2.02.4
2 John Indricks	LEI 55.8	2 Alex Urmston	LEI 2.03.8
3 Greg Williams	STH 60.6	3 Nick Jones	WIR 2.10.5
M 1500m		M 5000m	
1 Dave Twigg	STH 4.21.7	1 Mark Hulmston	WIR 17.20.2
2 Thomas Boardman	LEI 4.26.1	2 Neil Pendlebury	LEI 17.37.7
		3 Ray Vose	STH 18.22.8
M 10,000m		M 110mH	
1 John Howarth	LEI 34.06.8	1 Ian Graham	LEI 20.9
2 Ian Hayburn	STH 36.40.3	2 Phil Robinson	STH 22.5
M 400mH		M 3000m SC	
1 Phil Robinson	STH 64.0	1 Martin Conroy	LEI 10.53.3
2 Darren Smith	LEI 66.0	2 Greg Williams	STH 11.12.4
M Discus Throw		M Hammer Throw	
1 Simon Bulley	WIR 36.80	1 Simon Bulley	WIR 35.83
2 Mark Pendlebury	LEI 35.24	2 Ian Graham	LEI 31.30
3 Phil Robinson	STH 27.98	3 Ray Vose	STH 21.43
M High Jump		M Javelin Throw	
1 Narien Sanchez	WIR 1.90	1 David Smith	LEI 52.08
2 Phil Robinson	STH 1.60	2 Phil Robinson	STH 32.41
M Long Jump		M Pole Vault	
1 Jake Davidson	STH 5.79	1 Ian Graham	LEI 3.20
2 Darren Smith	LEI 5.45		
M Shot Putt		M Triple Jump	
1 Mark Pendlebury	LEI 10.99	1 Jake Davidson	STH 12.01
2 Ray Vose	STH 7.51	2 Ian Graham	LEI 11.85
W 100m		W 200m	
1 Sarah Lewis	STH 13.6	1 Michelle Murray	STH 30.2
2 Louise Boardman	LEI 14.1		
W 400m		W 800m	
No competitors		1 Laura Davenport	STH 2.18.4
		2 Rebecca Howarth	LEI 2.25.7
W 1500m		W 3000m	
1 Julia Eccleston	STH 6.11.1	1 Julia Eccleston	STH 12.26.8
W 100mH		W 400mH	
1 Vicky Milne	WIR 19.6	1 Caroline Morley	STH 77.6
W Discus Throw		W Hammer Throw	
1 Natalie Mullineaux	STH 26.90	1 Anna Sheffield	STH 23.43
2 Vicky Milne	WIR 18.65		
W High Jump		W Javelin Throw	
1 Vicky Milne	WIR 1.55	1 Natalie Mullineaux	STH 24.20
2 Caroline Morley	STH 1.30	2 Louise Boardman	LEI 15.32
3 Rebecca Howarth	LEI 1.20		

W Long Jump
1 Vicky Milne WIR 4.85
2 Anna Sheffield STH 4.17

W Pole Vault
No competitors

W Shot Putt
1 Michelle Murray STH 8.79

W Triple Jump
No competitors

W 4x100m Relay
1 STH 56.4 1 Michelle Murray 2 Sarah Lewis
3 Anna Sheffield 4 Caroline Morley

W 4x400m Relay
1 STH 4.48.9 1 Caroline Morley 2 Laura Davenport
3 Julia Eccleston 4 Sarah Lewis

M 4x100m Relay
1 STH 47.3 1 Jake Davidson 2 Greg Williams
3 Steve Moran 4 Craig Knight
2 LEI 49.3 1 Darren Smith 2 John Indricks
3 Thomas Boardman 4 Alex Urmston
3 WIR DISQ

M 4x400m Relay
1 STH 3.46.3 1 Jake Davidson 2 Phil Robinson
3 Dave Twigg 4 Greg Williams

	Points
1 St Helens Sutton AC	116
2 Leigh Harriers	70
3 Wirral AC	42
4 Rossendale Harriers	0

Note(s)

No competitors W Pole Vault A, No competitors W 400m A, No competitors W Trip