

M 100m A

1 David Aguireburualoe	PRN	11.1
2 Mark Chaney	LDS	11.5
3 Mark Suggitt	GHD	11.6
4 Simon Wells	BKP	11.6
5 Tom Baulk	RTM	11.8
6 Ted Lynch	PEN	12.2

M 100m B

1 Ross Linnett	GHD	11.0
2 Carl Dickinson	PRN	11.0
3 Lee Barnes	BKP	11.5
4 Glynn Burgess	RTM	11.9
5 Marc Mullen Browne	PEN	11.9
6 Richard Plummer	LDS	13.8

M 200m A

1 Carl Dickinson	PRN	22.7
2 Lee Barnes	BKP	22.9
3 Adrian Chapple	GHD	23.3
4 Mark Chaney	LDS	23.4
5 Glynn Burgess	RTM	24.2
6 Ted Lynch	PEN	24.7

M 200m B

1 Stuart Hayley	GHD	23.2
2 Adam Fell	LDS	23.3
3 Sean Vernon	PRN	23.4
4 Tom Baulk	RTM	23.5
5 Chris Began	BKP	24.4
6 Leroy Goulding	PEN	24.8

M 400m A

1 Steve Redshaw	GHD	50.4
2 Mitchell Rhodes	LDS	50.4
3 David Scholey	RTM	50.9
4 Brent Starkie	BKP	51.0
5 Adam Mitchell	PRN	52.8
6 Leroy Goulding	PEN	55.9

M 400m B

1 Kieron Flannery	GHD	50.9
2 Sean Vernon	PRN	51.5
3 Steve O'Neill	LDS	52.0
4 Marc Mullen Browne	PEN	52.8
5 Danny Hughes	BKP	53.3
6 Martyn Boner	RTM	53.4

M 800m A

1 Adam Mitchell	PRN	1.55.8
2 Danny Hayes	BKP	1.56.1
3 Rhian Hastey	RTM	1.56.2
4 David Thornton	PEN	1.56.6
5 Richard Plummer	LDS	1.57.2
6 Marc Elliott	GHD	2.00.2

M 800m B

1 Steve O'Neill	LDS	2.03.8
2 Ben Lindsay	PEN	2.04.5
3 Paul Johnson	BKP	2.05.4
4 David Scholey	RTM	2.30.1

M 1500m A

1 Jonathan Prowse	BKP	3.55.6
2 Simon Deakin	LDS	3.57.7
3 Steven Horne	GHD	3.58.0
4 Michael Hunt	PEN	4.07.4
5 Steve Smith	PRN	4.10.8
6 Matthew Pollard	RTM	4.31.3

M 1500m B

1 David Reader	BKP	3.58.5
2 Alan Buckley	GHD	4.00.6
3 Aiden Adams	LDS	4.09.0
4 Steve Hallas	PRN	4.24.7
5 Steve Rouse	PEN	4.35.4
6 Steve Phillips	RTM	5.19.2

M 5000m A

1 Martin Gostling	LDS	15.00.0
2 Jonathan Prowse	BKP	15.15.7
3 Jon Archer	GHD	15.35.0
4 Eddie Simpson	PRN	15.42.8
5 Joe Gavelle	RTM	16.13.5

M 5000m B

1 Mark McDonald	GHD	16.13.9
2 Philip Hoole	RTM	16.21.1
3 Martin Hilton	LDS	16.33.1
4 Gary Wilson	PRN	16.46.1
5 Chris Essex Crosby	BKP	17.00.1

M 110mH A

1 Andrew Staniland	LDS 15.9
2 Andrew Sturrock	GHD 16.8
3 Gareth Lapsin	BKP 17.0
4 David Thornton	PEN 19.4
5 Nick Pike	RTM 20.3

M 110mH B

1 Lee Kaighin	RTM 20.3
2 Ted Lynch	PEN 20.9
3 Andrew Beevers	LDS 24.7

M 400mH A

1 Adam Fell	LDS 55.1
2 Kieron Flannery	GHD 55.5
3 Scott Harwood	RTM 61.2
4 James Slater	BKP 63.7
5 Frankie Varcagz	PEN 64.56
6 Gary Wilson	PRN 78.3

M 400mH B

1 Russell England	LDS 61.9
2 Lee Kaighin	RTM 63.3
3 Chris Essex Crosby	BKP 63.3
4 Bryce Butterworth	PEN 71.8

M 3000m SC A

1 Andrew Beevers	LDS 9.34.1
2 Marc Hartley	PEN 10.32.2
3 Ray Robinson	GHD 11.00.2
4 Lea Johnson	RTM 11.47.6

M 3000m SC B

1 Russell England	LDS 9.35.6
2 Jamie Rusius	PEN 10.53.9
3 Steve Phillips	RTM 11.50.7

M Discus Throw A

1 Matthew Allison	LDS 41.91
2 Grant Myerscough	BKP 40.75
3 Owen Thomas	RTM 28.56
4 Tony Balko	PEN 27.88
5 Steve Towers	GHD 27.69
6 Brian Campbell	PRN 27.45

M Discus Throw B

1 Rob Slomon	BKP 28.75
2 Rob Wilkinson	RTM 28.22
3 Simom Miller	LDS 27.66
4 Nigel Weaver	PEN 19.90
5 David Maggs	GHD 19.69
6 Steve Dixon	PRN 17.01

M Hammer Throw A

1 Brian Campbell	PRN 39.42
2 Steve Towers	GHD 39.11
3 Owen Thomas	RTM 38.61
4 Syd Bashforth	BKP 34.00
5 Tony Balko	PEN 31.38
6 Simom Miller	LDS 16.67

M Hammer Throw B

1 David Maggs	GHD 37.73
2 Rob Slomon	BKP 21.36
3 Rob Wilkinson	RTM 21.25
4 Steve Dixon	PRN 18.67
5 Nigel Weaver	PEN 15.34
6 John Lunn	LDS 14.13

M High Jump A

1 Andrew McFarlane	LDS 2.00
2 Kyle Hargreaves	RTM 1.90
3 Chris Binns	BKP 1.90
4 Chris Jefferson	GHD 1.75
5 Adam Mitchell	PRN 1.60
6 Michael Hunt	PEN 1.50

M High Jump B

1=James Slater	BKP 1.80
1=Steve Linsell	LDS 1.80
3 Peter Nelson	RTM 1.80
4 Andrew Sturrock	GHD 1.70
5 Ben Lindsay	PEN 1.40

M Javelin Throw A

1 Matthew Allison	LDS 60.89
2 Gregg Markham	RTM 50.14
3 Rob Slomon	BKP 45.33
4 Andrew Sturrock	GHD 39.73
5 Adam Mitchell	PRN 31.43
6 Tony Balko	PEN 29.07

M Javelin Throw B

1 Simom Miller	LDS 44.04
2 Syd Bashforth	BKP 36.29
3 Hugh Grime	GHD 32.31
4 Liam Tideswell	RTM 28.02
5 Bryce Butterworth	PEN 27.59
6 Steve Dixon	PRN 22.69

M Long Jump A

1 Andrew Staniland	LDS 7.10
2 Chris Jefferson	GHD 6.42
3 Carl Dickinson	PRN 6.21
4 Simon Wells	BKP 6.16
5 Glynn Burgess	RTM 5.81
6 Michael Hunt	PEN 5.32

M Long Jump B

1 Jonathan Rutter	BKP 6.10
2 Scott Harwood	RTM 5.68
3 Mark Chaney	LDS 5.43
4 Andrew Sturrock	GHD 5.23
5 Leroy Goulding	PEN 5.15
6 Mark Fletcher	PRN 4.81

M Pole Vault A

1 Chris Boundy	GHD 4.40
2 Gareth Lapsin	BKP 4.30
3 Andrew Staniland	LDS 3.40
4 Nick Pike	RTM 2.40

M Pole Vault B

1 Keiran Flannery	GHD 2.70
2 James Slater	BKP 2.60

M Shot Putt A

1 Craig Sturrock	GHD 13.99
2 Matthew Allison	LDS 13.35
3 Grant Myerscough	BKP 13.15
4 Brian Campbell	PRN 10.95
5 Gregg Markham	RTM 10.42
6 Tony Balko	PEN 9.83

M Shot Putt B

1 Andrew Sturrock	GHD 10.59
2 Syd Bashforth	BKP 10.47
3 Bryce Butterworth	PEN 8.33
4 Andrew Staniland Snr	LDS 8.19
5 Rob Wilkinson	RTM 7.34
6 Steve Dixon	PRN 6.43

M Triple Jump A

1 Chris Boundy	GHD 13.74
2 Jonathan Rutter	BKP 12.27
3 Adam Fell	LDS 11.89
4 Nick Pike	RTM 11.32
5 Sean Vernon	PRN 11.13
6 Leroy Goulding	PEN 10.90

M Triple Jump B

1 Keiran Flannery	GHD 12.02
2 Brent Starkie	BKP 11.84
3 Lee Kaighin	RTM 11.82
4 Mark Chaney	LDS 11.65
5 Ted Lynch	PEN 9.59

W 100m A

1 Titi Ameobi	GHD 12.3
2 Sarah Magren Dixon	PRN 13.0
3 Rochelle Hearsurn	BKP 13.0
4 Helen White	RTM 13.5
5 Joanne Westerman	LDS 13.7

W 100m B

1 Leigh Newton	BKP 12.7
2 Karen Storey	GHD 12.9
3 Jennifer Glaysher	PRN 14.0
4 Hazel Barker	LDS 14.3
5 Leanne Gibson	RTM 14.5

W 200m A

1 Vicky Barr	GHD 25.4
2 Leigh Newton	BKP 26.4
3 Sheryl Punter	LDS 26.7
4 Jackie Noblett	PRN 27.0
5 Stef Hewitt	RTM 29.5

W 200m B

1 Vicky Carmichael	GHD 26.3
2 Rochelle Hearsurn	BKP 27.3
3 Rebecca Wiseman	PRN 28.2
4 Joanne Westerman	LDS 29.2

W 400m A

1 Nicci Youden	GHD 58.8
2 Danielle McCann	PRN 62.0
3 Anna Martin	LDS 62.6
4 Charlotte Watts	RTM 66.6

W 400m B

1 Vikcy Webster	GHD 60.0
2 Stef Hewitt	RTM 66.8
3 Emma Deakin	PRN 68.7
4 Gill Keddie	LDS 72.1

W 800m A

1	Phillipa McCrea	GHD 2.13.5
2	Danielle McCann	PRN 2.19.9
3	Celia Demaria	LDS 2.21.0
4	Michelle Sowerby	BKP 2.28.1
5	Leanne Gibson	RTM 2.43.9

W 800m B

1	Emma Deakin	PRN 2.24.0
2	Sally Youden	GHD 2.27.1
3	Stacey Bligh	BKP 2.33.2
4	Louise Guite	RTM 3.01.1

W 1500m A

1	Emma Deakin	PRN 4.50.5
2	Kirsteen Young	LDS 4.51.4
3	Jenny Blizzard	RTM 4.53.0
4	Helen Patton	GHD 5.00.3
5	Michelle Sowerby	BKP 5.05.0
6	Sara Burns	PEN 5.15.1

W 1500m B

1	Celia Demaria	LDS 4.59.1
2	Caroline Robbins	BKP 5.07.8
3	Phillipa Walsh	PRN 5.17.9
4	Victoria Rusius	PEN 5.25.5
5	Louise Guite	RTM 6.42.0

W 3000m A

1	Gill Keddie	LDS 9.59.4
2	Jenny Blizzard	RTM 10.16.7
3	Phillipa Walsh	PRN 10.39.8
4	Gail Hope Ellershaw	BKP 10.40.2
5	Vikki Bennett	GHD 10.41.0
6	Victoria Rusius	PEN 11.12.2

W 3000m B

1	Kirsteen Young	LDS 10.33.4
2	Caroline Robbins	BKP 10.42.1
3	Hilary Garrison	RTM 10.59.5
4	Melissa Anderson	GHD 12.40.6
5	Hayley Billington	PRN 13.37.8

W 100mH A

1	Jackie Noblett	PRN 15.8
2	Ruth Thompson	PEN 17.3
3	Charlotte Watts	RTM 17.4
4	Vikki Bennett	GHD 24.2

W 100mH B

1	Rebecca Wiseman	PRN 17.4
2	Louise Phillips	RTM 19.2
3	Faye Holden	PEN 22.4

W 400mH A

1	Ruth Thompson	PEN 65.7
2	Jackie Noblett	PRN 65.8
3	Charlotte Watts	RTM 72.1
4	Vikki Bennett	GHD 77.0

W 400mH B

1	Julie Mitchell	PRN 75.3
2	Faye Holden	PEN 87.2

W Discus Throw A

1	Lizzy Maher	RTM 34.10
2	Rachel Bashforth	BKP 28.27
3	Amy Weaver	PEN 27.95
4	Jane Lupton	PRN 22.34
5	Joanne Westerman	LDS 21.95
6	Phillipa McCrea	GHD 16.04

W Discus Throw B

1	Helen White	RTM 28.55
2	Aimee Hearsum	BKP 27.40
3	Karen Wood	PEN 22.90
4	Sara Birkinshaw	LDS 16.04

W Hammer Throw A

1	Helen White	RTM 33.45
2	Rachel Bashforth	BKP 32.86
3	Jane Lupton	PRN 32.77
4	Karen Wood	PEN 29.33
5	Sara Birkinshaw	LDS 20.90

W Hammer Throw B

1	Amy Weaver	PEN 25.90
2	Louise Guite	RTM 25.64
3	Rebecca Wiseman	PRN 23.71
4	Aimee Hearsum	BKP 21.84
5	Celia Demaria	LDS 8.59

W High Jump A

1 Jennifer Glaysher	PRN 1.60
2 Helen Banks	RTM 1.55
3 Sheryl Punter	LDS 1.55
4 Rochelle Hearsum	BKP 1.30
5 Faye Holden	PEN 1.20

W High Jump B

1 Hazel Barker	LDS 1.45
2 Julie Mitchell	PRN 1.40
3 Lizzy Maher	RTM 1.30
4 Victoria Rusius	PEN 1.20

W Javelin Throw A

1 Stephanie Novak	PRN 35.18
2 Louise Phillips	RTM 25.70
3 Ruth Thompson	PEN 25.22
4 Sara Birkinshaw	LDS 22.74
5 Rachel Bashforth	BKP 21.38
6 Melissa Anderson	GHD 11.48

W Javelin Throw B

1 Rebecca Wiseman	PRN 32.48
2 Sylvia Hayes	BKP 21.22
3 Hazel Barker	LDS 19.75
4 Karen Wood	PEN 19.43
5 Laura Booth	RTM 18.81
6 Helen Patton	GHD 6.92

W Long Jump A

1 Sheryl Punter	LDS 5.34
2 Jackie Noblett	PRN 5.07
3 Helen Banks	RTM 4.99
4 Nia Nwidobie	BKP 4.76
5 Faye Holden	PEN 3.80
6 Vikki Bennett	GHD 3.66

W Long Jump B

1 Jennifer Glaysher	PRN 4.74
2 Helen White	RTM 4.26
3 Hazel Barker	LDS 4.22
4 Stacey Bligh	BKP 3.73
5 Sara Burns	PEN 3.42
6 Melissa Anderson	GHD 2.75

W Pole Vault A

1 Jenny Cutherbertson	RTM 2.80
2 Michelle Thornley	PRN 2.55

W Pole Vault B

1 Rebecca Wiseman	PRN 1.90
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W Shot Putt A

1 Laura Booth	RTM 12.57
2 Rachel Bashforth	BKP 10.65
3 Amy Weaver	PEN 10.34
4 Sara Birkinshaw	LDS 9.47
5 Jane Lupton	PRN 8.86
6 Titi Ameobi	GHD 8.56

W Shot Putt B

1 Nia Nwidobie	BKP 10.17
2 Hazel Barker	LDS 9.21
3 Lizzy Maher	RTM 8.92
4 Karen Wood	PEN 7.65
5 Michelle Thornley	PRN 6.31
6 Karen Storey	GHD 5.51

W Triple Jump A

1 Nia Nwidobie	BKP 10.58
2 Jennifer Glaysher	PRN 10.38
3 Lizzy Maher	RTM 8.76
4 Sara Birkinshaw	LDS 8.55
5 Faye Holden	PEN 8.02

W Triple Jump B

1 Julie Mitchell	PRN 8.67
2 Jenny Cutherbertson	RTM 8.41
3 Celia Demaria	LDS 8.19

W 4x100m Relay

1 GHD 49.3	1 Karen Storey	2 Vicky Carmichael
	3 Vicky Barr	4 Titi Ameobi
2 RTM 53.8	1 Leanne Gibson	2 Stef Hewitt
	3 Charlotte Watts	4 Helen White
3 PRN 54.1	1 Michelle Thornley	2 Jennifer Glaysher
	3 Sarah Magren Dixon	4 Julie Mitchell
4 BKP 54.6	1 Michelle Sowerby	2 Leigh Newton
	3 Nia Nwidobie	4 Rochelle Hearsam
5 LDS 55.3	1 Joanne Westerman	2 Sheryl Punter
	3 Hazel Barker	4 Celia Demaria
6 PEN 58.7	1 Karen Wood	2 Sara Burns
	3 Victoria Rusius	4 Ruth Thompson

W 4x400m Relay

1 GHD 4.06.3	1 Karen Storey	2 Vikcy Webster
	3 Sally Youden	4 Nicci Youden
2 BKP 4.26.1	1 Leigh Newton	2 Michelle Sowerby
	3 Stacey Bligh	4 Caroline Robbins
3 PRN 4.27.1	1 Jackie Noblett	2 Danielle McCann
	3 Hayley Billington	4 Emma Deakin
4 LDS 4.36.3	1 Kirsteen Young	2 Joanne Westerman
	3 Sheryl Punter	4 Celia Demaria
5 RTM 4.42.7	1 Leanne Gibson	2 Stef Hewitt
	3 Louise Guite	4 Charlotte Watts

M 4x100m Relay

1 GHD 44.4	1 Ross Linnett	2 Mark Suggitt
	3 Stuart Hayley	4 Adrian Chapple
2 BKP 45.0	1 Chris Began	2 Lee Barnes
	3 Chris Began	4 Simon Wells
3 RTM 45.9	1 Glynn Burgess	2 Tom Baulk
	3 David Scholey	4 Scott Harwood
4 LDS 46.1	1 Mark Chaney	2 Andrew McFarlane
	3 Russell England	4 Simom Miller
5 PRN 46.2	1 Peter Dickinson	2 Carl Dickinson
	3 Sean Vernon	4 David Aguireburualoe
6 PEN 49.0	1 Tony Balko	2 Leroy Goulding
	3 Marc Mullen Browne	4 Ted Lynch

M 4x400m Relay

1 BKP 3.28.3	1 Danny Hughes	2 Danny Hayes
	3 Lee Barnes	4 Brent Starkie
2 GHD 3.29.5	1 Keiran Flannery	2 Steve Redshaw
	3 Steven Horne	4 Marc Elliott
3 LDS 3.29.7	1 Steve O'Neill	2 Richard Plummer
	3 Russell England	4 Mitchell Rhodes
4 PRN 3.34.0	1 Carl Dickinson	2 Adam Mitchell
	3 Sean Vernon	4 Steve Smith
5 PEN 3.35.7	1 Michael Hunt	2 Marc Mullen Browne
	3 Ted Lynch	4 David Thornton
6 RTM 3.45.8	1 Matthew Pollard	2 David Scholey
	3 Lea Johnson	4 Martyn Boner

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1 LEEDS CITY	383	6
2 ROTHERHAM	363	5
3 BLACKPOOL & FLYDE	358	4
4=PRESTON HARRIERS	355	2.5
4=GATESHEAD	355	2.5
6 PENDLE AC	243	1

Note(s)

BKP Includes + 40pts,
LDS Includes + 40pts,
GHD Includes + 40pts,
PEN Includes + 40pts,
PRN Includes + 40pts,
RTM Includes + 40pts,