



Division 3 West Match 3 - Wavertree Stadium, Liverpool

Saturday, 31 July 2004

			Perf	Records	Wind	Athletics W
Men's 100m A		Wind=	+3.5			
1	1	Michael Goulding	Liverpool Harriers & AC	11.2		☑
2	4	Craig Knight	St Helens Sutton	11.2		☑
3	5	Andy Gibson	Wigan & District	11.3		☑
4	2	Elliott O'Neill	Macclesfield AC	11.3		☑
5	6	Andrew Boyd	Wirral AC	11.4		
6	3	Eddie Simpkin	Southport Waterloo	11.9		

			Perf	Records	Wind	Athletics W
Men's 100m B		Wind=	+2.3			
1	11	Chris Woodhouse	Liverpool Harriers & AC	11.5		
2	55	Trevor Painter	Wigan & District	11.7		
3	66	Ian Tinsley	Wirral AC	11.9		
4	44	Steve Moran	St Helens Sutton	12.0		
5	22	Simon Sloan	Macclesfield AC	12.4		
6	33	Joe Doyle	Southport Waterloo	13.5		

			Perf	Records	Wind	Athletics W
Men's 200m A		Wind=	+3.1			
1	6	Jules Ryan	Wirral AC	22.6		☑
2	1	Michael Goulding	Liverpool Harriers & AC	22.6		☑
3	5	Paul Grattage	Wigan & District	23.1		
4	2	Elliott O'Neill	Macclesfield AC	23.1		
5	4	Steve Moran	St Helens Sutton	24.5		
6	3	Nathan Ouko	Southport Waterloo	24.5		

			Perf	Records	Wind	Athletics W
Men's 200m B		Wind=	44			
1	44	Craig Knight	St Helens Sutton	23.4		
2	11	Anthony Carroll	Liverpool Harriers & AC	23.6		
3	66	Andrew Boyd	Wirral AC	23.9		
4	33	Joe Doyle	Southport Waterloo	26.9		
5	55	Andy Gibson	Wigan & District	dnf		
6						

			Perf	Records	Wind	Athletics W
Men's 400m A						
1	6	Jules Ryan	Wirral AC	50.1		☑
2	1	Paul Lenahen	Liverpool Harriers & AC	51.4		
3	5	Tom Ashworth	Wigan & District	51.7		
4	4	Steve Mayers	St Helens Sutton	55.1		
5	3	Nathan Ouko	Southport Waterloo	55.4		
6	2	John Lawton	Macclesfield AC	56.9		

			Perf	Records	Wind	Athletics W
Men's 400m B						
1	55	Adrian Leonard	Wigan & District	51.4		
2	11	David Shaw	Liverpool Harriers & AC	54.1		
3	44	Ian Crompton	St Helens Sutton	54.7		
4	66	Nick Jones	Wirral AC	56.8		
5	33	Patrick Dennis	Southport Waterloo	57.9		
6						

			Perf	Records	Wind	Athletics W
Men's 800m A						
1	3	James Tartt	Southport Waterloo	01:59.4		☑
2	6	Ian Tinsley	Wirral AC	01:59.7		☑
3	4	Steve Mayers	St Helens Sutton	02:02.4		
4	5	Mike O'Neill	Wigan & District	02:04.0		
5	1	David Marteau	Liverpool Harriers & AC	02:05.8		
6	2	John Lawton	Macclesfield AC	02:08.1		

			Perf	Records	Wind	Athletics W
Men's 800m B						
1	44	Dave Twigg	St Helens Sutton	02:03.4		
2	55	Chris Bryant	Wigan & District	02:03.6		
3	66	John Demmellweek	Wirral AC	02:10.4		
4	33	Patrick Dennis	Southport Waterloo	02:12.9		
5						
6						

			Perf	Records	Wind	Athletics W
Men's 1500m A						
1	5	Mike O'Neill	Wigan & District	04:18.2		
2	4	Dave Twigg	St Helens Sutton	04:22.4		
3	6	Leon Foster	Wirral AC	04:25.5		
4	1	David Marteau	Liverpool Harriers & AC	04:29.0		
5	33	Mike Lynch	Southport Waterloo	04:34.9		
6						

			Perf	Records	Wind	Athletics W
Men's 1500m B						
1	44	Andy O'Connor	St Helens Sutton	04:37.2		
2	66	John Demmellweek	Wirral AC	04:42.1		
3	55	Paul Weall	Wigan & District	05:09.0		
4	3	James Tartt	Southport Waterloo	05:24.8		
5						
6						

			Perf	Records	Wind	Athletics W
Men's 3000m S/Chase A						
1	5	Paul Weall	Wigan & District	10:40.1		
2	2	Tom Wild	Macclesfield AC	10:45.8		
3	4	Ian Hayburn	St Helens Sutton	10:50.3		
4	11	Anthony Clarke	Liverpool Harriers & AC	11:23.5		
5						
6						

			Perf	Records	Wind	Athletics W
Men's 3000m S/Chase B						
1	44	Greg Williams	St Helens Sutton	10:54.3		
2	55	Chris Bryant	Wigan & District	11:01.6		
3	1	Richard Shearer	Liverpool Harriers & AC	11:58.0		
4	22	Tony Shenton	Macclesfield AC	12:49.2		
5						
6						



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				Records	Wind	Athletics W					Records	Wind	Athletics W
				Perf							Perf		
Men's 5000m A							Men's 5000m B						
1	5	John Worthington	Wigan & District	16:18.0		<input checked="" type="checkbox"/>	1	1	Joey Parkinson	Liverpool Harriers & AC	16:27.3		<input checked="" type="checkbox"/>
2	11	Arthur Dean	Liverpool Harriers & AC	16:23.3		<input checked="" type="checkbox"/>	2	6	Mark Hulmston	Wirral AC	16:41.9		
3	66	Steve Spence	Wirral AC	16:35.6			3	44	Ian White	St Helens Sutton	16:58.6		
4	3	Rick Bowker	Southport Waterloo	16:49.3			4	55	Vinny Robinson	Wigan & District	19:04.8		
5	2	Tom Wild	Macclesfield AC	17:42.1			5	33	Chris Henders	Southport Waterloo	20:00.5		
6	4	Barry Graney	St Helens Sutton	17:47.6			6						
Men's 400m Hurdles A							Men's 400m Hurdles B						
1	5	Danny Hind	Wigan & District	60.3			1	11	David Shaw	Liverpool Harriers & AC	63.4		
2	2	Simon Sloan	Macclesfield AC	62.1			2	55	Trevor Painter	Wigan & District	63.6		
3	1	James Thompson	Liverpool Harriers & AC	63.7			3	33	Luke Singer	Southport Waterloo	67.7		
4	3	Martin O'Neil	Southport Waterloo	64.5			4	22	Tony Shenton	Macclesfield AC	71.0		
5	4	Phil Robinson	St Helens Sutton	65.8			5	44	Ian Hayburn	St Helens Sutton	74.0		
6							6						
Men's 110m Hurdles A							Men's 110m Hurdles B						
				Wind=	+3.5						Wind=	+4.3	
1	2	Ashley Pritchard	Macclesfield AC	16.2			1	22	Simon Sloan	Macclesfield AC	16.4		
2	4	Phil Robinson	St Helens Sutton	19.0			2	33	Luke Singer	Southport Waterloo	20.3		
3	5	Danny Hind	Wigan & District	19.2			3	55	Trevor Painter	Wigan & District	20.8		
4	3	Martin O'Neil	Southport Waterloo	19.5			4	44	Ray Vose	St Helens Sutton	22.6		
5							5						
6							6						
Men's Hammer A							Men's Hammer B						
1	6	Simon Bulley	Wirral AC	38.84			1	5	Dave Steele	Wigan & District	28.32		
2	1	Joe Connor	Liverpool Harriers & AC	38.58			2	2	Derek Burton	Macclesfield AC	19.08		
3	55	Carl Fletcher	Wigan & District	28.66			3	33	Greg Owen	Southport Waterloo	10.91		
4	3	Peter Mason	Southport Waterloo	27.63			4						
5	4	Phil Robinson	St Helens Sutton	21.32			5						
6	22	Ashley Pritchard	Macclesfield AC	21.22			6						
Men's Discus A							Men's Discus B						
1	5	Andy Rollins	Wigan & District	42.80		<input checked="" type="checkbox"/>	1	55	Iain Franklin	Wigan & District	33.19		
2	6	Simon Bulley	Wirral AC	37.44		<input checked="" type="checkbox"/>	2	33	Ray McAvoy	Southport Waterloo	25.58		
3	2	Ashley Pritchard	Macclesfield AC	30.94			3	44	Ben Fisher	St Helens Sutton	23.58		
4	4	Phil Robinson	St Helens Sutton	29.56			4	66	Joseph Fallon	Wirral AC	18.37		
5	3	Peter Mason	Southport Waterloo	26.43			5	22	Derek Burton	Macclesfield AC	17.72		
6	11	Paul Curran	Liverpool Harriers & AC	21.12			6						
Men's Javelin A							Men's Javelin B						
1	4	Ben Fisher	St Helens Sutton	55.87		<input checked="" type="checkbox"/>	1	44	Phil Robinson	St Helens Sutton	40.88		
2	1	Paul Curran	Liverpool Harriers & AC	47.33			2	3	Ray McAvoy	Southport Waterloo	36.08		
3	2	Ashley Pritchard	Macclesfield AC	42.73			3	11	Terry Macklin	Liverpool Harriers & AC	35.08		
4	33	Tom Leyland	Southport Waterloo	36.29			4	6	Joseph Fallon	Wirral AC	27.69		
5	66	Kevin Broome	Wirral AC	28.31			5	55	Carl Fletcher	Wigan & District	14.02		
6	5	Iain Franklin	Wigan & District	27.71			6						



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Men's Shot Putt A

	Perf	Records	Wind	Athletics W
1	55	Andy Rollins	Wigan & District	12.01
2	4	Phil Robinson	St Helens Sutton	9.67
3	3	Peter Mason	Southport Waterloo	9.40
4	11	Paul Curran	Liverpool Harriers & AC	8.59
5	2	Ashley Pritchard	Macclesfield AC	8.42
6	6	Joseph Fallon	Wirral AC	6.46

Men's Shot Putt B

	Perf	Wind	Athletics W	
1	5	Carl Fletcher	Wigan & District	11.78
2	33	Ray McAvoy	Southport Waterloo	8.56
3	22	Derek Burton	Macclesfield AC	8.05
4	44	Ray Vose	St Helens Sutton	7.63
5				
6				

Men's Long Jump A

	Perf	Records	Wind	Athletics W		
1	2	Elliott O'Neill	Macclesfield AC	6.83	0	<input checked="" type="checkbox"/>
2	4	Jake Davidson	St Helens Sutton	6.25	0	
3	5	Neil Hewson	Wigan & District	5.78	0	
4	6	John Demmellweek	Wirral AC	5.68	0	
5	1	Chris Woodhouse	Liverpool Harriers & AC	5.12	0	
6	33	Eddie Simpkin	Southport Waterloo	5.11	0	

Men's Long Jump B

	Perf	Wind	Athletics W		
1	22	Ashley Pritchard	Macclesfield AC	6.07	0
2	44	Steve Knowles	St Helens Sutton	5.22	0
3	3	Martin O'Neil	Southport Waterloo	5.09	0
4	11	James Thompson	Liverpool Harriers & AC	5.05	0
5	55	Adrian Leonard	Wigan & District	4.70	0
6					

Men's Triple Jump A

	Perf	Records	Wind	Athletics W		
1	6	Grahaeme Matthews	Wirral AC	14.87	0	<input checked="" type="checkbox"/>
2	4	Jake Davidson	St Helens Sutton	12.79	0	
3	5	Neil Hewson	Wigan & District	12.03	0	
4	1	David Shaw	Liverpool Harriers & AC	9.47	0	
5						
6						

Men's Triple Jump B

	Perf	Wind	Athletics W		
1	66	John Demmellweek	Wirral AC	11.24	0
2	44	Steve Knowles	St Helens Sutton	11.24	0
3	55	Andy Gibson	Wigan & District	10.80	0
4					
5					
6					

Men's High Jump A

	Perf	Records	Wind	Athletics W
1	11	Theo Allie-Gray	Liverpool Harriers & AC	1.80
2	55	Neil Hewson	Wigan & District	1.75
3	44	Steve Knowles	St Helens Sutton	1.70
4	2	Simon Sloan	Macclesfield AC	1.60
5	3	Nathan Ouko	Southport Waterloo	1.50
6				

Men's High Jump B

	Perf	Wind	Athletics W	
1=	5	Tom Ashworth	Wigan & District	1.60
1=	4	Ben Fisher	St Helens Sutton	1.60
3	1	Chris Woodhouse	Liverpool Harriers & AC	1.50
4				
5				
6				

Men's Pole Vault A

	Perf	Records	Wind	Athletics W
1	4	Phil Robinson	St Helens Sutton	2.50
2	3	Greg Owen	Southport Waterloo	2.20
3	1	Pat Riley	Liverpool Harriers & AC	2.10
4				
5				
6				

Men's Pole Vault B

	Perf	Wind	Athletics W	
1	44	Ray Vose	St Helens Sutton	2.30
2	33	Ray McAvoy	Southport Waterloo	2.10
3				
4				
5				
6				



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Records
Wind
Athletics W

Wind
Athletics W

Men's 4x100m Relay

1	5	Wigan & District	Andy Gibson	Tom Ashworth	Paul Grattage	Neil Hewson	44.9
2	1	Liverpool Harriers & AC	Michael Goulding	Chris Woodhouse	-	James Thompson	45.4
3	4	St Helens Sutton	Steve Knowles	Craig Knight	Jake Davidson	Steve Mayers	46.7
4	2	Macclesfield AC	Ashley Pritchard	Elliott O'Neill	John Lawton	Simon Sloan	47.5
5	6	Wirral AC	Jules Ryan	Andrew Boyd	Nick Jones	Leon Foster	48.4
6	3	Southport Waterloo	Eddie Simpkin	Joe Doyle	Martin O'Neil	James Tartt	49.2

Men's 4x400m Relay

1	5	Wigan & District	Danny Hind	Tom Ashworth	Adrian Leonard	Paul Grattage	03:30.2
2	1	Liverpool Harriers & AC	Paul Lenahan	David Shaw	James Thompson	David Marteau	03:36.8
3	6	Wirral AC	Jules Ryan	Ian Tinsley	John Demmellweek	Nick Jones	03:40.4
4	4	St Helens Sutton	Ian Crompton	Steve Mayers	Dave Twigg	Greg Williams	03:46.9
5	3	Southport Waterloo	James Tartt	Nathan Ouko	Patrick Dennis	Luke Singer	03:53.3
6							

MATCH RESULT	League Points	Match
1 Wigan	6	380.0
2 St Helens	5	374.5
3 SWAC	4	338.0
4 LH&AC	3	325.0
5 Wirral	2	260.0
6 Maccles	1	213.5

STANDINGS	League Points	Match
1 Wigan	20	1426.0
2 St Helens	19	1424.5
3 LH&AC	17	1425.0
4 SWAC	14	1250.0
5 Wirral	8	1079.0
6 Maccles	6	981.5

Men's 100m Non Scoring

1
2
3
4
5
6
7
8

Wind=

Men's 100m Non Scoring

1
2
3
4
5
6
7
8

Wind=



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		Records	Wind	Athletics W	Perf
Women's 100m A					
		Wind=			
1	6	Laura Heslop	Wirral AC		12.5
2	5	Vicky Pilling	Wigan & District	<input checked="" type="checkbox"/>	12.9
3	1	Amy Weeder	Liverpool Harriers & AC	<input checked="" type="checkbox"/>	13.4
4	4	Sue Lowrie	St Helens Sutton		13.4
5	3	Lorna Graham	Southport Waterloo		13.5
6	2	Amy Houghton	Macclesfield AC		14.5

		Records	Wind	Athletics W	Perf
Women's 100m B					
		Wind=			
1	33	Natalie Birney	Southport Waterloo		13.7
2	11	Emma Trought	Liverpool Harriers & AC		13.8
3	44	Lucy Mitchell	St Helens Sutton		13.8
4	66	Jenny McDonald	Wirral AC		13.9
5	55	Judith Townsley	Wigan & District		14.1
6	22	Rachel Pleath	Macclesfield AC		18.6

		Records	Wind	Athletics W	Perf
Women's 200m A					
		Wind=			
1	5	Vicky Pilling	Wigan & District	<input checked="" type="checkbox"/>	27.0
2	1	Amy Weeder	Liverpool Harriers & AC		27.4
3	4	Sue Lowrie	St Helens Sutton		27.9
4	3	Lorna Graham	Southport Waterloo		28.0
5	2	Amy Houghton	Macclesfield AC		31.2
6					

		Records	Wind	Athletics W	Perf
Women's 200m B					
		Wind=			
1	11	Emma Trought	Liverpool Harriers & AC		28.2
2	44	Rachael Price	St Helens Sutton		29.3
3	33	Emma Wilson	Southport Waterloo		30.0
4	55	Lindsey Sutch	Wigan & District		31.4
5					
6					

		Records	Wind	Athletics W	Perf
Women's 400m A					
1	4	Caroline Morley	St Helens Sutton	<input checked="" type="checkbox"/>	61.7
2	5	Vicky Pilling	Wigan & District	<input checked="" type="checkbox"/>	62.0
3	3	Stephanie May	Southport Waterloo		62.3
4	1	Emma Carroll	Liverpool Harriers & AC		66.2
5					
6					

		Records	Wind	Athletics W	Perf
Women's 400m B					
1	33	Natalie Birney	Southport Waterloo		65.6
2	44	Diane Appleton	St Helens Sutton		68.2
3	11	Nancy Walsh	Liverpool Harriers & AC		72.0
4					
5					
6					

		Records	Wind	Athletics W	Perf
Women's 800m A					
1	3	Stephanie May	Southport Waterloo		02:25.6
2	4	Diane Appleton	St Helens Sutton		02:32.6
3	6	Amanda Hewitt	Wirral AC		02:34.7
4	2	Liz Wild	Macclesfield AC		02:35.1
5	1	Nancy Walsh	Liverpool Harriers & AC		02:39.5
6	5	Laura Burgess	Wigan & District		03:16.5

		Records	Wind	Athletics W	Perf
Women's 800m B					
1	33	Nicky Taylor	Southport Waterloo		02:44.0
2	66	Helen Allison	Wirral AC		02:51.3
3	44	Chris Dempsey	St Helens Sutton		02:59.1
4					
5					
6					

		Records	Wind	Athletics W	Perf
Women's 1500m A					
1	1	Hana Carroll	Liverpool Harriers & AC	<input checked="" type="checkbox"/>	04:50.5
2	6	Helene Gilmour	Wirral AC		05:22.1
3	3	Nicky Taylor	Southport Waterloo		05:24.4
4	4	Julia Eccleston	St Helens Sutton		05:50.7
5	5	Laura Burgess	Wigan & District		06:58.3
6					

		Records	Wind	Athletics W	Perf
Women's 1500m B					
1	66	Amanda Hewitt	Wirral AC		05:40.4
2	33	Sue Cooper	Southport Waterloo		05:44.1
3	44	Louise Casey	St Helens Sutton		05:59.8
4					
5					
6					

		Records	Wind	Athletics W	Perf
Women's 3000m A					
1	3	Sue Cooper	Southport Waterloo		11:03.0
2	5	Laura Burgess	Wigan & District		11:10.5
3	2	Liz Wild	Macclesfield AC		11:13.7
4	1	Stephanie Gray	Liverpool Harriers & AC		11:58.9
5	4	Julia Eccleston	St Helens Sutton		12:02.0
6	6	Claire Hawkes	Wirral AC		12:10.4

		Records	Wind	Athletics W	Perf
Women's 3000m B					
1	66	Helen Allison	Wirral AC		13:02.6
2	44	Chris Dempsey	St Helens Sutton		13:23.2
3	33	Anne Egerton	Southport Waterloo		13:30.4
4	55	Yvonne Wyke	Wigan & District		14:33.3
5					
6					

		Records	Wind	Athletics W	Perf
Women's 400m Hurdles A					
1	1	Kathryn Dunn	Liverpool Harriers & AC	<input checked="" type="checkbox"/>	69.2
2	3	Lauren Wilson	Southport Waterloo		79.6
3	5	Kim Halliwell	Wigan & District		120.4
4					
5					
6					

		Records	Wind	Athletics W	Perf
Women's 400m Hurdles B					
1	33	Stacci Lee Hindley	Southport Waterloo		81.5
2					
3					
4					
5					
6					



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		Records	Wind	Athletics W
		Perf		
Women's 100m Hurdles A		Wind=	+2.3	
1	6 Vicky Milne	Wirral AC	17.4	
2	1 Jennie Owens	Liverpool Harriers & AC	17.8	
3	3 Stacci Lee Hindley	Southport Waterloo	18.3	
4	5 Lindsey Sutch	Wigan & District	21.7	
5				
6				

		Records	Wind	Athletics W
		Perf		
Women's 100m Hurdles B		Wind=	+2.3	
1	33 Lauren Nealey	Southport Waterloo	19.7	
2	55 Judith Towsley	Wigan & District	22.0	
3				
4				
5				
6				

		Records	Wind	Athletics W
Women's Hammer A				
1	1 Angela Farmer	Liverpool Harriers & AC	33.40	<input checked="" type="checkbox"/>
2	55 Vicky Dyer	Wigan & District	22.84	
3	4 Julia Hayes	St Helens Sutton	19.41	
4	3 Ann Dignan	Southport Waterloo	16.78	
5	2 Jacqueline Burton	Macclesfield AC	12.27	
6				

		Records	Wind	Athletics W
Women's Hammer B				
1	11 Faye Jones	Liverpool Harriers & AC	23.32	
2	5 Kirsty Forsyth	Wigan & District	18.18	
3	33 Emma Wilson	Southport Waterloo	12.82	
4	44 Layla Tapley	St Helens Sutton	11.41	
5				
6				

		Records	Wind	Athletics W
Women's Discus A				
1	55 Vicky Dyer	Wigan & District	31.05	<input checked="" type="checkbox"/>
2	1 Faye Jones	Liverpool Harriers & AC	31.04	<input checked="" type="checkbox"/>
3	4 Natalie Mullineux	St Helens Sutton	23.68	
4	3 Ann Dignan	Southport Waterloo	17.91	
5	22 Jacqueline Burton	Macclesfield AC	15.45	
6				

		Records	Wind	Athletics W
Women's Discus B				
1	5 Kim Halliwell	Wigan & District	26.89	
2	33 Emma Wilson	Southport Waterloo	16.71	
3	44 Punget Gulati	St Helens Sutton	15.05	
4	2 Pauline Lynch	Macclesfield AC	10.29	
5				
6				

		Records	Wind	Athletics W
Women's Javelin A				
1	66 Nicky Broome	Wirral AC	36.05	<input checked="" type="checkbox"/>
2	2 Louise Burton	Macclesfield AC	30.31	<input checked="" type="checkbox"/>
3	55 Gail Evans	Wigan & District	26.49	
4	3 Ann Dignan	Southport Waterloo	24.63	
5	4 Natalie Mullineux	St Helens Sutton	23.35	
6				

		Records	Wind	Athletics W
Women's Javelin B				
1	44 Punget Gulati	St Helens Sutton	22.69	
2	6 Vicky Milne	Wirral AC	18.21	
3	33 Natalie Birney	Southport Waterloo	14.49	
4	5 Kirsty Forsyth	Wigan & District	9.14	
5	22 Pauline Lynch	Macclesfield AC	8.92	
6				

		Records	Wind	Athletics W
Women's Shot Putt A				
1	2 Louise Burton	Macclesfield AC	9.96	
2	55 Vicky Dyer	Wigan & District	8.74	
3	3 Ann Dignan	Southport Waterloo	8.53	
4	4 Natalie Mullineux	St Helens Sutton	7.84	
5	6 Vicky Milne	Wirral AC	7.71	
6	1 Faye Jones	Liverpool Harriers & AC	7.37	

		Records	Wind	Athletics W
Women's Shot Putt B				
1	5 Kim Halliwell	Wigan & District	8.02	
2	66 Helen Allison	Wirral AC	7.18	
3	44 Lucy Mitchell	St Helens Sutton	6.20	
4	33 Lauren Wilson	Southport Waterloo	5.84	
5				
6				

		Records	Wind	Athletics W
Women's Long Jump A				
1	6 Vicky Milne	Wirral AC	4.87	0
2	2 Louise Burton	Macclesfield AC	4.82	0
3	4 Lucy Mitchell	St Helens Sutton	4.58	0
4	1 Natasha Awang	Liverpool Harriers & AC	4.54	0
5	3 Lauren Wilson	Southport Waterloo	4.46	0
6	5 Lindsey Sutch	Wigan & District	4.23	0

		Records	Wind	Athletics W
Women's Long Jump B				
1	66 Jenny McDonald	Wirral AC	4.63	0
2	44 Vicky Davies	St Helens Sutton	4.21	0
3	22 Amy Houghton	Macclesfield AC	3.86	0
4	33 Lauren Nealy	Southport Waterloo	3.76	0
5	11 Emma Trought	Liverpool Harriers & AC	3.75	0
6	55 Kirsty Forsyth	Wigan & District	2.57	0

		Records	Wind	Athletics W
Women's Triple Jump A				
1	4 Lucy Mitchell	St Helens Sutton	10.43	0 <input checked="" type="checkbox"/>
2	33 Natalie Birney	Southport Waterloo	9.68	0
3	11 Natasha Awang	Liverpool Harriers & AC	9.46	0
4	5 Judith Townsley	Wigan & District	9.18	0
5				
6				

		Records	Wind	Athletics W
Women's Triple Jump B				
1	3 Stephanie May	Southport Waterloo	9.13	0
2	55 Gail Evans	Wigan & District	8.65	0
3	1 Rebecca Lynch	Liverpool Harriers & AC	8.26	0
4	44 Layla Tapley	St Helens Sutton	7.93	0
5				
6				



Division 3 West Match 3 - Wavertree Stadium, Liverpool

Saturday, 31 July 2004

Women's High Jump A

	Perf	Records	Wind	Athletics W
1 6 Vicky Milne	Wirral AC	1.60		<input checked="" type="checkbox"/>
2 11 Suzannah Green	Liverpool Harriers & AC	1.55		<input checked="" type="checkbox"/>
3 22 Louise Burton	Macclesfield AC	1.45		
4 5 Lindsey Sutich	Wigan & District	1.40		
5 4 Vicky Davies	St Helens Sutton	1.40		
6 3 Stacci Lee Hindley	Southport Waterloo	1.30		

Women's High Jump B

	Perf	Wind	Athletics W
1 1 Rebecca Lynch	Liverpool Harriers & AC	1.50	
2= 2 Amy Houghton	Macclesfield AC	1.30	
2= 44 Rachael Price	St Helens Sutton	1.30	
4 55 Judith Towsley	Wigan & District	1.30	
5 33 Lauren Nealy	Southport Waterloo	1.30	
6			

Women's Pole Vault A

1 5 Judith Townsley	Wigan & District	1.90
2 11 Cara Brady	Liverpool Harriers & AC	1.70
3		
4		
5		
6		

Women's Pole Vault B

1
2
3
4
5
6

Women's 4x100m Relay

1 4 St Helens Sutton	Caroline Morley	Layla Tapley	Rachael Price	Sue Lowrie	55.1
2 1 Liverpool Harriers & AC	Emma Trought	Cara Brady	Amy Weeder	Natasha Awang	55.6
3 3 Southport Waterloo	Natalie Birney	Emma Wilson	Lauren Nealy	Stephanie May	56.0
4 5 Wigan & District	Lindsey Sutich	Kirsty Forsyth	Gail Evans	Judith Townsley	61.8
5					
6					

Women's 4x400m Relay

1 3 Southport Waterloo	Lorna Graham	Stephanie May	Lauren Wilson	Natalie Birney	04:26.0
2 4 St Helens Sutton	Caroline Morley	Layla Tapley	Diane Appleton	Sue Lowrie	05:19.2
3					
4					
5					
6					

Women's 100m Non Scoring

	Wind=
1	
2	
3	
4	
5	
6	
7	
8	

Women's 100m Non Scoring

	Wind=
1	
2	
3	
4	
5	
6	
7	
8	