

Men's 3000m S/Chase A

1	1	Chris Hart	Blackburn Harriers	10:04.3
2	3	Andy Fox	Manx Harriers	10:20.4
3	6	Andrew Clague	West Cheshire AC	10:44.5
4	5	Dave Kuk-Booth	Trafford AC	10:50.6
5	2	Mark Barran	Liverpool Pemb. S	12:07.5
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Men's 3000m S/Chase B

1	33	Darren Gray	Manx Harriers	10:08.8
2	11	Liam Barton	Blackburn Harriers	10:34.0
3	66	Duncan Bell	West Cheshire AC	10:38.6
4	55	Vinny Booth	Trafford AC	11:10.8
5	22	Paul Rudkin	Liverpool Pemb. S	13:23.2
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Men's 5000m A

1	2	Jimmy Boardman	Liverpool Pemb. S	15:41.5
2	4	Jonathon Dabbs	Stockport Harriers	15:51.9
3	1	Tom Cornthwaite	Blackburn Harriers	15:59.7
4	5	Gareth Williams	Trafford AC	16:22.0
5	3	Andy Fox	Manx Harriers	17:07.8
6	6	Andrew Clague	West Cheshire AC	17:29.2
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Men's 5000m B

1	11	Ben Fish	Blackburn Harriers	14:59.5	<input checked="" type="checkbox"/>
2	44	Mike Shaw	Stockport Harriers	16:24.3	<input checked="" type="checkbox"/>
3	33	Darren Gray	Manx Harriers	16:28.0	<input checked="" type="checkbox"/>
4	55	Vinny Booth	Trafford AC	17:13.0	
5	22	Carl Williams	Liverpool Pemb. S	17:20.0	
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Men's 400m Hurdles A

1	1	Liam Barton	Blackburn Harriers	60.5
2	2	Mark Barran	Liverpool Pemb. S	62.9
3	3	Chris Salmmin	Manx Harriers	65.1
4	6	Mark Hearn	West Cheshire AC	70.6
5	5	Peter Edafe	Trafford AC	73.0
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Men's 400m Hurdles B

1	11	Chris Hart	Blackburn Harriers	61.7
2	55	Carlos Hodder	Trafford AC	62.1
3	22	Paul Rudkin	Liverpool Pemb. S	68.8
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Men's 110m Hurdles A

Wind=

1	5	Carlos Holder	Trafford AC	16.0	<input checked="" type="checkbox"/>
2	2	Jon Rice	Liverpool Pemb. S	17.2	
3	6	David McKay	West Cheshire AC	18.5	
4	3	Phil Riley	Manx Harriers	21.0	
5	1	Ben Chesworth	Blackburn Harriers	21.3	
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Men's 110m Hurdles B

Wind=

1	55	Ian Scholes	Trafford AC	17.2
2	11	John Paul Clement	Blackburn Harriers	20.5
3	22	Mark Barran	Liverpool Pemb. S	20.9
4	33	Andy Fox	Manx Harriers	23.4
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Men's Hammer A

1	2	David Readle	Liverpool Pemb. S	50.34	<input checked="" type="checkbox"/>
2	3	Stuart Currran	Manx Harriers	41.88	<input checked="" type="checkbox"/>
3	6	David McKay	West Cheshire AC	34.40	
4	5	Julian Claire	Trafford AC	30.97	
5	1	Lee Eccles	Blackburn Harriers	21.72	
6	4	Barry Beardsell	Stockport Harriers	15.82	
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Men's Hammer B

1	22	Mark Line	Liverpool Pemb. S	37.54
2	66	Richard Stocker	West Cheshire AC	30.69
3	33	Glynn Hoosen-Ow	Manx Harriers	23.49
4	11	Randy Nelson	Blackburn Harriers	19.60
5	44	Peter Torrance	Stockport Harriers	10.48
6	55	Paulo Ostapowitcz	Trafford AC	2.24
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Men's Discus A**Men's Discus B**

1	2	David Readle	Liverpool Pemb. S	39.37	<input checked="" type="checkbox"/>	1	22	Mark Line	Liverpool Pemb. S	35.21	<input checked="" type="checkbox"/>
2	6	Richard Stocker	West Cheshire AC	34.96		2	3	Stuart Currran	Manx Harriers	30.74	
3	5	Julian Claire	Trafford AC	34.68		3	66	Andrew McKay	West Cheshire AC	27.89	
4	1	John Gibson	Blackburn Harriers	34.54		4	11	Lee Eccles	Blackburn Harriers	25.76	
5	33	Guynn Hoosen-Ow	Manx Harriers	33.65		5	55	Andy Parry	Trafford AC	21.44	
6	4	Barry Beardsell	Stockport Harriers	18.42		6	44	Peter Torrance	Stockport Harriers	16.86	
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Men's Javelin A

1	6	David McKay	West Cheshire AC	55.55	<input checked="" type="checkbox"/>
2	5	Paulo Ostapowitcz	Trafford AC	47.87	
3	2	Mark Line	Liverpool Pemb. S	46.74	
4	3	Chris Whitlow	Manx Harriers	37.00	
5	1	Claude Peter -Tho	Blackburn Harriers	35.17	
6	4	Barry Beardsell	Stockport Harriers	22.71	
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Men's Javelin B

1	55	Andy Parry	Trafford AC	46.79
2	22	Jon Rice	Liverpool Pemb. S	40.46
3	66	Andrew Gore	West Cheshire AC	37.86
4	11	Randy Nelson	Blackburn Harriers	29.47
5	33	Glynn Hoosen-Ow	Manx Harriers	26.12
6	44	Mike Toal	Stockport Harriers	15.33
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Men's Shot Putt A

1	2	David Readle	Liverpool Pemb. S	14.90	<input checked="" type="checkbox"/>
2	6	David McKay	West Cheshire AC	11.69	
3	33	Glynn Hoosen-Ow	Manx Harriers	11.66	
4	55	Paulo Ostapowitcz	Trafford AC	11.20	
5	1	John Gibson	Blackburn Harriers	9.75	
6	4	Barry Beardsell	Stockport Harriers	7.61	
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Men's Shot Putt B

1	5	Julian Claire	Trafford AC	11.02
2	22	Mark Line	Liverpool Pemb. S	10.83
3	3	Stuart Currran	Manx Harriers	10.16
4	66	Richard Stocker	West Cheshire AC	9.52
5	11	Lee Eccles	Blackburn Harriers	8.89
6	44	Peter Torrance	Stockport Harriers	7.45
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Men's Long Jump A

1	3	Phil Riley	Manx Harriers	6.13	0
2	44	Steven Callister	Stockport Harriers	5.87	0
3	22	Alan Ross	Liverpool Pemb. S	5.86	0
4	6	David McKay	West Cheshire AC	5.69	0
5	1	Randy Nelson	Blackburn Harriers	5.42	0
6	55	Andrew Lindley	Trafford AC	5.16	0
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Men's Long Jump B

1	33	Chris Whitlow	Manx Harriers	5.84	0
2	2	Adam Morris	Liverpool Pemb. S	5.63	0
3	66	Mark Hearn	West Cheshire AC	5.48	0
4	4	Neil Stevens	Stockport Harriers	5.33	0
5	5	Peter Edefe	Trafford AC	5.15	0
6	11	Michael Floyd	Blackburn Harriers	5.07	0
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Men's Triple Jump A

1	3	Phil Riley	Manx Harriers	12.75	0
2	1	Claude Peter -Tho	Blackburn Harriers	12.55	0
3	2	Adam Morris	Liverpool Pemb. S	11.44	0
4	6	David McKay	West Cheshire AC	11.24	0
5	55	Andrew Lindley	Trafford AC	10.55	0
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Men's Triple Jump B

1	11	Michael Floyd	Blackburn Harriers	11.68	0
2	33	Darryl Haslett	Manx Harriers	10.86	0
3	66	Andrew Gore	West Cheshire AC	10.53	0
4	5	Peter Edefe	Trafford AC	9.82	0
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Men's High Jump A

1	6	Andrew McKay	West Cheshire AC	1.80
2	33	Chris Whitlow	Manx Harriers	1.75

Men's High Jump B

1	3	Shaun Cressen	Manx Harriers	1.70
2	66	Mark Hearn	West Cheshire AC	1.70

3	55	Andy Parry	Trafford AC	1.60
3	11	Randy Nelson	Blackburn Harriers	1.60
5	2	John rice	Liverpool Pemb. S	1.60
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3	1	Ben Chesworth	Blackburn Harriers	1.60
4	5	Peter Edate	Trafford AC	1.50
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Men's Pole Vault A

1	2	Mark Line	Liverpool Pemb. S	3.50
2	1	Claude Peter -Tho	Blackburn Harriers	2.80
3	5	Ian Scholes	Trafford AC	2.70
4	33	Sam Barnnard	Manx Harriers	2.60
5	6	Andrew Gore	West Cheshire AC	2.60
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Men's Pole Vault B

1	22	David McComb	Liverpool Pemb. S	3.40
2	3	Phil Riley	Manx Harriers	2.30
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Men's 4x100m Relay

1	2	Liverpool Pemb. S	Alan Ross	Adam Morris
2	5	Trafford AC	Steve Skelland	Pete Hickey
3	4	Stockport Harriers	Neil Stevens	Scott Caine
4	3	Manx Harriers	Phil Riley	Michael Taubman
5	1	Blackburn Harriers	Claude Peter -Tho	John Paul Clements
6	6	West Cheshire AC	David McKay	Mark Hearn
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Philip Taylor	David Readle	43.1	<input checked="" type="checkbox"/>
Carlos Holder	Ian Scholes	45.4	
Steven Callister	Nick Blanchard	45.6	
Sam Brennan	Tom Riley	46.3	
Michael Floyd	Randy Nelson	47.4	
Andrew Gore	Andrew McKay	49.3	

Men's 4x400m Relay

1	2	Liverpool Pemb. S -	-	-
2	5	Trafford AC	Chris Ball	Scott Riley
3	3	Manx Harriers	Chris Whitlow	Phil Riley
4	4	Stockport Harriers	Steven Callister	Neil Stevens
5	1	Blackburn Harriers	Chris Hart	Phil Haul
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-	-	-	
Andrew Lindley	Steve Chaisty	03:26.8	
Darryl Wascroft	Chris Shimmin	03:37.9	
Mike Toal	Nick Blanchard	03:43.5	
Matt Wood	Ben Fish	03:49.8	
		03:51.6	

	MATCH RESULT	League Points	Match
1	TRAFF	6	399.0
2	LPS	5	349.0
3	B'BURN	4	338.0
4	MANX	3	297.5
5	WCESH	2	256.5
6	STOCK	1	214.0

	STANDINGS	League Points	Match
1	TRAFF	22	1525.5
2	B'BURN	16	1392.0
3	LPS	15	1316.0
4	MANX	12	1176.5
5	STOCK	12	1148.0
6	WCESH	7	1044.0