

### CHAMPIONSHIP BEST PERFORMANCES

<b>Senior</b>			
100m	10.37 1997	Allyn Condon	Cheshire
200m	21.41 1995	Darren Scott	Cheshire
400m	48.31 1998	Ian Lowthian	Merseyside
800m	1:51.16 1996	Bradley Donkin	Humberside
1500m	3:52.27 1998	Chris Livesey	Lancashire
3000m	8:12.95 1995	Paul Taylor	Cumbria
4x100	42.40 1995	Yorkshire	
110mHu	14.26 1998	Dominic Bradley	Cheshire
400mHu	52.70 1999	John McIlwham	Lancashire
3000mS/C	5:44.47 1996	Stuart Stokes	Gtr Manchester
5000mW	20:59.23 1997	Steve Partington	Lancashire
HJ	2.17 1995	Michael Robbins	Yorkshire
PV	5.30 1996	Paul Williamson	Humberside
LJ	7.25 2000	Simon Roper	Derbyshire
TJ	15.05 2000	John Hilton	Gtr Manchester
Shot	17.20 1997	Carl Myerscough (U20)	Lancashire
Discus	60.04 1997	Carl Myerscough (U20)	Lancashire
Hammer	65.67 2000	Mike Floyd	Gtr Manchester
Javelin	63.80 1999	Phillip Sharpe	Lancashire
<b>U17</b>			
100m	10.89 1996	Steven Daly	Merseyside
200m	21.98 1995	Phillip Perigo	Yorkshire
400m	49.60 1994	Lawrence Baird	Humberside
800m	1:56.01 1995	Matt Dixon	Lancashire
1500m	4:05.72 1998	L Browell	North East
3000m	8:46.90 1999	Steven Ablitt	Lincolnshire
4x100	43.84 1997	Yorkshire	
400mHu	56.41 1995	Carl McMullen	Cheshire

1500mS/C	4:24.62 1994	Stuart Bailey	Gtr Manchester
100mHu	13.07 1996	David O'Leary	Merseyside
3000mW	14:05.37 1997	Steve Carridge	Lancashire
HJ	1.96 1997	Andrew Crookes	Yorkshire
PV	4.40 1995	Ben Flint	Yorkshire
LJ	6.52 1994	Paul Hayhurst	Lancashire
TJ	14.03 2000	Kevin Thompson	Merseyside
Shot	16.64 1995	A Rudkin	Lincolnshire
Discus	46.66 1996	Stephen Stanford	Merseyside
Hammer	58.50 1997	David Little	Cumbria
Javelin	65.40 1997	Phillip Sharpe	Lancashire
<b>U15</b>			
100m	11.36 1997	Ben Inatami	Merseyside
200m	23.44 1996	David Smith	North East
400m	51.69 2000	Craig Glanville	North East
800m	1:59.81 1997	Ketan Desai	North East
1500m	4:12.04 1997	Malcolm Hassan	North East
4x100	46.93 1996	Yorkshire	
80mHu	12.10 2000	Kevin Sempers	Humberside
2500mW	13:20.84 1995	Steve Carridge	Lancashire
HJ	1.88 1999	Mark Bidwell	Derbyshire
LJ	6.06 1997	Sam Bibby	Gtr Manchester
Shot	14.98 2000	Simon Bissell	Lancashire
Discus	47.31 2000	Simon Bissell	Lancashire
Javelin	44.95	Philip Mann	Yorkshire
			2000